Pioneers of professional fire-rescue recall their start

By Ron Hayes

In the beginning, there was only “Sigafoo”— an orange and white ambulance with No. 41 on the side, nicknamed after the manufacturer.

At 2:23 p.m. on July 19, 1974, Sigafoo answered its first call, a fire alarm at the Boca Raton Hotel.

And before the hour was out, the fire department’s first Mobile Intensive Care Unit had also responded to its first medical emergency, transporting a patient to the hospital from 1935 NW Second Ave.

Boca Raton’s Advanced Life Support system began with that one EMS unit and 15 firefighters fresh from grueling paramedic classes in Miami.

Today, there are 17 EMS units and every one of the department’s 207 firefighters is also a trained paramedic.

On July 18, about 110 of the city’s current and former firefighter-paramedics gathered at the Police and Fire Complex on Congress Avenue for a luncheon to celebrate the 40th anniversary of Sigafoo’s first call.

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Unified license-tag checking system considered

Cameras along A1A and bridges can identify suspect vehicles

By Rich Pollack

Police departments along the coast of southern Palm Beach County are studying the feasibility of cooperating on an automated system to scan the license plates of every car traveling along State Road A1A from Boca Raton through Manalapan.

For more than a year, representatives from several coastal police departments, and a small group of private communities, have been exploring the costs and benefits of implementing an automatic license-plate recognition system that scans license plates on passing cars and compares them to criminal and other databases.

Growing in popularity throughout South Florida, the automated license-plate recognition systems are already being used by police in Manalapan and also on a limited basis in Boca Raton and Delray Beach.

“Our goal with this initiative..."
Summer heat doesn’t slow us down

Even though the temperature keeps rising, there have been no summer doldrums at The Coastal Star.

A larger space with better parking has lured us across the street and into a section of the old TD Bank on A1A just south of Woolbright. By the time this issue hits the streets, we should be officially setting up shop at 5114 N. Ocean Blvd.

We’re not moving the office very far, so we hope you’ll continue to stop in and say hello.

Another bit of excitement this past month was our showing in the Florida Press Association Better Weekly Newspaper Contest held at the Biltmore Hotel in Coral Gables. We were recognized with 13 awards — seven of these first-place recognitions were awarded for:• Environment Reporting — Lessons from Hurricane Sandy, Cheryl Blackbery• Front Page Design — Scott Simmons, Jerry Lower, Mary Kate Leming• Health, Medical and Science Reporting — Remembering those who no longer can, Mary Jane Fine• Cover art Graphic Design — Staff• Photo Series in One Issue — Beach renourishment dredge The Texas, Jerry Lower• Sports Feature Story — Dye hard at work on golf course overhaul, Steve Pike

Other staff members recognized for their work were Bonnie Laiikly-Sebert, Jane Smith, Thom Smith and the late Tim O’Meilia (who we still deeply miss).

Congratulations to all. Now, it’s time for vacation. See you in September.

— Mary Kate Leming

Executive Editor

Coastal Star
Delray’s charms front and center in Cannon’s interests

By Rich Pollack

Ann Margo Cannon can remember growing up in Delray Beach while “playing in the big yard of her family’s 1928 home in what is now the Del-Park Historic District. She remembers visiting shops that helped define Delray Beach in the 1970s and 1980s, such as Robertson’s Bakery and Neal’s Farm Market, and she remembers buying her first Brownie uniform at the Mercer Wenzel department store downtown.

She and her brothers often could be found on the beach with their father, John Pear, who started his Universal Beach Service in 1973. And when she wasn’t in the water, she’d most likely be wearing her dancing shoes at the Southern Dance Theater.

“My childhood was spent rising, there have been Dye hard at work on golf

The Coastal Star is a monthly newspaper that is distributed free through mailboxes on A1A, south of Woolbright, and by walkers, runners, bike riders, and golfers from north to south throughout Highland Beach and coastal Delray Beach.

www.thecoastalstar.com

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Recall contributions and lend elderly a hand

How often I see an elderly person struggling to navigate what used to be a familiar and comfortable world. Whether a trip to the bank, grocery shopping, a doctor appointment, all have become such a struggle and risk.

But what eclipses this ordeal is the ever-present apathy of younger generations to acknowledge their struggles, let alone offer a helping hand.

Remember, our aging population fought for, built and helped create the luxuries of life we are all so accustomed to enjoying.

L. Kim Jones
Ocean Ridge

Delray voters should approve charter change

Previously suspended City Manager Louie Chapman cost the residents of Delray Beach $15,000 a month due to the current requirement of at least four commissioners voting in favor of a city manager’s termination. As of the settlement, with Chapman agreeing to leave, it was reported the costs skyrocketed to $100,000.

To avoid this costly and detrimental effect to our city in the future, the three commissioners who voted to terminate Chapman (Mayor Cary Glickstein, Vice Mayor Shelly Petrolia and Deputy Mayor Jordana Jarjura) have proposed a charter amendment requiring just three commissioners’ votes to terminate a city manager.

We the people get to put our stamp on this one and I’ll be voting a resounding YES for its approval. I hope as many people as possible will do the same.

If people will not be in Delray Beach on Aug. 26 to vote, they can call the Supervisor of Elections at (561) 276-1226 for early voting information.

Benita Goldstein
Delray Beach

Attorney seeks information on driver who hit bicyclist

A car hit Michael Russo while he was riding his bicycle along A1A in the early evening of March 20, and authorities have yet to bring the perpetrator to justice.

According to information released by his lawyer, Craig Goldenfarb, Russo, 46, of Boynton Beach, was riding his bike on the shoulder near 610 N. Ocean Blvd. in Delray Beach when the car struck him, causing multiple injuries to his back, including a fractured tailbone.

“You think about how audacious this person can be, that they just hit you and left you on the side of the road,” Russo said.

Witnesses described the driver as a 20- to 25-year-old man with dark hair and driving a white 2006-2008 BMW 3-series, possibly with a Connecticut or Kentucky registration tag. A witness attempted to stand in the path of the car to stop it, but the driver sped off after the collision, Goldenfarb said.

A passenger-side mirror housing was recovered at the crash scene, which has been used by investigators to identify the make, model and year of the car.

“This driver knew he struck Mr. Russo and decided to flee anyway,” Goldenfarb said. “It may be because he was nervous or afraid that he hurt the man, or maybe because he simply thinks he can get away with this crime. Let’s find this man, and hold him accountable for his actions.”

Leaving the scene of an accident with injuries, Goldenfarb said, is a third-degree felony and, unfortunately, not uncommon in Palm Beach County.

“In June, a woman improperly crossing Okeechobee Boulevard in West Palm Beach was struck and killed by a hit-and-run driver,” he said. “Recently, a woman was in critical condition after being struck while walking in Boynton Beach by an unknown fleeing driver. That driver has since been identified.”

Even now, months after his accident, Russo has struggled to recover from his injuries and return to bicycling.

“I haven’t been able to get out and really go ride anymore,” he said. “I tried the other day and my back was killing me. It was too much. I had to bring the bike right back in the house.”

Goldenfarb said anyone with information about the driver or the car — which might have had damage and repair to the passenger side — is asked to call (561) 697-4440.

Along the Coast

By Steven J. Smith

A passenger-side mirror was recovered at the crash scene.

Benita Goldstein
Delray Beach
Along the Coast

Loggerhead habitats get new federal protection status

By Cheryl Blackerby

Loggerhead sea turtles will get another layer of federal protection Aug. 3 when 685 miles of coastal beaches in six states — including all of Palm Beach County’s beaches — are designated “critical habitats” for loggerheads.

The new designation will not affect beach renourishment projects, beach access or beach recreation, said Chuck Underwood, spokesman for the U.S. Fish and Wildlife Service’s North Florida office. “During the public-comment period, there was concern that there would be a change in business such as tourism and beach renourishment,” he said. “In this case, it doesn’t really change a lot. It won’t stop people from enjoying the beaches.”

“Critical habitat” is a term in the Endangered Species Act that identifies areas essential to the conservation of a listed species. Designations also inform the public of areas that are important to the species’ recovery.

The designation is an additional layer of scrutiny, said Underwood. “It identifies that part of nesting beaches that have the greatest impact on loggerheads. But just because a beach is not in a designated habitat doesn’t mean it’s not important. Those nests are still protected, but we’ll focus our efforts on the critical habitats.”

Specifying habitats essential to the conservation of loggerheads helps federal agencies identify where to use their authority. The designation also helps focus the conservation efforts of state and local governments, nongovernmental organizations and individuals. Coastal residents won’t be affected unless they need a federal permit, Underwood said. In those cases there will be two questions: “Is the impact high enough to have an adverse impact on this particular species and will it jeopardize the beaches?”

These questions are already asked, but it will bring a sharper focus to the nesting areas. “We already consult on all these critical habitats,” he said. Critical habitat designations do not create preserves or refuges or affect land ownership, and only result in restrictions on human activities in situations where federal actions, funding or permitting are involved.

In those cases, the federal agencies work to avoid, reduce or mitigate potential impacts to the species or habitats. The U.S. Fish and Wildlife Service designated 88 nesting beaches in Florida, North Carolina, South Carolina, Georgia, Alabama and Mississippi, which account for 48 percent of an estimated 1,531 miles of coastal beach shoreline used by loggerheads.

Newly classified critical habitats also include the gulf and ocean. The National Oceanic and Atmospheric Administration’s National Marine Fisheries Service designated offshore marine critical habitats, including nearshore reproductive areas directly off of nesting beaches from North Carolina through Mississippi; breeding habitat in Florida and consticted migratory corridors in North Carolina and Florida. The Sargassum habitat, home to the majority of juvenile turtles in the western Gulf of Mexico and in U.S. waters within the Gulf Stream, is also included in the designation. “Protecting endangered and threatened species, including loggerhead sea turtles, is at the core of NOAA’s mission,” said Eileen Sobeck, assistant NOAA administrator for fisheries. “Given the vital role loggerhead sea turtles play in maintaining the health of our oceans, rebuilding their populations is key as we work to ensure healthy and resilient oceans for generations to come.”

The Endangered Species Act requires that NOAA Fisheries and the U.S. Fish and Wildlife Service, the two federal agencies responsible for administering the act, designate critical habitats.

The loggerhead is the most common sea turtle in Southeastern United States, nesting along the Atlantic Coast of Florida, South Carolina, Georgia and North Carolina and along the Gulf Coast. It is a long-lived, slow-growing species, vulnerable to threats including alterations to beaches, vessel strikes and fishing nets.

Critical habitats for loggerheads have at least one of these criteria:

- Suitable nesting beach habitat
- Sand suitable for nest construction and embryo development
- Suitable nesting habitat with sufficient darkness so as not to deter nesting turtles
- Natural coastal processes or artificially created or maintained habitat mimicking natural conditions.

Eileen Sobeck, assistant NOAA administrator for fisheries, said. “The new designation will give another layer of federal protection status to the beaches.”

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Mississippi, which account for 48 percent of an estimated 1,531 miles of coastal beach shoreline used by loggerheads.
taken between Palm Beach and the Hillsboro Inlet and most were shot in Manalapan.

"Since the images were most interesting, I hoped to learn more about the provenance," she said. "The album is truly a gem and seems to be one of the earliest and most compelling illustrative accounts of coastal central Palm Beach County. The images portray a Florida lost to time and development and provide a glimpse into the flora and fauna of coastal Palm Beach County pre-1926 and 1928 hurricanes."

The book came to her wrapped in tissue. "It is literally falling apart," she said. Each time she turns a page to look at a picture, paper fragments fall into her hand. She already has scanned each photo for preservation.

Texas archaeologist Bob Wishoff, who grew up in Florida and sold the album to DeVries, found the photographs at an estate auction in Texas several years ago. "I realized they were pretty historically relevant and I wanted to find out who the people were," he said. "I didn't think I would be able to find out myself and it was important to me to sell them to someone who would appreciate their value."

What initially piqued DeVries' interest in Wishoff's find was an image of the old Boynton Beach Hotel. That photograph, which actually was of some cottages connected to the hotel, was part of another, smaller album. While talking with Wishoff about those pages, she learned of a larger "crumbling" album and another collection of old pictures taken in Florida and other states.

"The Boynton Beach Historical Society does not purchase artifacts," she said. "The organization relies on donations. Occasionally, I purchase postcards and other ephemera with my own money to share with our (Historic Boynton Beach) Facebook fans. I like to think of it as 'bringing these items home.'"

The purchase was a splurge for her ($150), but her friend and fellow researcher, Ginger Pederson, encouraged DeVries to buy the book as a birthday gift to herself. "What the artifact was delivered and I touched the delicate paper, I could barely bring myself to open it," DeVries said.

"What I found inside delighted and amazed me," she said. "Not only does it illustrate the tropical beauty of coastal Palm Beach County prior to development, it portrays aviation pioneer Glenn Curtiss in Palm Beach with his seaplane. (He would come to Florida every winter and give those who could afford it plane rides to Cuba, Bimini or just for a short trip into the wild blue yonder). There also are references to President Theodore Roosevelt and World War I.

By sharing images on Facebook, DeVries has been helped by viewers familiar with some of the locations portrayed. Eventually, she plans to donate the book to the Historical Society of Palm Beach County."

What the clues revealed

But who are the people in the pictures? Who were the crumbling album's original owners?

DeVries, a researcher at Palm Beach State College who is working on a master's degree in library science from Florida State University, called upon her sleuth skills to find answers. "I've always liked solving mysteries," she said. "I read all the Nancy Drew books growing up. I guess it's in my blood, too, because my great-great-grandfather was the house detective for the biggest hotel in Cleveland in the 1880s."

She has written five local history books. In the course of her research, DeVries searched historical databases and land records and spent countless hours online. She made trips to the Palm Beach County Historical Society headquarters in West Palm Beach and tapped into community knowledge via Facebook.

Her initial clue was on the four pages of the first of three albums, she said. It included a photo labeled Boynton Beach Hotel Cottages. "This piqued my interest," she said, "because I've only seen one other image of the cottages at the Boynton Hotel in all my time as archivist for the city of Boynton Beach and as president of the Boynton Beach Historical Society and in all my research and collecting. The hotel was torn down in 1925, though some of the cottages remained."

Other images labeled "Manalapan" followed by notations such as "walk to dock" and "boat house" and "lake side view" led her to believe the home was located between the ocean and Lake Worth, which now is part of the Intracoastal Waterway.

A few images — labeled "Hillsboro Light," "Canal to Delray" and "Dinner Stop at Lake Worth" — convinced her these were local images and that the people in the pictures lived here. "The names appearing on the pages were unusual — Madeleine, Romy and Leila," DeVries said. "This combined with the term Manalapan cemented the deal that the family was the Piersons, and the home pictured within the crumbling albums was the 1894 structure built by Elvanathan T. Field of Manalapan, N.J."

She noted pictures of a coconut grove and read about pioneer George Charter (one of the barefoot mailmen) planting the coconuts. "The story really became enchanting," she said. "Some of the images were mystifying," DeVries said, "especially the one of the house with what appeared to be a cistern."

"Fans of our Facebook page, Historic Boynton Beach, provided additional clues as I posted images. Several people said the water tower in the picture was along A1A north of the inlet. This confirmed what I already suspected. With each photo I posted, more fans chimed in with memories of the old A1A (mostly washed out..."
in 1947) and even the stretch of the beach that is north of the Boynton Inlet.

DeVries tracked down the entire line of Pierson descendants, including granddaughter Nancy Pierson Sands Tilton, who died around 2000. There is a great-grandson living in Texas.

Shipwrecks, sailors and suicide

The Piersons, of New York and New Jersey, bought the house at 1780 S. Ocean Ave., in Manalapan in 1912, according to a 1933 story in which Leila Pierson was interviewed in The Palm Beach Post.

There were two known owners before them. One of them was George Charter, a barefoot mailman. He and his brother built a hunting shack on the property, then 126 acres along 2 1/2 miles of ocean ridge in what now is Manalapan, with timber — the remains of a shipwreck — they scavenged on the beach.

"Charter planted all those (several thousand) coconuts after the wreck of the Providencia," DeVries said. But besides coconuts, the bodies of two sailors washed ashore from the wreck. The Charters buried them beside the sea, according to Leila Pierson's account.

Between Charter and the Piersons, the property belonged to Elnathan T. Field, who built the house on a bluff 15-25 feet above the ocean. Field came from Manalapan, N.J., and named the house on stilts "Manalapan Cottage" after a New Jersey Indian tribe. Manalapan is an Indian word for "pleasant waters."

The Piersons left the property to their granddaughter, Nancy Tilton, who sold it off gradually. In 2000, after Tilton's death, a developer razed the house.

But while Mrs. Tilton was still living in the house, one of her houseguests made headlines when, in 1977, he killed himself with a 20-gauge shotgun. The man, a Russian-born French teacher, was an associate of Lee Harvey Oswald and a crucial witness in the congressional investigation of the assassination of President John F. Kennedy.

Every picture tells a story

The discovery of this old album was a little like paradise found for me," DeVries said. "I encourage people to keep or donate old photos rather than tossing them. Every picture tells a story."

DeVries, a newlywed who lives in Lantana, is still uncovering stories. That's what happens when you're a historical researcher, after all. The more you dig, the more you find.

In this case, she found a historical treasure. To reach DeVries, email boyntonhistory@gmail.com. Her history blog is found at www.boyntonhistory.org/author/jdevries/.

A woman, likely Leila Pierson, leans against a coconut palm in this photograph from the album Janet DeVries purchased.

State Road A1A ran directly along the beach in the early part of the 20th century. It mostly washed out in 1947.
Safe Roads bicycle enforcement efforts to be visible soon

By Rich Pollack

The South Florida Safe Roads Task Force, the driving force behind a stepped-up law enforcement effort along State Road A1A, may be at it again in September as it continues to promote the need for bicycles, motorists and pedestrians to safely share the road. This time, however, the task force is adding a Back to School Safety Fair to the police saturations along State Road A1A, which will include free bicycle helmets for children and adults and helmet fittings, as well as road safety demonstrations and giveaways. Supported by the Florida Department of Transportation and the Dori Slosberg Foundation, the Back to School Safety Fair will be 9 a.m. to noon Sept. 13 at Boynton Beach Oceanfront Park. It will feature free food and music as well as demonstrations from the Florida Highway Patrol that includes a rollover simulator and a seatbelt-convincing slide. “The safety fair is designed to spread awareness of road safety along State Road A1A,” says Tara Kirschner, executive director of the Dori Slosberg Foundation and a spokesperson for the task force. “Our goal is to educate motorists, bicyclists and pedestrians to help improve their own safety as well as the safety of all of those who are sharing the road.” The fair will follow the first of four police saturation efforts on A1A, from 7 to 9 a.m. Police officers and sheriff’s deputies from North Broward to South Palm Beach counties will be out in force, writing warnings and citations for violations of laws designed to make roads safer for bicyclists and pedestrians. The other law enforcement saturations along State Road A1A are scheduled for 7 to 9 a.m. Sept. 14, and also 6 to 8 p.m. Sept. 16 and Sept. 18.

To find out more about the September Back to School Safety Fair or about the Safe Roads Task Force, contact the Dori Slosberg Foundation, (561) 488-7900.

License Plate Recognition Process

Law enforcement officials in both Manalapan and Lighthouse Point use the following license plate recognition process:

1. Strategically placed cameras scan license plates on cars as they pass. The license plate numbers are then compared to license plate numbers in a database that includes a wide array of information entered by law enforcement agencies.

Privacy questions raised

But questions have been raised about whether the cameras go too far in invading individual privacy and whether the information could be used by those outside of law enforcement.

The question of whether the cameras are a privacy intrusion surfaced during a recent Highland Beach Town Commission meeting. It was quickly addressed by Police Chief Craig Hartmann, who told commissioners that cameras do not record any personal data, only the license plate information.

Commissioner Carl Feldman said he’s in favor of the cameras if the other towns go along with it, but added there are still concerns among residents that the cameras could be used by those outside of law enforcement.

“We need to prove to residents that the system can’t be used for malicious purposes,” he said.

During a recent meeting in which members of the Palm Beach County team studying the technology visited Lighthouse Point — where a system has been in place since 2010 — Boynton Beach Police Chief Jeff Katz asked if information gleaned from the system could be obtained in legal cases, such as a divorce case, to track a spouse’s movements.

But information gleaned from the system, according to Yannuzzi, is now exempt from Florida’s public records law and can be used for only law enforcement purposes.

“We’re not here looking at the actions of law-abiding citizens,” said Lighthouse Point Commander Michael Oh. “The system doesn’t tell us who you are, where you’re going or who is with you.”

Benefits of cooperation

Bandaging together to implement a system could have multiple benefits for the coastal communities in South Palm Beach County, according to Yannuzzi and Paul Abbott, a consultant who helped communities in Miami-Dade County with a similar project.

“If eight or 10 communities work together, they can all benefit by having just one expense during the purchasing and design process,” said Abbott, noting that departments could also share a single server to house a database rather than having several individual ones.

Added Yannuzzi: “We’re sharing data, we’re sharing resources and we’re sharing costs.”

Although some communities have included tentative costs for the system in budgets for the upcoming fiscal year, actual costs have not yet been determined, nor have vendors been selected.

In the next few weeks, members of the project team will be bringing the concept to elected officials, according to Yannuzzi.

“There are many entities involved, we want to determine if there is a consensus before we move too far forward,” he said.

In Ocean Ridge, Commissioner Gail Aaxkov said she favors the scanner but Commissioner Rich Lucchella indicated he has some doubts about the system.

“I’m not sure at this point that the money being proposed for cameras might not be better spent on a different type of deterrent,” he said.

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There was a pipe and drums corps marching to *Scotland the Brave*. There was a prayer. There were Advanced Life Support trophies adorning each table in lieu of floral centerpieces. There was pasta and chicken and two kinds of cake. There were speeches. Mostly, of course, there were memories.

“We were a ragtag bunch at first. We had to learn each other’s idiosyncrasies,” Bob Owens remembered. “We had to cover 36 square miles, so we were on the road almost all the time.”

Owens was 31 when he came to work for Boca Raton in 1973, a West Palm Beach native and already a veteran of six years in the Palm Beach Fire Department. He’s 71 now, retired since 2002, and the man who nudged Fire Chief Tom Wood into organizing the event.

“Oh, boy,” Owens said, “we handled everything from heart attacks to fingers smashed in a car door to delivering babies.”

He remembered the woman in advanced labor, lying in the middle of a king-sized bed.

“She had a vacuum sweeper on the floor by the bed and I stepped on it and turned it on and we couldn’t find the off switch. Well, she eased on over like a crab, reached down and shut it off, repositioned herself and the baby came.”

Owens laughed at the memory.

“When we see a person on the ground,” Appleton taught them, “don’t just stand there and talk. Get down on your knee to talk to them.”

As a slide show of faded snapshots played on the wall at her back, Mayor Susan Haynie reminded the crowd that she had come to work for the city’s engineering department in the same year Sigafoo first rolled.

“When I represent the city in other parts of the state,” she said, “I tout our beauty and economic development. But without safety and security, we have nothing.”

Chief Wood put the paramedics’ contribution in perspective.

“In that first year, we handled an average of 56 emergency calls a month,” he told them. “In 2013, we had an average of 921 calls a month.”

Today, the city’s Fire-Rescue department handles more heart attacks than fires.

And then, as the old-timers gathered up front for a group photo, Assistant Chief Michael LaSalle watched from the side of the room. LaSalle was 24 when he joined the department in 1991. He’s 47 now.

“When the men having their pictures taken first brought emergency response services to Boca Raton, LaSalle watched from the side of the room. LaSalle was 24 when he joined the department in 1991. He’s 47 now.”

But Bob Owens said it best.

“A lot of people are walking around the city today who may not have been here if not for the service we provided.”
Town raises taxes to pay for legal defenses

By Dan Moffett

Hardly anyone expected budget problems to surface in Gulf Stream, one of South Florida's most affluent enclaves — a place where government reserves and property values have always been high while tax rates stayed low.

But then, who expected the town's soaring legal bills, run up in defense against two frequently litigious residents, Martin O'Boyle and Chris O'Hare?

On July 11, town commissioners voted unanimously to do what had seemed unthinkable years ago: raise the tax rate.

The proposed 11.5 percent increase over the rollback rate (to $3.90 per $1,000 of assessed value from $3.497) is projected to raise an additional $75,000 during the next fiscal year, money that will be set aside to cover the costs of the many court cases brought by O'Boyle and O'Hare.

"It's an absolute shame," said Mayor Scott Morgan, "the wastage of reserves from this town as a result of what has been a legal onslaught on the integrity of our neighborhood. We've had to take the necessary steps to oppose it and protect this town. That costs money, unfortunately."

Gulf Stream has seen its reserves fund fall from about $1.6 million to less than $700,000 during the last several years of legal lighting with O'Boyle and O'Hare. Separately, the two have filed dozens of suits and complaints against the town and made numerous public records requests that officials say have been costly to handle and a strain on staff.

"We're in a unique situation," Morgan said. "You can't budget for the onslaught of lawsuits from Mr. O'Hare and Mr. O'Boyle. But the expense seems only to go up... It's the uncertainty of the litigation costs. It's the uncertainty of the end game."

He said O'Boyle and O'Hare had each brought up new legal issues in recent weeks, and called some of their actions "frivolous."

"How can you make such a statement?" O'Boyle asked the mayor and insisted on an answer.

"If you want a response to your questions, you should look in the mirror when you ask them," Morgan shot back at O'Boyle.

O'Hare also criticized commissioners. He said they were ignoring his public records requests and creating their own legal problems.

"All this stuff would go away and go back to normal," he said, "if you'd just tell staff to follow the law."

The town has hired outside counsel and spent about $800,000 in legal costs during the last fiscal year and is setting aside another $400,000 in the proposed budget for next year.

Vice Mayor Robert Ganger called some of their actions "ego, hostility, but certainly not foolishness" and said the town's approach was "frivolous."

"I think we should go forward and be positive," Orthwein said. "We can't stop everything because of the legal expenses."

"How nasty have things gotten in Gulf Stream?" Morgan is Destroying Gulf Stream. BANKRUPTCY IS COMING!

"I got a hot one," O'Boyle said of the doughnut disclosure. "Hard to believe, isn't it?"
Boca Raton

Park District gets bad news on planned athletic fields
By Cheryl Blackerby

Boca Raton Beach and Park District commissioners were blindsided by news that their plans for Phase 2 of the district’s biggest and newest project, Spanish River Athletic Facilities at DeHoernle Park, may not get the green light from the city.

Art Koski, the commission’s acting director, said City Manager Leif Ahnell told him that the Phase 2 land might not be available because it has been used as a disposal area for hurricane cleanup.

“It’s the first time I’ve heard anything about a hurricane disposal area and we’ve been talking about Phase 2 for a number of years,” said Koski. “The implication I got from this conversation was there was some reluctance on the part of the city to go forward with Phase 2.”

And there was more bad news about Phase 2 development from the city, Koski told commissioners at the July 21 district meeting.

Koski said he told city officials that the district agreed to share more of the burden of beach renourishment, from 30 percent to 50 percent of future beach restoration; and the district would immediately reimburse the city $2 million for a prior beach renourishment project. And, the commission was also eager to move ahead with Phase 2 of Spanish River.

Koski said he was stunned to get a verbal reply from the city that denied their biggest wish — completion of Phase 2.

“The city wanted the inter-local agreement for beach renourishment that increases the level of funding and they wanted the $2 million for the beach renourishment, said Koski. Then, they said, they would “talk about the other items.” Which meant Phase 2 was up in the air.

“Right now we’re being told that we will only have that discussion upon the decision of coming in to the other two items,” said Koski. “I hope the city’s commentary does not mean that they have put this aside. I don’t know whether it’s gamesmanship or bargaining or what they want.”

Koski said the proof of the district’s determination to move forward on all issues is in the budget.

“We have in our budget $2 million to reimburse the city and $6.6 million to build Phase 2 of DeHoernle Park. That’s not an expression of what we want to do, I don’t know what is,” Koski said.

The athletic fields planned for DeHoernle Park are badly needed, said Koski. “With the number of youths participating in our organization, these fields and the demands made upon these fields are a community priority,” said Koski. “We have designers ready to begin the final design process for this facility.”

An offer of space for athletic fields has been made by Florida Atlantic University, said Koski. “We have been in informal talks with FAU to consider opportunities that may exist on their campus for construction of athletic facilities. FAU has extended to us at least the willingness to use their campus if Phase 2 is not available.”

Commissioner Robert Rollins noted that the district has built five fields with FAU “with no complications, no problems. We’ve had a partner who’s been good to us. But Phase 2 is the ideal location, and I would certainly like to do that.”

Commissioners agreed that new fields should be built soon. “Spanish River is in constant use,” said Rollins. “We need more facilities. We can’t wait a whole lot longer for this to come together.”

“It’s a deal,” said Koski to the commission, she said, “I’m asking for continued support in finding a way to help the city turn this project into a reality so that we stop losing wildlife in the tanks.”

Peel said more animals may die if the city continues dragging its feet on making needed repairs at the center. “Two years ago, the city decided to take on the project to address that system,” she said. “We still do not have either a short-term or long-term solution to a problem that was identified four years ago.”

In an impassioned plea to the commission, she said, “I’m asking for continued support in finding a way to help the city turn this project into a reality so that we stop losing wildlife in the tanks.”

Peel later said no sea turtles have died at Gumbo Limbo because of equipment failure and she didn’t know what wildlife was lost. (Buddy Parks, deputy director of recreation services for the city of Boca Raton, later said a few fish and a moray eel had died after a pump failed.)

The district spent $67,000 last year for piping that was a temporary fix to make sure the proper mix of saltwater was delivered at the times and quantities necessary to maintain marine life, district acting director Art Koski reminded commissioners. “And more importantly, $1.5 million for fixing the facility’s equipment problems is included in the district’s proposed budget for the coming fiscal year.”

Koski said he met with representatives from the city and Gumbo Limbo, and a consulting engineer in March to discuss what needed to be done to preserve the facility for the long term. “The intermitent failures” of the pumps were discussed at the meeting along with potential hydraulic and construction solutions, he said.

“We left the meeting with an understanding that there would be an attempt made to get this project at least started from a design point of view and a construction point of view,” said Koski. “We told the people attending that meeting that the Beach and Park District would do whatever was necessary financially and otherwise to assure the longevity and continued operation of this facility.”

Koski said the city officials promised the project would get started.

“We’re now going on five months after the meeting took place and absolutely from what I can see very little if nothing has been done with regard to an overall solution to the problem,” he said. He said he was later told by the city there was “difficulty in the procuring process, that is, having the design consultant be put under appropriate work orders in order to accomplish the design.”

Koski said he told the city that the district already had a contract with Miller Legg consulting firm to work on improvements to Red Reef Park and Gumbo Limbo, so the district could get the Gumbo Limbo project moving.

“The answer from the city, he said, was thank you but no thank you. “We weren’t looking to take anything away from the city of Boca Raton,” he said. “Their input from all their departments would still be exactly the same as if they were doing the project — the utility department, the environmental department, the recreation department, everybody would be able to have the same amount of input and the same amount of control over the project.”

Koski told Peel that although the district reimburses the city for the operation and maintenance expenses at Red Reef Park, it is the city’s property. “If the city of Boca Raton elects not to have us involved, then that is their decision.”

District commissioners decided to send the city a formal letter restating their offer of money and a consultant.

“We all have to keep our fingers crossed that some major occurrence doesn’t take place that will be extremely harmful to this facility that’s one of the most popular attractions in the city,” said Koski.
By Mary Thurwachter

Forgotten Soldiers Outreach has been forgotten too many times, said Lantana Mayor Dave Stewart.

"We've had it. We all have to get ready to do something," he said.

The Hypoluxo Island resident has agreed to have his hair and beard shaved off if the Chamber of Commerce can raise $20,000 for Forgotten Soldiers Outreach by Veterans Day.

Stewart, 62, has sported a Hemingway-like beard since he was 25, and his wary locks pretty much matched his grizzled look.

"It's not nervous about noggin palpitations," he said.

"I've seen cancer patients have to endure baldness for years," he said. "Six months (the time he anticipates for regrowth) is nothing. It's worth it."

The idea for the fundraiser originated during a Chamber of Commerce business card exchange, routinely attended by a Forgotten Soldiers volunteer holding a little plastic box for donations.

"Every time he'd end up with a minimum of cards, Stewart said. "I thought, you know, four soldiers were killed in Iraq today and here we are exchanging business cards and having drinks. I challenged everyone to put $10 in the box."

One woman said she would put $100 in it, while Stewart would have his head and beard shaved. But Stewart had a larger number in mind — $20,000.

Forgotten Soldiers Outreach is a nonprofit organization based in Lake Worth that mails care packages with donated items to soldiers in Iraq and Afghanistan.

"The Chamber is going to give it a shot," Lynn Smith, executive director of the Chamber, said Monday.

More than $4,000 has already been raised.
Along the Coast

Local School Board seats and judgeships on August primary ballots

By Steven J. Smith

In southeastern Palm Beach County, the Aug. 26 primary elections will see six candidates compete for two School Board seats — Districts 4 and 7 — that represent a good deal of seats — Districts 4 and 7 — that represent a good deal of district to tap into that." I look forward to working with the district. I think we have a lot of really good resources in the community and I look forward to working with the district to tap into that.”

Larry Rosensweig

Personal: 63; bachelor’s from Harvard and a master’s from the University of Michigan in Asian studies; married, two sons.

Professional: Consultant with not-for-profits, particularly museums and gardens.

School Board experience: None. Position on issues: Seeks to define School Board policies and budget allocations in terms of how they will benefit students. Wants to bring together the cultural and scientific communities in which he’s worked into a more proactive relationship with the school district. Quote: “I strongly believe that America’s future — and our county’s future — is going to be based on creativity and innovation. I don’t think we’re teaching that or encouraging that currently in as strong a way as we should.”

District 4 School Board candidates

Justin Katz

Personal: 30; bachelor’s from Florida Atlantic University in secondary education; single.

Professional: Teacher at Park Vista High School.

School Board experience: None. Position on issues: Raising student achievement and expectations; assuring safety of students and faculty; modernizing teacher training and professional development; offering more career academy choices; improving fiscal responsibility in the district; keeping district salaries competitive.

Quote: “I’d like to bring some firsthand experience from the classroom to the School Board so that we can better identify the problems that exist in the school system and better come up with practical solutions.”

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By Sallie James

Motorists who park downtown may eventually have to feed a meter. But not yet.

The city is mulling a variety of options to deal with a downtown parking crunch that has become problematic, due to a mix of construction workers using existing spaces and high numbers of vehicles during the seasonal influx of visitors.

Exactly how to deal with the issue was the focus of a 21-minute meeting of Boca Raton’s Community Redevelopment Agency. And so, far, signed enforcement of time-limited spaces seems to be the way the city is leaning. For now.

Such options could include: construction of a $2.5 million parking garage and the use of a shuttle service to ferry people from downtown to off-site parking.

“Thank you for waiting,” said Scott Singer, CRA chairman and a city council member. “We haven’t put signage up throughout downtown and I would like to see how demand goes in the winter months.

We do expect to have higher demand but we also expect some of the construction projects to be complete. It makes sense to incorporate the high part of the season before we make a decision.”

In April, the CRA agreed to implement a short-term parking enforcement plan that included the installation of signage that designated parking times in the Sanborn Square and Royal Palm Place areas. As of June 30, 184 tickets were issued, 86 of which were time parking violations, or 43 percent, according to City Manager Leif Ahnell’s report.

The consensus was that the signs improved customer parking but employee parking in the areas was still in short supply.

Without additional staff, they went from 364 to 529 monitored spaces under the temporary parking enforcement program, according to Ruby Childers, the CRA’s downtown manager. However, revenues dropped by 12 percent due to staffing reassignments, she added.

The system requires the manual marking of vehicles.

“We reallocated staff from metered areas and that minimizes the ability to help customers with the meters and minimizes a presence to help encourage compliance,” Childers explained.

Additional funds have to be budgeted to restore full enforcement, she said.

Intermediate solutions include: purchasing license plate recognition software to determine which cars have overstayed their allowed parking limits, $25,000.

Restriping and numbering existing parallel parking spaces, $25,000.

Installing additional signage, $25,000.

Long-term solutions for downtown parking, in the next three to five years, include the construction of a parking garage and the installation of meters, according to Ahnell’s report.

According to Assistant City Manager Mike Woika, city staff and the Downtown Advisory Board agreed to post and enforce a two-hour and three-hour parking limits on some streets in the downtown area to see if it made a difference.

“The medium- and long-term phases were what was discussed at the CRA/workshop meeting and could include off-street parking (garages), reserved-use parking, non-street parking, and enhanced enforcement,” Woika said. “Downtown seems to have the most parking concerns. Mizner Park, Palmetto Place each have some parking challenges.”

Ahnell’s take on the overall issue: Parking will be an evolution.

By Mary Thurwachter

A report from the Palm Beach County Inspector General’s office calls into question the procedure Highland Beach used to raise its parking cap in 2012.

The cap had been $150,000, but commissioners raised it to $1 million through an ordinance rather than a referendum. Then, the town approved a $500,000 project to renovate town hall and the police department.

Raising the parking cap was proposed by the town’s Charter Review Committee in 2012. And according to a legal opinion at the time from Town Attorney Glen Torciva, the “fund limitation” could be amended by ordinance.

But Torciva didn’t have all the facts, he said. He was not aware of a 1991 referendum that would have resulted in a different opinion.

As part of his firm’s analysis of whether the amendment required a referendum, he requested copies of all referendums that amended or readopted the town’s charter since the adoption of the Home Rule Powers Act (1973). “If the funding limitation was adopted by referendum, then a referendum is required to amend it,” he said.

“None of the referendums provided for us to ask the public to adopt the funding limitation,” Torciva wrote in a July 29 letter to the commission that he and Town Manager Kathleen Weiser and Finance Director Cale Curtis had been informed that a complaint had been filed with the Inspector General’s office in three matters.

For the first two — the purchasing policies for the renovations of the police department and town hall, and the town’s sale of property it owns in Boca Raton — the IG said the town had acted appropriately.

For the third matter, concerning the adoption of the charter amendment for a spending cap, the IG concluded “that the failure to provide his (Torciva’s) office with accurate information (i.e. a copy of a 1991 referendum) was attributed to human error.”

The IG said, according to Torciva, that the legal analysis his office provided to the town when considering the 2012 amendment was correct, but the facts were not. Based on the information, Torciva recommended the Town Commission “not enter into any other contract for projects that exceed the $350,000 threshold unless a referendum is held to approve such spending.”

He also recommended that the commission consider an ordinance that repeals the ordinance that improperly amended the funding limitation.

Mayor Ron Brown said he’d like to see the spending limit lifted before the November ballot.

Others said the matter should hold until March when more residents are in town to vote. The IG report will be released in a few weeks, Weiser said. The commission will discuss the report at its Aug. 5 meeting.

Regarding the renovations of the town hall and police department, Torciva said he agreed with the IG report that “the best course of action is to continue the renovations to conclusion.”

In other business, the commission agreed to seek bids for solid waste and recycling collection, based on the recommendation of the town attorney and town manager.

The current contract, with Waste Management Inc., will expire at the end of the year.

“It’s a 15-year-old contract,” Torciva said. While the town could extend the contract, none of them has heard a single complaint about Waste Management Inc. “I know of no one who is unhappy with Waste Management,” Commissioner Louis Stern said.

“I have to have the recommendation of our manager and attorney.”

“I think we have to go out on RFPs (requests for proposals),” Commissioner Dennis Sheridan said. “Let the chips fall where they may. I’m pretty sure they will fall where they should.”

**Highland Beach tax rate may see slight decrease**

By Rich Pollack

While Highland Beach residents are likely to see a slight reduction in their municipal tax rate on their property tax bill in the next few months, the amount of taxes they pay for municipal services could actually increase.

A proposed budget presented to town commissioners last month recommends keeping the town’s operating tax rate at $3.95 per $1,000 of assessed property value for the third consecutive year.

Thanks to a retirement of a 20-year-old bond, however, Highland Beach’s proposed eight service tax rate will drop by 19 percent. As a result, the proposed overall tax rate could drop from the current $4.80 per $1,000 of assessed property value to $4.64 in the coming fiscal year — nearly a 3.5 percent decrease from the current overall tax rate for town services.

An increase in property tax revenue of about $430,000 over last year — resulting in a large part from an increase in property values throughout the town — is helping town officials keep the tax rate from increasing.

While the tax rate may go down, many property owners may see the taxes they pay to the town go up as a result of higher assessed values.

“This proposed budget gives us the opportunity to do some capital projects that have been put off for many years without having to raise the tax rate,” said Town Manager Kathleen Weiser.

Among projects included in the proposed budget are the enclosure and renovation of the town library’s terrace, replacement of some older town vehicles and capital improvements to the town’s water meter reading system that will make it easier to detect leaks.

“This budget makes it possible for us to address a lot of issues that have been on hold because of reduced property values,” says Vice Mayor Ron Brown. “Now, we have the ability to improve our town and the quality of life for our residents.”

The town’s proposed $11.35 million general fund budget shows a decrease in expenses of about $360,000 from the current $11.72 million budget due in large part to the retirement of a 2004 $2 million bond for library improvement.

The proposed budget also shows a drop of $557,000 in capital expenditures from the current budget, which included $850,000 for Town Hall renovations.

The proposed budget reflects a 5 percent increase in personnel expenses due in part to merit raises for town employees, but it also reflects increases in retirement and health insurance costs.

“This proposed budget is balanced without any major spending cuts to personnel or operations,” Weiser said.

The town has scheduled a budget workshop for 6:00 p.m., Aug. 5 and a tentative workshop, if needed, for Aug. 28 following a regularly scheduled town commissioner workshop meeting.

Public hearings on the budget are scheduled for 5:01 p.m., Sept. 9 and Sept. 21.

**Boca Raton**

Downtown parking options weighed

By Sallie James

Highland Beach

Inspector General questions spending cap procedure

By Mary Thurwachter

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Ocean Ridge

Commission orders rewrite of rental ordinance

By Dan Moffett

Ocean Ridge commissioners wanted to crack down on nuisance rentals of single-family homes last year when they passed an ordinance that set new fees and registration requirements for landlords and tenants.

While the law has helped clean up the nuisance rentals, it also has created a bureaucratic mess, with more confusion and unintended consequences than commissioners thought possible.

Landlords have complained about getting sucked with excessive fees. Tenants have complained about government smothering their privacy. Most everyone—even town officials—has complained about not understanding exactly what the ordinance requires or how to enforce it.

“The ordinance that was passed went too far,” Mayor Geoffrey Pugh conceded, as the Town Commission met July 7 to try to repair the damage.

The law requires people who rent out their properties to register each unit at Town Hall and pay a $50 annual fee. It also requires the disclosure of renters’ identities, and that has raised concerns about privacy rights.

Commissioner Richard Lucibella, who won his commission seat in March, said he didn’t want to second-guess the work of the previous commission, but the ordinance made him feel “a little queasy” about intrusive town government.

“There were a couple people causing problems. It came up because it was an enforcement problem,” Lucibella said. “But you made the decision to get people to write their names down and give up personal information. You’re really confusing it. And now you’re trying to clean that up.”

Lucibella said the town had overreached and probably could have solved the nuisance problem simply by enforcing the ordinance already on the books. For years, town law has allowed homes to be rented for a minimum of 30 days and prohibited homes from being occupied by more than five unrelated persons.

Police Chief Chris Yannuzzi told commissioners that the registration ordinance appears to have significantly reduced rental violations during its first year. Town officials were surprised to learn from the registrations that Ocean Ridge has at least 90 units being rented.

“It’s not a matter of Big Brother or anything like that,” Yannuzzi said. “We’re trying to maintain order in the neighborhood—who’s coming in, who’s going out, who are they doing there.”

Commissioner James Bonfiglio, who came to the commission with Lucibella in March, said the ordinance was accomplishing the goals the commission wants but “was a bit too intrusive.” He said commissioners shouldn’t repeal it but “tweak it a little bit to protect privacy.”

Chris Currie and Bob Weisbult, who both own multi-unit rental properties in the town, told commissioners the ordinance was unfair and ambiguous.

“I don’t remember the word ‘annual’ coming up in the initial law,” Weisbult said, referring to requirements that landlords would have to re-register and pay fees each year. “Currie argued that the ordinance makes renters ‘a subclass of second-class citizens.’

He said commissioners originally aimed at rein in single-family home rentals, then wandered off course and put unreasonable restrictions on properties designed specifically as rentals.

Town Attorney Ken Spillias proposed amending the ordinance to focus on single-family homes, not tenants, and charging a single fee.

The commission agreed and told Spillias to make the changes and bring the amended ordinance back for review.

In other business, Spillias proposed amending an ordinance as a potential solution to the long-running concern over what to do about the 5011 building on North Ocean Boulevard.

Building owner Lisa Stivilli is working on renovation plans for the town’s only commercial strip, a nonconforming-use property. Instead of writing new laws or changing the town’s comprehensive plan for the strip, Spillias believes it makes more sense to amend an ordinance that has been on the books for decades.

Commissioners concurred and told Spillias to bring them a proposed amendment.

Added police hire won’t be solely for beach patrol

By Dan Moffett

With the budgeting in Ocean Ridge comes a debate over semantics.

A sizable new expenditure in the town’s proposed 2014-15 budget is $85,000 to hire another police officer.

Town commissioners are supporting the hiring as a way to respond to the complaints of beachfront residents who say the town needs to crack down on misbehaving beachgoers from across the bridge.

Just don’t call the new cop a “beach patrol officer,” however.

During their budget workshop on July 23, one of the many decisions commissioners made was to make it clear that the additional officer won’t be charged exclusively with patrolling the beaches and will have the same job description as any other in the department.

Mayor Geoffrey Pugh calls the proposed new hire “an extra policeman,” avoiding potential controversies about designations that might appear to favor one neighborhood or another.

Commissioners say decisions about how to deploy the extra policeman will be left up to Police Chief Chris Yannuzzi. But there is no debating that the commission hopes the new hire will help convince beachfront residents that the town is serious about reining in misconduct on the beaches, a nagging issue for much of the last year.

“Beaches is going up 7 percent in the town’s law enforcement budget,” Lucibella said. “The price index of 2.1 percent. We need to put something on to Briny, not costs not passed along in full.”

The proposed budget also has $25,000 to replace two police cars. The department is receiving $203,500 from the town of Briny Breezes to provide police services for the next year, based on a formula that calls for a 1.5 percent increase over the consumer price index of 2.1 percent.

Commissioner Richard Lucibella complained that the town’s law enforcement budget rose 18 percent last year and is going up 7 percent in the proposed budget, yet those increases aren’t getting passed on to Briny Breezes.

“You’re passing only 3.6 percent on to Briny,” Lucibella said. “Let’s think about that. You’re falling behind every year.”

Commissioners did more grappling over the cost of fire and emergency medical services from the Boynton Beach Fire Department. The bill for 2014-2015 will be about $979,000, up from about $655,000 when the contract started 10 years ago, because of a 4 percent minimum annual increase.

“We need to put something in the budget we can use as a negotiating point,” said Commissioner James Bonfiglio, who wants to explore other options for EMS providers. “We need to increase our hand.”

Town Manager Ken Schenck brought forward a proposed budget based on last year’s tax rate of $5.35, meaning a homeowner would pay $535 for each $100,000 of assessed value. To balance his proposed budget, Ocean Ridge would have to use about $436,000 from its reserves.

Schenck said a tax of $5.93 is needed to balance the budget without using reserves, a 17 percent increase over the rollback rate.

Commissioners approved a maximum tax rate of $5.55 and scheduled another budget workshop for 5 p.m. Aug. 11. Public hearings on the proposed 2014-15 budget will be held at 5 p.m. Sept. 9 and Sept. 16.

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Delray Beach

Man dies in boating mishap

A man died after being trapped under a boat that capsized July 27 near the ocean off Delray Beach.

City lifeguards and firefighters responded to a distress call from the boat at 3:56 p.m., Delray Beach Fire-Rescue reported.

Lifeguards used personal watercraft to reach the overturned boat and removed three men from the water. One man, pulled from under the boat, was in critical condition. He died after being taken to the hospital.

Officials had not released the names of the three men as of press time. It was not clear why the boat capsized.
Boynton Beach

Fire-rescue budget increases to keep up with services

By Jane Smith

Ocean Ridge and Briny Breezes residents will not have to worry about fire-rescue response times next summer, thanks to a directive given to Boynton Beach’s city manager at the city’s annual budget workshops, held July 21-22.

City commissioners directed Lori LaVerriere to find $44,000 to pay for three firefighter salaries July-September 2015.

A grant the city was using to pay those salaries runs out on June 30, 2015. Without that money, the city’s fire chief said, he would have to worry about fire-rescue response times next summer, he said.

“Take a man out of a truck and the mission is compromised,” said Casello, a veteran firefighter. “I ran on public safety and I firmly believe in my heart that we have to keep it up.”

The city’s fire-rescue budget increased by 7.9 percent because of higher pension costs, higher health care costs, a 3 percent raise carried forward for firefighters and equipment that needs to be replaced, he said.

But the police chief said losing five vacant police positions would not compromise public safety.

City commissioners put off a discussion on the proposed new police headquarters until they hear from Treasure Coast Regional Planning Council, which led a May workshop on the town center.

The Planning Council staff will present its findings to the City Commission an Aug. 5 workshop. The May workshop focused on municipal buildings, including the Police Department headquarters.

Boynton Beach commissioners will then decide between two methods to pay for the new police facility, estimated to cost at least $34.5 million. The first calls for covering the cost by borrowing $27.9 million over 25 years. It would be repaid with pledged revenue, raising the city’s debt annually by $1.2 million or 0.35 percent.

The second method would be to take the question to the city’s voters. In that case, the ballot wording would have to be ready by January for the March 2015 municipal elections, the city clerk said. Voters would decide whether to approve borrowing $25.3 million for 25 years, increasing the debt service annually by $1.6 million or 0.48 percent.

“That would be a considerable raise in the millage,” said Mayor Jerry Taylor. “You might want to think about going out and asking the public.”

Also at the budget workshop, the city utilities director discussed his department’s plans to lay pipe under the Intracoastal Waterway to allow St. Andrews Club access to recycled water to irrigate its golf course greens by May 2016.

That project is part of a five-year, $9.85 million expansion of the city’s reuse system, said Colin Groff. It would conserve water and reduce costs for customers.

As an example, the utilities director said, a water customer outside the city would pay $2 per 1,000 gallons of potable water monthly; the recycled water would cost 34 cents for 1,000 gallons.

“If it has nitrogen, so the greens need less fertilizer,” Groff said.

Throughout the budget workshops, City Commissioner Michael Fitzpatrick warned that a day of reckoning was coming.

“We are approaching the end game on budgets. We can’t keep dipping into reserves,” he said.

Commissioners approved a preliminary budget of $73.3 million, a 2.9 percent increase.

They kept the tax rate at $79 per $1,000 of assessed value, the same as the previous year’s, although most property owners will pay more because their taxable values increased.

The City Commission is to adopt the 2014-15 budget on Sept. 16.

Briny Breezes

Town’s proposed budget shows minimal change

By Dan Moffett

Briny Breezes is looking at a budget for the new fiscal year that is largely a mirror image of last year’s numbers.

During July budget workshops, Town Council members gave preliminary approval to keeping the current tax rate of $10 per $1,000 of assessed value and holding the line on expenditures with a general fund budget of $662,330 that shows about a 3.8 percent increase in expenses, compared with the 2013-14 fiscal year.

Taxable values in Briny crept up 0.52 percent over the last year, from $35.21 million to $35.39 million, according to the Palm Beach County Property Appraiser’s Office.

The town figures to generate about $435,000 in ad valorem tax revenues.

“Our property values are pretty stable,” said council President Sue Thaler. “We don’t have any construction project going on that’s going to increase our property values quite a lot.”

The town’s biggest expenses — police service from Ocean Ridge, which comes in slightly under last year’s cost at $210,000 this year, and fire-rescue service from Boynton Beach, which increases 4 percent annually — will cost about $540,000, almost 81 percent of the general fund budget.

But Briny Breezes Inc., the corporation that owns the town’s property, will pay about 37 percent of the combined bill, $110,210 for fire-rescue and $77,350 for police.

The council will hold two public hearings on the budget on Sept. 23 and finally adopt the budget on Sept. 30.

Know the Dangers of Untreated Valve Disease

Heart murmurs are often asymptomatic, which may result in patients delaying further evaluation and treatment. It’s important to know that a heart murmur can be a symptom of valve disease, such as aortic stenosis, which can increase your risk of mortality.

The Valve Clinic at Delray Medical Center

At Delray Medical Center, we are dedicated to providing patients access to some of the latest cardiac treatments through our Valve Clinic. Our board certified physicians are specially trained to perform innovative valve procedures designed to repair or replace the aortic valve. The patient is seen by a cardiovascular surgeon, who works with the patient’s personal physician, to develop a treatment approach based on the patient’s individual characteristics.

This collaborative approach also helps the Valve Clinic team facilitate a smooth transition back to the patient’s personal physician for care after the visit and treatment.

Care Coordination

Our patients are taken care of in a single day, instead of multiple appointments with several specialists. Your visit to our Valve Clinic includes evaluation by the cardiovascular surgeon, review of prior diagnostic studies and additional testing if necessary. Our patient navigator will work with you and make all necessary appointments for the visit to help ensure you receive personalized care.

To determine your treatment options, please call our patient navigator at 855.3.MURR.
Robert Sweetapple and Ashley Jones are navigating the floor at the Fred Astaire Dance Studio in Boca Raton as Rod Stewart sings the Motown classic "Same Old Song from the loudspeakers.

To be precise, Ashley Jones — a professional instructor at the school — is dancing. Robert Sweetapple, a high-powered lawyer, is ... improving. "This is my 14th lesson, and I'm going to need 10 more," Sweetapple joked during a break — which is unfortunate, because the eight amateurs competing in this year's Boca Ballroom Battle get only 15 lessons before the Aug. 16 competition.

The event, now in its seventh year, raises money for the George Snow Scholarship Fund, and Sweetapple has put his commitment to education ahead of any fear of embarrassment.

A managing member of Sweetapple, Broeker & Varkas, he has lived in Boca Raton for 28 years. He and his wife, Karen, have four children — all of whom attended Gulf Stream School. There are away at college and the youngest attends St. Andrew's School while their father attends the Fred Astaire.

"I'm definitely slow on the uptake," Sweetapple confessed before beginning the lesson, "but it's amazing how with practice you can get the basic gist of it."

"I just thank God I've done better in court than I do here!" — Ron Hayes

Q. Where did you grow up and go to school? How do you think that has influenced you?

A. My dad died when I was 10, so in 1965 we moved to Perrine, south of Miami, from Fairfield, Calif., and I went to elementary school there. Then we moved to Plantation, where I graduated from Nova High School in Fort Lauderdale. That was the Broward County magnet school, and it allowed me to go on to Colgate University in New York, and then the University of Florida law school. If I'd stayed where I was, I'd be picking tomatoes with all the rest of my neighbors.

Q. What professions have you worked in? What life accomplishments are you most proud of?

A. I've been a trial lawyer for 34 years, primarily practicing commercial litigation, and I'm most proud of being able to help people who are sometimes in the worst situation they've ever been in and help them through tough times. And I've made a lot of very good friends in the process.

Q. How is it that you were pursued to dance in this year's Boca Ballroom Battle event?

A. My wife and Tim Snow competed. After 32 years of marriage, my wife wants to see some new moves.

Q. Why is the George Snow foundation important to you?

A. Because it makes education available to worthy young people who otherwise couldn't afford to obtain a great education. There's a very short window. If you don't go to college in that window, the odds of you going back later in life narrow every year.

Q. Do you have a favorite quote that inspires your decisions?

A. "Life's battles are not always won by the stronger or faster man, but sooner or later the man who wins is the man who thinks he can." — Napoleon Hill

Q. How did you choose to make your home in coastal Boca Raton?

A. I've always loved boating and the water, and growing up in Plantation, a lot of my friends lived in east Lauderdale. In 1965, Plantation was in the middle of nowhere, and I vowed I would never live in the Everglades again. We've been in Boca since 1986.

Q. What is your favorite part about living in Boca?

A. The boating. I have a Donzi 35-foot fishing boat and a Fairline cabin cruiser. I fish a little bit, but primarily we take it to the islands.

Q. Have you had mentors in your life? Individuals who have inspired your life decisions?

A. My biggest mentor other than my own mother was Joan Kamilar, who was my best friend's mother when I was growing up in Perrine. I asked her once what was the most important word in the English language, and she said "empathy." She said, "When you feel sorry for someone because you think you're better than they are, that's sympathy. When you realize you're no better, that's empathy." She was a professed atheist, but I've never met a person I'd consider more of a Christian.

Q. If your life story were made into a movie, who would you want to play you?

A. Well, I'd want it to be a comedy. Could it be Eddie Murphy?

Q. Who/what makes you laugh?

A. Everything! Having a sense of humor is inside you, and you have to start by laughing at yourself.
Red Cross retreats from Point Manalapan

By Dan Moffett

Decades of dealing with the world’s worst calamities could not have prepared the Red Cross for the unnatural disaster that was waiting on Point Manalapan.

In June, representatives of Palm Beach County’s chapter won the Town Commission’s approval to stage a Red Cross Show House fundraising event on Audubon Causeway.

By July, a firestorm of protest had consumed the Point.

Dozens of angry residents called Town Hall, wrote letters and sent emails complaining that life in Manalapan would be forever changed should the Red Cross be allowed to proceed.

Fred Gould complained that the event would attract people who “have no reason to be in the community” who could cause “traffic wouldn't be a problem, and that the event would raise about $250,000 for the Red Cross. The commission had voted 4-1 in favor of the plan, with Commissioner Ronald Bantsanti dissenting and Commissioner Clark Appleby absent.

“The Red Cross is always looking for opportunities to be neighborly,” said Tammy Jackson-Moore, spokesperson for the American Red Cross. “We’re moving forward “basically on schedule, with no change in cost.” In total, the new bridge will cost about $760,000, which includes replacing a water main. Isaac said designers have approved a “clear span” design that will use a continuous section to link both ends of the bridge. The design will require fewer pilings, which should help reduce the cost and construction time — perhaps by as much as two weeks.

However, a clear span design will limit the options for architectural details, the engineers say. The project is scheduled to get underway in April, with construction of the south side expected to last about three months. After completion of the south side, traffic can move across without any weight restrictions, Isaac said.

Commissioners are expecting the entire project to take about eight months, putting the finish date in December 2015.

Overall, the proposed operating budget of $3.35 million for 2014-15 is about $60,000 higher (1.9 percent) than that of the current year. Commissioners decided against spending $28,000 to replace the town’s 9-year-old generator, opting instead to set aside $12,000 to see if it could be repaired.

The commission is going forward with a $20,000 plan to replace the 11-year-old telephone system at Town Hall. The figure includes money to upgrade the conference communication system in the hall chambers.

Town employees will get a 2.1 percent raise to cover the cost of inflation, and commissioners have set aside another 0.9 percent for merit raises.

“We will get additional hours, or $200,000 and the area of properties. Lawn ornaments are decorative objects placed in the grassy area of properties. Lawn ornaments are distinguished from statues in that they are small in size, not taller than 42 inches in height, and are designed and meant to be easily portable.”

Lawn ornaments generally do not require the town’s review, but statutes and larger elements do.

Town Commission raising taxes to pay for bridge

By Dan Moffett

Unable to find help from larger governments or a financing plan that suits them, Manalapan commissioners have decided to pay for their Audubon Causeway Bridge project the old-fashioned way. They will raise taxes.

The Town Commission gave unanimous approval to a $0.25 increase in Manalapan property owners’ tax rate on July 22, raising the town’s operating rate to $3.15, meaning for every $100,000 in assessed value, a homeowner will pay about $315.

The good news for property owners is that even with the increase, Manalapan still has the lowest tax rate in Palm Beach County. “I think it’s important that we still have the lowest rate in the county,” said Mayor David Cheifetz.

The new revenue will go toward the $500,000 needed to begin the Audubon bridge project. The town will still have to take about $68,000 out of its reserves to cover the construction cost. But, commissioners said, they supported the balanced approach of paying for the work with a modest tax increase and a small amount from the town’s savings account, which is roughly $1.8 million.

Commissioner Peter Isaac reported that the bridge project is moving forward “basically on schedule, with no change in cost.” In total, the new bridge will cost about $760,000, which includes replacing a water main. Isaac said designers have approved a “clear span” design that will use a continuous section to link both ends of the bridge. The design will require fewer pilings, which should help reduce the cost and construction time — perhaps by as much as two weeks.

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Arthur Algonas

Arthur Algonas was born July 25, 1941, in Neptune, N.J., and lived at the Jersey Shore until 1977 when he and his young family moved to Delray Beach. He was the founder and CEO of Delray Title and Abstract Company, founded in 1979. He worked arduously in seeing that his company be successful. He started in the title insurance industry in 1964, working for Chelsea Title in New Jersey. One of his biggest projects was doing searches on the Wetlands property where the Meadowlands now stands.

He loved the mechanics of cars and boats, and was an avid fisherman. He was a fantastic cook, having won the annual Delray Elks Chili Cook-Off three times. He was a past member of the Brick, N.J., Jaycees, Delray Kwanis, Delray Sunrise Rotary and the West Palm Beach Fishing Club, and a St. Vincent Ferrer eucharistic minister.

For several years, Arthur coached T-ball and girl’s softball for the Delray National Little League. He was a member of the Delray Beach Elks Lodge 1770.

Arthur was the son of the late Charles and Elsie Algonas. He is survived by the love of his life, his sweetheart, his wife of 48 years, Susan (Vashlishian), their three daughters Colleen (Dan), Leonard, Nancy (Michael) Zammutto and Kelly Algonas; sisters, Elise and Eileen, grandchildren Michaela, Hailey, Kelly, Joey, Lorelei, A.J. and Charley.

Once you met this wonderful man, you never forgot him.

— Submitted by the family

Mary Stockstill Willman

HIGHLAND BEACH — Mary Stockstill Willman, or “the original Banshee Girl” as her family lovingly called her, died peacefully in her sleep on July 6 in her Highland Beach home. Born in Dayton, Ohio, on Nov. 10, 1923, she was married for nearly 50 years to World War II veteran Edward M. Willman, who died in 1994. She was matriarch to her surviving family of three children, nine grandchildren and seven great-grandchildren.

Kimberlee Willman-Federer, Mrs. Stockstill Willman’s eldest granddaughter, said she earned the Banshee nickname through her husband, who served with the U.S. Marine Corps Dive Bomber Squadron VMSB-244. Known as the Banshee Banshees, the squadron fought with distinction in both the Bougainville and Philippines campaigns.

“Nana and Papa were married within two weeks of their first meeting,” Willman-Federer said. “She loved him and cared for him after he contracted polio and was told he would never walk again. He started sailing as therapy and they made their life sailing through the salt waters of Biscayne Bay on their boat, Banshee.”

The Banshee nickname endured into another generation when Euri Luce-Mead, Mrs. Stockstill Willman’s next eldest granddaughter, adopted it as the moniker of her company, Banshee Girls, which manufactures clothing and accessories.

“She loved fiercely and lived every day to the fullest until the last and final day,” Luce-Mead said of her grandmother. “She won her race and we celebrate her life. I love her more than words can say.”

“She was ‘pedal to the metal,’ full of energy and in all her glory throughout her life,” Willman-Federer added. “It was hard to keep up, but we learned quickly.”

“She was the glue to the family and showed us by example to live life to the fullest, with love for everything and everyone. Those lessons will remain in each of our entire lives and will be passed down to our children.”

Mrs. Stockstill Willman had a passion for painting, a talent that has been shared by many in her family.

“She loved art,” Willman-Federer said. “Painting was therapy for her and she loved to paint the family. She has done portraits of most of us. She also loved pictures of the ocean and sailboats.”

Austine Luce, another granddaughter, said Mrs. Stockstill Willman “is a cherished spirit to remember.”

“She is definitely dancing up there in her shiny cowgirl boots,” Luce said. “The ones with fringes on them.”

A memorial service was held July 7 at Lorne & Sons Funeral Home in Delray Beach.

LETTERS: The Coastal Star welcomes letters-to-the-editor about issues of interest in the community. These are subject to editing and must include your name, address and phone number. Preferred length is 200 words or less. Mail to 5114 N. Ocean Blvd., Ocean Ridge, FL 33435 or email editor@thecoastalstar.com.
For years, it was the great South County lament. Why isn’t there a place for fine dining on the water? All that changed in 2004 when the Therien family opened Prime Catch in Boynton Beach.

The family had owned the über-casual Banana Boat since 1971, first in Fort Lauderdale, then the Theriens moved the restaurant to Boynton Beach in 1978.

The family had owned the land on which Prime Catch sits since 1982. So why wait so long to open a higher-end place?

“We didn’t feel that Boynton Beach was ready for a fine-dining restaurant,” says Luke Therien, son of the restaurant’s founder, John Therien. “It’s a little more working-class. Boca, Delray, Palm Beach Gardens have the higher end.”

The family waited a quarter-century. “We thought, ‘Now maybe Boynton Beach is ready for a nice restaurant,’” Therien says.

Customers love familiar faces, too.

Executive Chef John Bonk opened the Prime Catch in 2004, and General Manager Sandra Turner joined the company in 2005.

“We’ve got servers and kitchen people who’ve been there since we’ve opened. You don’t hear about 10-year cooks, managers, servers and bartenders, but we have them,” Therien says, adding, “Retention is so important in the restaurant business, so that helps us a lot.”

Prime Catch employs 75 to 100 depending on the season or off-season. The restaurant seats about 275.

Through it all, running the restaurant has remained a family affair. “My brother Gilles is the chef at Banana Boat, and I have another brother who works in the office, then I kind of bounce around between the two places and the office,” Therien says. “And my father still comes into the places as well.”

The family doesn’t just come in to work. Therien enjoys relaxing over a meal at his family’s restaurant, and he sits outside, regardless of the temperature. “We’re gonna sit outside right on the water, as close to the rail as possible. You smell the air and you see the boats go by. Even on a 90-degree day, most people want to sit outside,” he says, adding, “Even in the summer, there’s always a little bit of a tradewind coming off the ocean, so you can always be comfortable.”

Prime Catch, 700 E. Woolbright Road, Boynton Beach. 737-8822.
 Hudson Holdings has purchased Delray Beach’s historic hotel property, the Sundy House, and surrounding properties for a combined $21 million. The assemblage was made up of more than 7 acres with approximately 265 feet of frontage on West Atlantic Avenue. Redevelopment plans included hotel, retail and office space anchored by the Sundy House, which will act as an event venue, bar, five-star restaurant and cottages. Other properties purchased in the portfolio include the Cathcart House, built in 1903, and the Reedy built in 1912. The founding of the first bank and Baptist church took place in the Sundy home, as well as the incorporation of Delray in 1911, according to historic county archives. “I have owned many of the homes on these properties and I like the fact that we are going to do lots of new things there and do think it is important for us to keep in mind the history,” says Virginia Attre Snyder, long-time resident, Delray Beach historian and muse for the well-known show Murder She Wrote. Hudson Holdings recently purchased the historic Gulftream Hotel in Lake Worth. To be clear, it’s the 7,200-square-foot commercial building on 1.37 acres — not the business — that’s for sale at 1353 N. Federal Highway, Boca Raton. Priced at $3.7 million, the property is offered through Bryan K. Cohen of Cohen Commercial Realty Inc. The business, Kraeer Funeral Home, is down the street and combining with Babione Funeral Home, 1100 N. Federal Highway. Both are owned by the same company, Service Corporation International, a provider of funeral, cremation and cemetery services. “We don’t sell our funeral businesses. We sell real estate,” emphasizes Melissa Pitala, the company’s market director of operations. SCI acquired Kraeer Funeral Homes in 2006, and Babione was acquired by an SCI affiliate in 1994. “The families are still very active in day-to-day operations,” Pitalo said. “Mrs. (Helen) Babione resides behind the east Boca funeral home, and Mr. (R. Jay) Kraeer, the founder, Bob Russell, is still involved, too. Both the Kraeers and the Babiones opened their first funeral homes in the early 1950s, she said. “The industry is made up of caring and compassionate people and there’s a true legacy of how they bonded with their communities.” Families who currently hold pre-need funeral policies have been told of the merger, she said. “It just made more sense to combine the two funeral homes, rather than operating them separately across the street from each other.” On July 10, as part of a Florida Realtors initiative to help fight homelessness, members of the Realtors Association of the Palm Beaches toured The Lord’s Place to discuss how Realtors can assist in breaking the cycle of homelessness. “Facilities at The Lord’s Place are impressive and they provide amazing services to the less fortunate and, as a result, are changing many lives,” said Sherri Meadows, 2014 president of Florida Realtors. “The conversations we had will help the leadership team and I draft the necessary regulations and legislation to create an even bigger impact on our communities than what we are doing right now.” On June 28, members of the Realtors Association prepared a patriotic-themed picnic for the families at the Kraeer Funeral Home. Among the 14 Realtor- and affiliate-volunteer chefs were Matthew Halperin, the association’s president-elect, and Pamela Banks, chairwoman of its Community Outreach Committee. The Quantum House is a hospital hospitality house that serves families between Orlando and Fort Lauderdale. The house and surrounding properties purchased in the 1980s are instrumental in developing the Sapphire Parkison’s Care program, a caregiver certification program. A member of the Boca Raton community for 20 years, Martin is involved in a number of community organizations, and serves as a trustee for the Boca Raton Chamber of Commerce. Gaye Van Vechten is the executive director of the annual Boating & Beach Bash for People with Disabilities. Also, he is immediate past chair of the city of Boca Raton Advisory Board for People with Disabilities. In June, Currie Sowards Aguila Architects announced the addition of two architects to its firm, Oscar Garcia and Fernando Nunez. Garcia will lead the firm’s hospitality design studio. Garcia’s credits include 50 hospitality projects throughout Florida and the Caribbean, including the Atlantic Hotel in Miami Beach, Trump International Hotel in Fort Lauderdale and the Inn on Fifth in Naples. Nunez joined the firm as a project architect and project manager. A registered architect with 13 years of related experience in the commercial and public-sector markets, Nunez will be an integral member of the firm’s commercial design studio. He holds a master of architecture degree from the University of Florida. Nunez is currently managing the Rocco’s Tacos project and will be a key member of the West Atlantic Avenue mixed-use project. In addition to The Greater Boca Raton Chamber of Commerce’s Festival Days events listed last month, add these to your calendar: On Aug. 8, the Multiple Sclerosis Foundation and Plum Productions Video will host “Boca’s Got Talent” at the Duling in Mizner Park. “We’re currently looking for acts to showcase like singers, jugglers, magicians, comedians, or anyone else who has a unique talent,” said Jennifer Jager, president of Plum Productions Video. “It’s a great opportunity for businesspeople in our community to reveal a different side of themselves, have fun and support a truly worthy cause: the Multiple Sclerosis Foundation.” Admission for spectators is $20. To participate, call Jennifer Jager at (561) 800-2105, Ext. 3, or email talent@plumproductionsmedia.com The screening will take place at The Shops at Boca Center, 5250 Town Center Circle, Boca Raton. VIP tickets for reserved seating cost $7 and are available at docmiamia.org. Additional complimentary self-seating will be available at the event in the Courtyard. From 5:30 to 7:30 p.m. Aug. 22, The Wyndham Boca Raton, 1950 Glades Road, will host “Battle of the Bartenders,” a Chamber celebrity bartending event benefiting the Best Foot Forward Foundation. Celebrity bartenders include Troy McCallan, president and CEO of the Boca Raton Chamber; Randy Nobles, 2014 chair of the Boca Raton Chamber; professional auctioneer Neil Saffer; Leslie Glickman of Yoga Journey and returning champions J.C. Perrin and Ingrid Fulmer. Tickets are $25 until Aug. 21 and $30 at the door. To make reservations, visit www.bestfoot.org or call 470-8300. The Golden Bell Education Foundation will partner with Image360 for “Boca Meets...”
Broadway — Gold, White & Black,” from 6 to 9 p.m. Aug. 27 at the Wick Theater, 7901 N. Federal Highway, Boca Raton. Proceeds will go to the Golden Bell Education Foundation, a 501(c)(3) corporation created by the Boca Chamber’s board of directors to support Boca Raton public schools. Tickets are $75 per person, or $130 per couple.

At its monthly meeting at 7 p.m. Aug. 14, the Boca Real Estate Investment Club will feature local consumer credit experts and club members Stephen Loiter and Joseph Zappoli, presenting on, “All About Business and Personal Credit.” They will focus on credit repair, credit filing, identity theft and how to obtain business funding. The meeting will be held at Gold Coast School of Real Estate, 7035 Beracasa Way, No. 206, Boca Raton. The cost is $20. For information, call 701-7325.

Through Sept. 30, area residents can make Eau Palm Beach Resort & Spa their private playground. “Locals looking for an appetizer-sized taste of the good life can experience a day of access to the resort’s amenities for the price of a $250 spa treatment,” said John Bradway, the resort’s director of marketing. “For those who want more than just a taste, locals can also treat Eau’s world-class and award-winning facilities like their own, for an all-summer price of $5,000.” To purchase treatments in Eau’s market for the 108-year-old Hillsboro Inlet Light Station (also known as The Big Blue Diamond).

The public is invited to attend and visit the museum, at Hillsboro Inlet Park, 2700 N. Ocean Blvd., Pompano Beach. Adults, and children with adults, can climb the lighthouse and take a boat tour (if they wear close-toed shoes and join the Hillsboro Lighthouse Preservation Foundation).

Of course, guys are enthusiastically welcomed at Fashion Shoppes Boutique, FSB, a 44-year-old men’s store at 515 E. Ocean Ave., Boynton Beach, but they can visit online, if they prefer. With a Web presence for 15 years, and style conscious at its very heart, FSB recently relaunched www.fashionmenswear.com, making its shopping experience even better. FSB customers can now browse the latest in men’s fashions by brand, category and occasion.

On FSB’s landing page, they will find one of Giovanni Marquez’s clothing recommendations, guaranteed to make the wearer “a trendsetter,” creating “lasting impressions.” On its blog, sports and fashion sensibilities are intermingled.

Take this post for example: “How are you celebrating Germany’s (World Cup soccer) win? We suggest that if you are an FSB Man and want to wear Germany’s World Cup shirt, you reach for the colors of the players in Europe and the Americas…” To do that, FSB’s fashionistas suggest that their shoppers put their best foot forward, and click-through to see FSB’s new arrival of Giovanni Marquez shoes.

Palm Beach State College’s Public Safety Training Center on the Lake Worth campus has been awarded LEED Gold certification by the U.S. Green Building Council. LEED, or Leadership in Energy and Environmental Design, is a green building certification program that recognizes best-in-class building strategies and practices; gold is the second highest certification.

Chapter of the Daughters of the American Revolution will dedicate a national historic marker for the 108-year-old Hillsboro Inlet Light Station (also known as The Big Blue Diamond).

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The college’s training center, completed in April 2013, earned certification for its successful use of methods to conserve energy, water and resources. These included super-insulated walls, roofs and windows; energy-efficient lighting; low-flow water fixtures; materials with low VOCs (volatile organic compounds); and use of regional and recycled materials.

A new central energy plant, built concurrently with the Public Safety Training Center — designed by Stephen Boruff, AIA, Architects + Planners Inc. and built by Balfour Beatty Construction — was designed to power the center and three other complexes on the Lake Worth campus. “We added 140,000 square feet of new construction and our energy consumption went down by over 1.1 million kilowatt-hours,” said John Wasukanis, facilities director. “It just runs so efficiently that we actually reduced our overall electrical consumption by almost 21 percent, saving the college approximately $132,000 in the first year of operation.”

In late June, Glades Brewery Partners and Palm Beach Brewery Associates, owners of Brewzzi restaurants with locations at 2222 Glades Road in Boca Raton, and CityPlace in West Palm Beach, filed jointly for Chapter 11 bankruptcy to restructure their debts. Palm Beach Brewery Associates listed $1.7 million owed to Florida Community Bank and $650,000 in unsecured debt for unpaid operating costs and services. The company’s assets are estimated at $2.5 million. Glades Brewery listed $3 million in debt, with $2 million owed to Florida Community Bank and $900,000 in unsecured claims. The company’s assets are estimated at $2.13 million. Brewzzi’s CityPlace closed after a judge ruled in favor of the landlord to evict the restaurant, and is appealing the decision. Brewzzi Boca Raton is operating as normal.

Christine Davis is a freelance writer. Send business news to her at cdavis9797@comcast.net.
Exceptional Homes            Exceptional Service

Ocean Ridge to Highland Beach

DELRAY BEACH
Magnificent French country style 5BR/4.5BA estate situated on 6.4 acre parcel. Featuring perfectly landscaped grounds, 25’x50’ pool, and 440 SF guest house. $3.45M

OCEAN RIDGE
Newly updated classic 3BR/3BA Bermuda beach house is 200 yards to the ocean & east of A1A. Vaulted cypress ceilings, fireplace, walled tropical garden and huge pool are just the beginning. $1,295,000

OCEAN RIDGE
4BR/3.5BA home features brand new kitchen, baths, and flooring. Mature tropical landscaping and a 42’ heated pool plus spa complete the outdoor space. $1,395K

DELRAY BEACH
Great income property located in east Delray. Apartment building close to beach and east of US1. Features four 2BR, 2BA units with new baths, updated kitchens, screened patios, covered parking, and more. $749K

DELRAY BEACH
Classic 2BR/2BA only half block to Atlantic Avenue’s fantastic restaurants and shopping. Enjoy all Delray Beach has to offer. The perfect getaway. $599K

DELRAY BEACH
4BR/3BA home features brand new kitchen, baths, and flooring. Mature tropical landscaping and a 42’ heated pool plus spa complete the outdoor space. $1,395K

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The COASTAL STAR
August 2014
As a lifelong artist, Janis Cooper knows how color can lift one’s spirits. That’s why she and the other members of the artists guild at Harbour’s Edge continuing care retirement community created healing artwork for the campus’s 11,703-square-foot health center.

The health center’s $6 million renovation, which included painting the walls soothing colors, expanding the dining room and adding a new kitchen in the 54-bed unit drew rave reviews, but Cooper felt something was missing. “It needed more art,” explains Cooper, a former commercial artist and designer who moved to Harbour’s Edge in coastal Delray Beach five years ago.

See PAINTINGS on page H4

ABOVE: Artists guild member Janis Cooper, her painting on the wall, sits with Barbara Green, who was undergoing therapy at Harbour’s Edge in Delray Beach. Tim Stepian/The Coastal Star
SENSEATIONAL VALUE IN GULF STREAM
Gulf Stream. This 8,900 SF Bermuda-style 3-story home was uniquely designed for entertaining and comfort. From the moment you enter through the gorgeous, 9’ solid wood front doors, you’ll be impressed with the expansive views overlooking the Little Club Golf Course. Too many extras to mention including 6-car parking garage, marble and hard wood floors, gourmet kitchen, wine room, media room, hurricane impact windows and doors, elevator, detached servant’s quarters, etc. Priced for immediate sale $2.995M. WEB # 3299789
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1031 EXCHANGES: A HIDDEN OPPORTUNITY IN PLAIN SIGHT

If you're like most property owners, you either don't know about 1031 exchanges or have the wrong ideas about them. Imagine you thought you had the right idea about them and you did not. This a real problem with many investors and their teams. It gets worse. If you don't know enough or have the wrong ideas about a 1031 exchange, you are probably missing the Hidden Opportunities in plain sight. The simple fact is this: if you don't do them often, you probably should consult a professional who does. Even better, hire an Intermediary that provides education to you and your investment team.

In this article, we'll take a look at: The Concept, How do you Qualify, & How do you find the Hidden Opportunities

1. What is Concept?

Here's a simple way of thinking about the 1031 exchange. It's like playing Monopoly® for real. It's not about getting out of your taxes! Think about the goal of the Monopoly®...to build wealth by adding more properties that produce more income. For example, if you take your 4 "Green Houses" you own on "New York Avenue" and "exchange" them for the "Red Hotel" you will increase your income in the game from a low of $56 to a high of $1,000 every time someone lands on your property. Now imagine you do that with real property!!

In the real world, you would have to sell each of your 4 houses and pay taxes on the profit of each sale before you could combine the money to buy the larger property. This is known as Capital Gains taxes. There are also other taxes like Depreciation Recapture as well. The issue is that the taxes would reduce the amount of money you have to buy the larger property, thus reducing the amount if income you can make.

The 1031 Exchange is a section of the Internal Revenue Code (IRC). It allows you to indefinitely defer your taxes on the capital gains (or "profit") of the real estate sale, by "exchanging" qualified properties for others of the same value and investment or business usage. In the Monopoly® analogy, the 4 houses combined are of equal value to the hotel and all are used for investment (collecting rent).

2. How do You Qualify?

You qualify to take advantage of this if you are a U.S. Taxpayer. Foreign Nationals may qualify if they take certain steps well in advance. They should contact their tax advisor for details. If needed, we can recommend several for you. Any of your real estate properties qualify if you use them for business or investment. If you are "flipping" properties or using them personally beyond the requirements for investment you have to pay your taxes from the sale as they are not qualified for a 1031 Exchange.

3. How do You Find The Hidden Opportunities?

It’s simple. Take a look at your portfolio. Ask yourself some of the following questions:

a. Are your real estate holdings performing to your standards?
   b. Do you want to get more return out of them?
   c. Would you like to move them to different areas, types, sizes?
   d. Would you like to diversify or consolidate?
   e. Do you want to use leverage to increase the income of your assets?
   f. Do you own land and would like to exchange it for something that produces a monthly income?

These are just some suggestions to get the conversation going. The 1031 Exchange can allow you to make changes to your real estate investment portfolio while helping to preserve the equity you’ve built up.

See you in September,

Steven Presson is a Luxury Residential Realtor specializing in intracoastal to oceanfront properties from East Delray Beach to Palm Beach. Steven can be reached at 561.843.6057 or by email steven.presson@corcoran.com.
PAINTINGS
Continued from page H1

But, she emphasizes, it had to be a certain type of art — the kind that helps heal. So the guild members got out their brushes and created 13 paintings, then donated them to spruce up patient rooms and hallways.

“We were passionate about it. We wanted to adhere to the protocols that help people heal. We wanted to use themes that look into the future and were optimistic so it would be a sign of a future and hope for them,” says Cooper, a graduate of New England School of Art in Boston and chairwoman of the guild.

The result: colorful, soothing, inspiring artwork depicting sunsets, archways, meandering rivers, people rowing into the distance and meandering rivers, people depicting sunsets, archways, so soothing, inspiring artwork.

The guild has agreed to create and donate even more artwork (after all, there are a lot of walls at the health center). “We have some very large walls and these pictures really warm up the area.”

That’s the impact it had on Barbara Green, who is recovering from a fractured leg at the health center. “It makes it feel homey and brightens up the area.”

As anyone who has ever been a patient — or even a visitor — in a hospital knows, it can be a dreary, depressing, stressful experience. Thankfully, stark white walls and white-starched uniforms that were the trademark of hospitals have gone by the wayside, says Cooper, lauding the soothing yellow/gold colors at Harbour’s Edge Health Center’s skilled nursing facility, which offers rehabilitation and short and long-term care to its residents as well as others in the community.

The call for color in hospitals has a huge following. The Foundation for Photo Art in Hospitals Inc.’s mission is “to place large, framed photographs of nature and beautiful places around the world in hospitals to give comfort and hope to patients and their families, visitors and caregivers.”

The nonprofit organization, based in St. Louis and Florence, Italy, has donated artwork to more than 200 health care facilities on six continents since it was established in 2002. And here’s why: According the group’s website, healingbotoart.org, “Scientific evidence is clear and convincing. Viewing nature scenes plays a key role in creating a healing environment which can improve patient outcome.” And research suggests that the right kind of artwork can “reduce stress and anxiety, lower blood pressure, reduce the need for pain medication, increase patients’ trust and confidence and be a positive distraction for patients, visitors, and staff.”

Indeed. The American Journal of Public Health notes a study showing “surgery or critical care patients who participated in guided imagery or had a picture of a landscape on their wall had a decreased need of narcotic pain medication relative to their counterparts and left the hospital earlier.”

The ladies at the guild — who meet weekly at their waterfront studio at Harbour’s Edge — are ready, able and willing to do their part to help further this healing process. One of them is Caroline Miletta, who has been with the guild since Cooper created it five years ago. “I love painting seascapes and landscapes, so this was perfect for me. I wanted to create something peaceful to help them take their minds off where they are,” says Miletta, who is in the studio at least twice a week.

For the artists, painting is just as therapeutic. The studio, which used to be a filled-to-the-brim storage unit until Cooper transformed it — is open for artists’ use at all times. After all, inspiration can strike at any moment. And that’s a very healthy thing.

Linda Haase is a freelance writer on a quest to learn — and share — all she can about how to get and stay healthy. You can reach her at lindawrites76@gmail.com.
Note: Events are current as of 7/25. Please check with organizers for any changes.

**AUGUST 2**

Saturday - R-2 - Saturdays @ Sambora: Yoga Class at Sambora Square, 7215 Federal Hwy., Boca Raton. Saturdays. Registration: 8:45 am; class: 9 am. Free. 933-7400.

Saturday - R-2 - Saturday @ Pickleball at the Lake Pointe, 1901 N. Seacrest Blvd. Adults of all ages enjoy this fast-paced and exciting sport which combines badminton and tennis. 9-10:30 am. Free. 477-8727.

Saturday - R-2 - Yoga Class at the Boynton Beach Civic Center, 128 E. Ocean Ave. All ages and levels. 6-7:15 pm. Free starts at 5/30/14. 457-3800.

Saturday - R-2 - Taoist Healing Exercise - Saturdays at the Boynton Beach Civic Center. Free. 347-3950.

Saturday - R-2 - Men's Issues Support Group at Boca Raton Community Center, 22455 Boca Rio Road, Boca Raton. Meets every Tuesday at the Faulk Center for Counseling, 22455 Boca Ria Road, Boca Raton. Two times: 10-11:30 am at 7-8:30 pm. First session free, $3 thereafter. 483-3400.

Saturday - R-2 - Yoga at the Highland Beach Library, 3615 S. Ocean Blvd. Program helps you stay fit. Bring yoga mat. T & Th, 10:15 am. $10. 276-5450.

Saturday - R-2 - Breastfeeding Support Group at Boca Raton Regional Hospital, 800 Meadows Drive. Tuesdays, noon-1:30 pm. First and third Tues. 955-5415.

Saturday - R-2 - Joys In Self/Defence Class at the Boca Raton Community Center, 22455 Boca Raton Road. Give yourself or your child ages 10-15 the gift of inner strength, courage, concentration, and determination. Beginner to advanced. Monday-Thursday, 6-7:30 pm. $50, $62.50/non-residents. 703-7807.

Sunday - R-4 - Meditation Monday at the Highland Beach Library, 3615 S. Ocean Blvd. Meditation to enhance overall health and well being. 7 pm. Free. 276-5455.

Tuesday - R-5 - Get Fit Mom's Boot Camp at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. Workout incorporates cardio exercises, strength training, running drills, body weight resistance training, agility drills and core strengthening. Perfect for new moms looking to get back in shape as well as moms who are looking to stay active and fit during their pregnancy. Modifications are given to accommodate all levels of fitness. T & Th, 9-10:20 am. 1 class: $30/residents, $35/$40 non-residents; 4 classes: $136/residents, $147.50/non-residents; $50/residents, $56.25/non-residents; 8 classes: $66/residents, $75/$82.50 non-residents; 16 classes: $118/residents, $147.50/non-residents; $64/residents, $70.50/non-residents.

Tuesday - R-5 - Yoga Class - Super Stretch at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. All levels, focusing on muscle strength. All ages. Wednesdays. 1-2 pm. $5/residents, $6/non-residents.

Tuesday - R-5 - Karate/Martial Arts Classes at Pompano Park, 1101 NW 2nd St., Delray Beach. Learn Karate along with a blend of other combat martial arts. Ages 9 to adult. T & Th, 6-7 pm. $50/residents, $62.50/non-residents plus a once a month $2.50 uniform fee. 243-7456.

Tuesday - R-5 - Boot Camp in Your Neighborhood at Hester Center, 1901 N. Seacrest Blvd., Boynton Beach. Military style exercises, stretching, running, sprints, lunges, push-ups, abdominal work and group fitness for all fitness levels. T, W, Th, F, 6:30-7:15 pm. At the door: 742-6450.

Wednesday - R-6 - Yoga for ages 18 and up at Veterans Park, 802 NE First St., Delray Beach. Wednesdays. 9-10:30 am. Per class: $55/residents, $60/$75 non-residents. 243-7456.

Wednesday - R-6 - Therapy for Therapists by Loren Berry, MA - Presented as part of the First Wednesdays mental health lecture series at the Faulk Center for Counseling, 22455 Boca Ria Road, Boca Raton. 11 am. Fee: 483-5000.

Wednesday - R-6 - Belly Dancing at Veterans Park, 802 NE 1st St. Delray Beach. A fun, safe, low-impact dancer class for ages 16 and up. Wednesdays. 1-2 pm. $55/residents, $60/non-residents per class. 243-7456.

Wednesday - R-6 - Parkinson’s Exercise Class at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. Designed for people with Parkinson’s with exercises that work to improve one’s balance, flexibility and muscle strength. All ages. Mondays, 11:30 am-12:30 pm. Per class: $50/residents, $60/non-residents. 243-7456.

Saturday - R-2 - Men's Issues Support Group meets every Monday at the Faulk Center for Counseling, 22455 Boca Ria Road, Boca Raton. Two times: 10-11:30 am at 7-8:30 pm. First session free, $3 thereafter. 483-3400.

Thursday - R-7 - Yoga Class at the Boca Raton Community Center, 150 Crawford Blvd. Thursdays. 6:00 pm. 3 sessions: $65/residents, $85.25/non-residents, 10 classes: $110/residents, $137.50/non-residents; 20 classes: $200/residents, $250/non-residents. 477-8727.

Thursday - R-7 - Surgical Weight Reduction Symposium - Presented by Miguel A. Lopez-Vergos, M.D., at Bethesda Hospital. East, 2101 S. Seacrest Blvd., Boynton Beach. Learn how laparoscopic gastric bypass and Lap-Band surgery can change lives. Held the first Thursday of each month. 6-8 pm. Free. 717-7733 ext. 84688.

Friday - R-7 - Sip & Shop at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Buam more calories burning than if you were running. Bring a yoga mat or towel and wear comfortable clothing and athletic shoes. Thursday through 9/15. For ages 16-44. 6-7 pm. Per session: $18/residents; $22.50/non-resident. Full eight-week session: $132/residents, $165/non-residents. 347-3900.

Friday - R-8 - Zumba Gold Fitness Class for ages 55 & up at Veterans Park, 802 NE 1st St., Delray Beach. Fitness program designed to enhance the quality of life through movement and music. Wednesdays. 2:30-3:30 pm. Per class: $54/residents, $60/non-residents. 243-7456.

Friday - R-8 - Divorced and Separated Support Group meets every Wednesday at the Faulk Center for Counseling, 22455 Boca Ria Road, Boca Raton. 6-7:30 am. First session free. 555-4960.

Friday - R-8 - Tai Chi Class - Wednesdays at the Boca Raton Community Center, 150 Crawford Blvd. Emphasizes moving with control, correctness, release of stress and attention skills. Two sessions: beginners, 10-11:30 pm; intermediate, 7-8:30 pm. 4 classes: $84/residents, $90/non-residents; 12 classes: $166/residents, $182/non-residents. 393-7807.


**AUGUST 3-12**

Monday - R-4 - Jazzercise/Body Sculpting at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. 50-minute muscle toning workout that finishes a combination of weight training and stretch. M & W, 8:45-9:35 am. First class free. 8 classes: $55/residents, $60/non-residents. 945-913-3659.

Monday - R-4 - Jazzercise/Light at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. 50-minute class pairs moderate aerobics with exercises designed to improve strength, balance, and flexibility. M & W 9:40-10:30 am. First class free. 8 classes: $55/residents, $60/non-residents. 945-913-3659 or www.sugarsandpark.org.

Monday - R-4 - Tai Chi for Beginners at Veterans Park, 802 NE First St., Delray Beach. Learn natural ways to relieve tension and stress. Beginners and certified instructors. Mondays. 11 am. Per class: $35/residents, $30/non-residents. 483-3400.

Monday - R-4 - Parkinson’s Exercise Class at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. Designed for people with Parkinson’s with exercises that work to improve one’s balance, flexibility and muscle strength. All ages. Mondays, 11:30 am-12:30 pm. Per class: $50/residents, $60/non-residents. 243-7456.

Monday - R-3 - Men’s Issues Support Group meets every Monday at the Faulk Center for Counseling, 22455 Boca Ria Road, Boca Raton. 6:30-8:30 pm. First session free, $5 thereafter. 483-5300.

Health and Hygiene Calendar

When It Mattered Most, Said, “Take Me to Delray Medical Center”

“If your doctor and your health are your primary concerns, than your hospital should be, too. From the time you enter Delray Medical Center, it stands out from other area hospitals. When my wife was a patient here, the level of care and service she received was just outstanding. Everyone works here put us at ease and made us feel like family.” - Ira
Late Nights are for browsing, learning, creating...

By Lucy Lazarony

Sip a complimentary glass of wine, take in the art, people watch, grab a sketchpad and create your own version of an inspiring museum piece.

Welcome to Late Night Thursday at the Boca Raton Museum of Art.

With free admission, later hours, invitations to create with drawing boards (paper and pencils provided), plus assistance from volunteer artists and teachers, it makes for a fun night for artists and art lovers alike.

"It makes the art so much more accessible when you take a number of barriers away," says Irvin Lippman, the new executive director of the Boca Raton Museum of Art. "Plus, you promise a good time. It's a winning combination."

More than 500 people came to the first Late Night Thursday in June. And Lippman says there are plans for many more.

"It's great to be here with a lot of people to feel the energy," Lippman says. "It's very exciting."

Upcoming Late Night Thursday events are scheduled for Aug. 28 and Sept. 18. Late Night Thursday begins at 5:30 p.m. and runs through 8 p.m., with sketching at the museum kicking off at 6.

In August, Late Night guests will have their first look at the 63rd Annual All Florida Juried Competition and Exhibition. And there will be a "blowout" sale in the museum gift shop in to make way for a redesign and all new merchandise.

Sketching at the museum invites artists of all ages to create their own version of a museum masterpiece with feedback and drawing demonstrations by volunteer artists and teachers.

"Copy it, draw it and be inspired by it," Lippman says. The free sketching events are also an opportunity for museum guests to learn about classes at The Art School, which is located nearby at 801 W. Palmetto Park Road.

"If they are interested in developing the talent they have they should go to Palmetto (Park) Road," Lippman says of inspired Late Night guests. "There's something for everybody there."

Morning, afternoon and evening classes are available in ceramics, drawing, jewelry, painting, printmaking and sculpture for adults, teens and youths.

"It's a great way to release that inner creativity that everyone has," Lippman says. Classes for the fall term begin Sept. 8. There is an open house for adult art classes at The Art School from 1 to 4 p.m. Aug. 23.
New Location in Manalapan

Lang Realty is pleased to announce the opening of its Manalapan office.
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In the golf world, longer is always better, whether it’s a new driver technology that’s touted to give a player 20 extra yards off the tee or a golf course that’s adding length to combat the aforementioned technology.

Count The Seagate Country Club at the Hamlet in Delray Beach among those golf courses going long. The club, part of The Seagate Resort & Spa on East Atlantic Avenue in Delray Beach, is lengthening the course by approximately 300 yards, primarily by adding back tee boxes to seven holes.

The new Seagate “Black” tees will lengthen the course to nearly 7,100 yards versus the nearly 6,780 yards currently on its scorecard.

The most significant change will be on the course’s par-five, ninth. The new back tee will lengthen the course from 530 yards to more than 600 yards — a rare length for a South Florida course.

“It was one of the more difficult courses in Florida (for qualifying) and showed that the course is a good test of golf,” Panks said.

Being the host course for a U.S. Open qualifying round was a good step in Panks’ efforts to attract better players and more members to the club; lengthening the course is a solid step in those efforts. A third step that should bring the club considerable attention is the Walgreen’s Charity Championship, which The Seagate Country Club will host Nov. 6-9.

“Tournaments are part of the LPGA Legends tour that features past LPGA stars. ‘We’re trying to get some other tournaments secured, too,’ Panks said.

The club earlier this year unveiled a new initiative that opened the club to public memberships with three options: country club, resort and associate.

The Seagate Resort & Spa also is offering “stay and play” packages for its guests.

“We’ve been getting some resort play and some new members lately,” Panks said. “And we’ve been getting a lot of people coming out and looking at the product and raving about it. The course is in as good a shape as I’ve seen it in 17 years, so we’ve got everything going for us. The energy is out there and people are interested. Now it’s just a matter of getting them joined.

“We’ve got to bring in more core members who are good players — people in their 40s who can energize the club. Once we have them, other people will know there are some good games going on here and that will attract other members.”

Royal Palm Yacht & Country Club re-grasses

Seagate Country Club isn’t the only club undergoing summer changes to prepare for fall play. The Royal Palm Yacht & Country Club in Boca Raton is in the midst of a re-grassing project that will put Tiff Eagle grass on its greens and Celebration Bermuda on the fairways and in the rough.

The course has been closed since May and, according to head professional Andy McMechan, will re-open Nov. 15.

The project is being done with consultation from Jack Nicklaus’ Nicklaus Design team. In 2002, Nicklaus re-designed the course that was originally designed by Robert Trent Jones in 1959. Nicklaus, who lives in North Palm Beach, visited the club last year for initial consultation for this project.

In addition to the re-grassing, McMechan said minor changes are being made to 12 of the course’s 18 holes.

“We haven’t made any routing changes,” McMechan said. “But we’re doing work on some bunkers — adding some and taking some out — and rebuilding the green to their original specifications.”

The 17th hole at Seagate Country Club at the Hamlet is considered one of the best holes at the club, which is lengthening its course to nearly 7,100 yards. Photo provided
Waste Management is proud to be North America’s recycling leader and to bring its leadership in sustainability to the residents and businesses of Delray Beach.

400 tons: The curbside residential recycling we safely pick up as your waste and recycling collection provider each month.

200 tons: The recyclable materials from local businesses we collect each month.

125: The number of solar-powered trash compactors, valued at $600,000, we provided to the City for its beaches and parks. The units, which have five times the capacity of traditional trash receptacles, were deployed as part of an eight-year agreement with Waste Management at competitive rates and approved by the Delray Beach City Commission in September of 2012.

15 million: Tons of material Waste Management recycled last year as the country’s largest residential recycler, enough to fill the Empire State Building 21 times.

123 million: Trees saved by Waste Management in 2013 by its nationwide recycling of nearly 9 million tons of paper including cardboard.

Waste Management has been pleased to keep the city clean as the trusted sustainability partner with the City of Delray Beach for many years.
Summer’s heat can stress pets several ways

In Palm Beach County, August typically marks the month where hot merits capital letters in importance — and annoyance.

Anyone — including our pets — can become overheated and suffer from heat stroke in a matter of minutes. Unattended, pets can go into cardiac arrest and die.

Take the case of a 5-year-old French bulldog who was visiting Boynton Beach from Naples last summer. During the drive across the state, the owner glanced in his rearview mirror and discovered that his beloved dog was not moving. He steered his car directly into the parking lot at the Colonial Animal Hospital in Boynton Beach for emergency medical help. “When this dog entered our clinic, he had a 107-degree fever (100.5 to 102.5 is the range for a healthy dog) and was suffering from shock and severe heatstroke,” recalls Rob Martin, DVM, veterinarian and owner of this clinic and the Colonial Gateway Veterinary Center, also in Boynton Beach. “Most people know about not leaving a dog inside a closed car in a parking lot — even with the windows cracked — but this was a case of a dog overheating in a moving car with the windows down in the heat of the summer. This was not an uncaring or neglectful owner, but it demonstrates just how quickly a pet can overheat.”

Fortunately, this French bulldog survived. He underwent intensive, lifesaving care at Martin’s clinic. He was cooled down upon arrival and received intravenous fluids to combat the shock and heatstroke he suffered during the car ride. He was rehydrated and his electrolyte imbalance was corrected. The next day, he was reunited with his owner. Sadly, veterinarians throughout Palm Beach County expect to be treating far too many dogs, cats and other pets for heat-related conditions this month.

Most dogs in South Florida live indoors and are used to living in environments between 72 and 74 degrees, notes Martin. “They have no heat tolerance and they definitely should never be left in a parked car, even for a few minutes while their owner stops in a store to run a quick errand.”

Martin, whose family shares their home with five dogs and three cats, shares this advice for protecting your dog during walks this summer. “Do the palm test first,” he says. “If you place your palm on the pavement and it is too hot for you, it is too hot for your dog’s paws. Our dogs are more used to walking on carpet in air-conditioned townhouses and should not be taken for a 2-mile walk on pavement during the heat of the day. They can lose tissue off the bottom of their feet and the paw pad surface can die and then would need to be treated as an open wound.”

So, time your walks in the early morning and after the sun sets in the evening. And always bring water and a collapsible small bowl for your dog to stay hydrated during the walk. And, seek immediate veterinary care if your pet displays any or all of these signs of heat exhaustion:

• Bright red gums
• Excessive salivation
• Dilated pupils with a panic look on the face
• Excessive panting and difficulty breathing
• Collapsing or convulsing
• Vomiting and diarrhea “Dogs and cats cool themselves through breathing (panting) and they only sweat through their feet,” explains Martin. “They can get sick in a real hurry from heat exposure. And indoor cats who like to nap in sunny spots indoors can have problems with corneal lesions in our latitude.”

If your dog or cat shows signs of being overheated, do not jolt their systems by putting them in icy water. Instead, place their paws in cool water and wrap their bodies in wet cool towels en-route to a veterinary clinic.

“If you try to cool them too quickly with ice, you can cause shock,” warns Dr. Martin. Final advice: Do not give your thick-coated dogs a buzz haircut.

I share my home with Chipper, a husky-golden retriever mix who sheds a lot. But I realize that her coat is designed to keep her cool in the summer and warm in the winter. Shaving her coat puts her at risk for sunburn and heat exhaustion because she cannot regulate her body temperature as well. If you have a dog or cat with a thick coat, have a professional pet groomer trim and leave about an inch of hair. At home, keep your pet cool in the summer by stepping up your brushing and combing sessions.
By Ron Hayes

In her 2009 memoir, *Minor League Mom*, Pamela Carey shared the humor she found among the home runs and foul balls after her sons, Tim and Todd, joined a Boston Red Sox farm team back in the 1990s.

Now she’s back with a humorous look at the other end of life’s game. In *Elderly Parents With All Their Marbles: A Survival Guide for the Kids*, Carey offers 49 “essential points” for the adult children of aging parents. And again she finds the humor amid the heartbreak.

“Carey’s book concludes with an extensive appendix of ‘Useful Definitions, Notes, Websites and Phone Numbers,’ from AARP to Veterans Affairs. ‘I’ve read that there will be a 48 percent increase in the need for caregivers in the next 10 years,’ she said, ‘but only a 1 percent increase in the supply, so the topic is extremely relevant right now.’ For her part, Carey is moving on to a lighter and livelier subject. ‘My next book,’ she said, ‘will be about women’s tennis teams and the stress of competing if you’re 55 or older and someone comes out in her 20s in a sports bra and wants to get the match over as soon as possible to go home and get the kids.’“

Pam Carey’s books are available at amazon.com and barnesandnoble.com. Her blog can be found at minorleaguemom.blogspot.com.
Mark Gerretson, who loved to fish, started the Holiday Toy Drive Fishing Tournament in 1994 to benefit the Delray Beach Police Department’s annual drive. After his death in 2005, friends named the fishing tournament for Gerretson. Contributed by Pat Gerretson

Mark Gerretson loved to fish, and he enjoyed raising money to help kids in Delray Beach.

As president of the Delray Beach Jaycees, Gerretson founded the annual Holiday Toy Drive Fishing Tournament in 1994 to benefit the Delray Beach Police Department’s holiday toy drive.

The tournament grew over the years and continued to raise money for a variety of charitable causes in Delray Beach, including the 505 Teen Center, the Boys & Girls Club and scholarships for Atlantic High School students.

The 20th anniversary of Gerretson’s fishing tournament will be Aug. 9, and will be based at Veterans Park on the Intracoastal Waterway at Atlantic Avenue.

Gerretson, a self-employed tile setter, died in 2005 from a heart condition.

His idea for an annual fundraising fishing tournament — now called the Mark Gerretson Memorial Fishing Tournament — lives on through the dedication of a group of Mark’s friends and family members who serve on the tournament committee.

“We really have tried to stay true to Mark’s vision for helping the community,” said his brother, Jim Gerretson, who will travel from Maryland to grill food this year at the annual Mark in the Park party near the weigh-in scales at Veterans Park.

“We always feel he’s watching over us,” said Mark’s friend Chris Reich, owner of the Delray Camera Shop and member of the tournament committee. “It was his tournament. We feel his presence.”

Committee member Tim Knapp, owner of the Printer’s Choice print shop, plans to fish the tournament again this year. He knows the competition will be tough, recalling the 2012 tournament when his 48-pound wahoo was beaten by two heavier fish.

Attending the kickoff party the night before the Gerretson tournament and Mark in the Park cookout at Veterans Park has become an annual tradition for many, tournament committee member Carol Eaton said.

“We’ve had people coming to that weigh-in for 20 years,” Eaton said.

Tournament teams will be fishing for kingfish, dolphin, wahoo and a mystery fish.

The mystery fish will be selected during the captains meeting and kickoff party, set for 6-8 p.m. Aug. 8, at the Delray Beach Elks Lodge, 265 NE Fourth Ave.

On tournament day (Aug. 9), the scales will be open from 10 a.m. until 4 p.m. at Veterans Park.

The entry fee is $220 per boat. To enter this year’s 20th anniversary tournament, attend the captains meeting or complete an application and drop off the entry fee at one of four locations before Aug. 8.

The drop-off locations for tournament entries are:

- Boynton Fisherman’s Supply, 618 N. Federal Highway
- Delray Beach Elks Lodge, 265 NE Fourth Ave.
- Delray Camera Shop, 186 NE Second Ave.
- Ray’s Offshore Fishing Tackle, 1940 NE Second Ave., Boca Raton.

For tournament info, call Noel Bourque at 927-8092 or visit www.mgmnf.net.

FLOTSAM

- Ron Smith caught a 1975-pound mutton snapper May 24 while fishing on the Living in Island Time drift boat, based at the Palm Beach Yacht Center in Hypoluxo. Smith’s chubey mutton snapper hit a dead sardine in 130 feet of water off the south end of Boynton Beach. Although his fish was very large, it’s still more than 10 pounds shy of the 30.25-pound all-tackle world record mutton snapper caught in the Dry Tortugas in 1998.

- The regular spiny lobster season opens Aug. 6 and continues through March 31. The daily bag limit is six lobsters per person. To be legal, a lobster’s carapace, or head section, must measure more than 3 inches. Lobster must be measured under water and brought ashore whole. No egg-bearing lobster may be taken. Don’t forget to display red-and-white dive flags on the boat and float-mounted dive flags may be used to signal snorkelers in the water. For details, go to www.myfwc.com/fishing/saltwater/recreational/lobster.

- Palm Beach County’s annual Lionfish Derby, a roundup of the invasive Pacific fish, will be held Aug. 16 at Sailfish Marina on Singer Island. It begins with a mandatory captains meeting on the evening of Aug. 15 at Sailfish Marina. The $150 entry fee includes two banquet tickets and gloves used to handle lionfish, which have venomous spines. For details, go to www.roof.org.

TIP OF THE MOUTH: Troll the ocean in the early morning for wahoo. The days around the full moons of August and September are among the best times of year to catch wahoo. The striped ocean speedsters can reach over 100 pounds and have been known to go for leaders and straighten hooks.

Start by heading to a tackle shop to make sure you’ve got gear sturdy enough to handle wahoo — or fish with someone who targets wahoo regularly. Try trolling with artificial lures, rigged mullet, large ballyhoos or bonito strips behind a lure in 120 to 300 feet. Troll over structure such as natural and artificial reefs.

The best bite tends to be early in the morning. Fish around inlets on the outgoing tide, if possible.

Wahoo also hit live bait such as goggle-eyes and blue runners. Try slow-trolling live bait below the surface on a downrigger or let the bait fish run free while drifting.

There’s no size limit on wahoo, but sporting anglers release the small “wee-hoo.”

Daily bag limit: two wahoo per person. Beware the wahoo’s sharp teeth. Handle them with a gaff, and move them directly into a cooler.

Willie Howard is a freelance writer and licensed boat captain. Reach him at twilow@bellsouth.net.

Outdoors Calendar

Note: Events are current as of 7/25. Please check with organizers for any changes.

AUGUST 2
Saturday - 8/2 - Boardwalk Tour at Green Cay Nature Center, 12800 N. Hagen Ranch Road, Boynton Beach. Join a docent for a guided tour of Green Cay’s wetlands. For ages 8 and older. Held every Wed. 3 pm and Sat. 10-11 am. Free. 966-7000 or www.pbcgov.com.

AUGUST 3-9
Tuesday - 8/5 - Seining the Lagoon at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Explore the grasses and flats of the Intracoastal Waterway behind Gumbo Limbo. Hand-held dip nets and large sea sponges allow participants to catch and release a variety of fish, shrimp, crab and marine life. Wear long sleeves and shoes. $8/non-members. Reservations and pre-payment required: 544-8615 or www.gumbolimbo.org.

AUGUST 24-30
Tuesday - 8/26 - Boynton Beach Fishing Club monthly meeting at the 4th Tuesday of the month at Hary L. Oyer, Jr. Park, 2010 N. Federal Hwy., Boynton Beach. Join other fishermen to discuss hot topics and learn new tricks of the trade. 7-9 pm. Free. 966-5638 or www.boyntonbeach.org.


AUGUST 31 - SEPTEMBER 6
Saturday - 9/6 - Sand Sifters Beach Cleanup at Oceanfront Park, 6411 N. Ocean Blvd., just north of Ocean Avenue in Ocean Ridge. Meet at the pavilion in the lower parking lot. 9-10 am. Free. Contact Jeff at jefflev02@gmail.com.
Florida surfers needed someone to chronicle the origins of their relatively young sport and assemble a collection of vintage surfing photographs from the Sunshine State.

Lifelong surfer Paul Aho, an Ocean Ridge native who now serves as dean of an art school in Kentucky, has filled the void with the May publication of *Surfing Florida: A Photographic History* ($31.95, University Press of Florida).

Aho grew up a short walk from the ocean waves on Tropical Drive, where his parents owned Henri’s Motel. He caught the surfing bug in 1965 just as the advent of light fiberglass boards was popularizing the sport.

Not long after Aho started surfing, though, officials in the oceanfront towns of Ocean Ridge and Palm Beach sought to ban wave riding at their beaches.

Now dean of the Paducah School of Art and Design in Kentucky, the author was among a group of teenagers who gathered signatures on a petition to defeat Ocean Ridge’s proposed surfing ban.

The town of Palm Beach’s 1964 surfing ban was not so easily defeated. It was overturned by the Florida Supreme Court four years after the town began enforcing it.

Area surfers sold “I Gave to Save Surfing” bumper stickers for $1 to raise money for the legal fight.

Aho’s 264-page book started as a traveling exhibit that opened in 2012 at Florida Atlantic University.

Aho said people laughed when he applied for a Florida Humanities Council grant to produce a surfing history exhibit, but he eventually won the grant.

In addition to showcasing the stars and pioneers of Florida surfing, *Surfing Florida* demonstrates that Florida’s wave riders held their own in the water and created their own surf culture — complete with music, films and contests — as the sport evolved on the more famous beaches of California, where the waves are generally taller.

“It’s a fallacy to think we don’t get good surf in Florida,” Aho said. “We certainly do.”

The first documented account of surfing in Florida dates back to 1909, when Daytona Beach bicycle shop owner Eugene Johnson read an article about surfing in Hawaii and decided to try his hand riding waves.

Florida wave riding became more popular in the 1930s. A photo in the book shows men standing on a beach holding gigantic surfboards — the first Florida Surfing Championships, held in 1938 at Daytona Beach.

Chapters of *Surfing Florida* are devoted to different regions of the state. The Palm Beach County and Treasure Coast chapter includes photos of surfers enjoying the waves created by the grounding of the 441-foot Greek freighter Amaryllis, which washed ashore at Singer Island in a 1965 hurricane and stayed there for three years.

*Surfing Florida* also pays tribute to Florida’s early surfing photographers and many of the state’s first shapers of fiberglass surfboards. Pioneer board shapers included Ron Heavyside, who learned his trade as a teenager building Caribbean Surfboards at a bicycle shop in Delray Beach.

Heavyside also built surfboards in Hawaii before founding the Nomad Surf Shop on North Ocean Boulevard in 1968. Heavyside still designs surfboards at the landmark surf shop, where he works with sons Ryan and Ronnie, both of whom are avid surfers.

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**NEW LISTING**

**Portofino - Ocean Ridge** $1,395,000

Rarely available 3 BR, 2 ½ BA first floor condominium with private elevator, 2 car garage and large covered porch offering ocean views. 2,700+ sq. ft. under air. Marble floors and beautiful custom appointments. Sue Tauriello, 561-441-4200

**Beach Area Duplex - $1,250,000**

Ideally situated 2 blocks to Atlantic Avenue and 2 blocks to the beach, this 2 BR, 1 BA duplex may be converted to a single family home, per city approval. Each unit has an open floor plan with 1200 sq. ft. of living area. Vince Wooten, 561-809-8277

**PRICE REDUCTION**

**Grande Orchid Estates - $899,000**

Impeccably maintained 5 BR, plus den, 4 ½ BA pool home with a 3 car garage, 4,463 sq. ft. under air, 30’ ceilings, Brazilian hardwood and marble floors, all gas, gourmet kitchen. Non-equity membership community. Sandra Champagne, 561-414-6213

**NEW LISTING**

**Cannery Row - $749,000**

3 BR, 3 ½ BA tri-level townhome with a 2 car garage overlooking the pool. 2,699 sq. ft under air. Hurricane impact windows, ensuite bedrooms, great living space and pre-wired for an elevator. Tania Agran, 561-376-1010

**Lake Ida - $619,000**

Well maintained 4 BR, 2 BA with a 2 car garage and circular driveway situating on a deep 60’ x 187’ lot. Ceramic tile floors in the living areas and newer kitchen with wood cabinetry. 3 blocks to Atlantic Avenue. Cheran Marek, 561-670-8855

**PRICE REDUCTION**

**Delray Dunes Pool Home - $579,900**

Immaculate 4 BR, 3 BA two story home with loft and a 2 car garage. Open and spacious floor plan boasting an open great room under air, amazing outdoor space with pool, spa and pool. Club membership required. Boyd Schoeller, 561-702-5159

**Delray Dunes - $565,000**

Tastefully renovated 3 BR, plus den, 2 BA pool home with a side entry 2 car garage situated on a quiet cul-de-sac. Renovated kitchen and living areas with an updated kitchen, remodeled master bath and many upgrades. Erik Ring, 561-441-6680

**PRICE REDUCTION**

**Bexley Park - Delray Beach** $449,000

Built in 2005, this 4 BR, 3 ½ BA with a 2 car garage offers a huge bonus room above the garage. 3,500 sq. ft. under air. Upgrades abound with hardwood floors, beautiful kitchen with granite, plus a fenced yard with lake view. Cheran Marek, 561-670-8855

**Brand New Construction - Delray Beach**

3 BR, 2 ½ BA, 2 car garage two story townhomes in Tropic Isle. 1800 sq. ft. under air. Top of the line finishes and hardwood floors. Now accepting pre-construction reservations. Prices starting at $359,000. Michael Weiss, 561-573-7592

**NEW LISTING**

**East Wind Beach Club - From $280,000**

Very desirable location right across the street from the beach and one block to Atlantic Avenue. All units are 1/1 with a porch. Two first floor units and one second floor unit are currently available. Call me today!! Elizabeth Rurey, 561-302-1552

**NEW LISTING**

**Quail Run Lakefront - $185,000**

Well maintained 2 BR, 2 BA first floor coach home with a 1 car garage and screen enclosed porch with an exceptional view of the lake. Split bedrooms, central vacuum system, plus tile floors in the living areas. Linda Welch, 561-951-6433

**Woodlake - Delray Beach** $169,900

Fantastic 2 BR, 2 BA villa with a 1 car garage, situated on a quiet cul-de-sac with a fenced yard. This contemporary design features vaulted ceilings and lots of windows for abundant natural light. Michael Weiss, 561-573-7592

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**NEW LISTING**

**East Wind Beach Club**

**PRICE REDUCTION**

**Seagate Towers - $559,000**

Very desirable 2/2 center unit on the 7th floor offering 2 balconies with Intracoastal and Ocean views both north and south! Updated kitchen and baths, plus hurricane impact windows and sliding glass doors. Pat Callanan, 561-703-6918

**NEW LISTING**

**45 Ocean - Highland Beach** $295,000

Light & airy 2 BR, 2 BA northwest corner unit with 2 balconies. All new hurricane impact glass. Split bedroom plan, tastefully decorated, custom mirrors and ceramic tile floors in the dining room and kitchen. Sue Tauriello, 561-441-4200.
Each month, The Coastal Star features a house for sale in our community. The House of the Month is presented as a service to our advertisers and provides readers with a peek inside one of our very special houses.

LEFT: This estate home is sited on nearly 2 acres of meticulously manicured lawns.  
BELOW: The large living room has a fireplace and offers lots of space for entertaining. It opens onto a lanai.

High style, large space in Village of Golf

This Prairie School-style, two-story estate sits on 1.92 acres with 8,240 total square feet under roof. It has four bedrooms, five full and two half baths. The master suite includes large his/her’s walk-in closets and a sitting room with rounded casement windows plus a marble bath with Jacuzzi tub. Two second-floor bedroom suites with garden views and the first-floor study/bedroom with built-in bookcases and adjoining bath make this a perfect home for guests and family.

The floor plan is highlighted by an expansive entry foyer with gallery walls, living room with fireplace, library/music room with fireplace and wet bar; both of which open to a covered lanai offering spectacular views of the resort-style 55-foot lap pool, a lighted reflection pond with a fountain and a stunning pergola.

A grand guest wing/recreation room with impact glass French doors, brick floors, a full kitchen with gas grill and entertainment center combine for this truly one-of-a-kind residence.

The Village of Golf is just four miles from the Atlantic Ocean where generations have enjoyed the privacy and privilege of living in one of South Florida’s premier gated communities with verdant green spaces and homes situated on large lots affording elegance and grace.

Gated and secure, it is a place to call home where children are free to play, where the private golf club offers its members no tee times and where a lifetime of friendships flourishes.

Rated by Bloomberg as one of the top 10 wealthiest places to live in America, this sanctuary is a world-renowned community where serene beauty and peaceful surroundings are immediately felt upon entering the gates. Membership in club available via sponsorship. Certain deed restrictions may apply.

$2,395,000. Call Mary Windle, Broker Associate, Lang Realty. 561-271-5900, marybethwindle@gmail.com

ABOVE: Beyond the pool is a lighted reflection pond with a fountain and pergola.
LEFT: A morning room with rounded casement windows creates the perfect ambiance for entertaining.
Delray Beach to Palm Beach

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NEW LISTING

831 SEASAGE

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WATERFRONT IN DELRAY BEACH
Rare opportunity to own a premier waterfront residence. Beautiful 4BR/3.5BA pool home has 100 FT of waterfront with a boat lift. Only 1 lot off the Intracoastal waterway. $2,299,000

WATERFRONT TOWNHOME
Waterfront opportunity in gated, pet friendly community! Completely remodeled 3BR/2.5BA townhome with large deck over-looking water. Private dock for boats. Minutes to waterfront restaurants. $415,500

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What’s not to like about dragonflies?

’Skeeter-eating

AND

Showy

Here’s one reason to love dragonflies: They eat mosquitoes. Lots of them. One can eat hundreds in a day.

Dragonflies probably are not as popular as butterflies as a recreational pursuit, but their beauty and diversity are just as mind-boggling — from the cobalt-blue spangled skimmer to the brilliant scarlet skimmer, as red as a fire engine, and the hot pink roseate skimmer.

See DRAGONFLIES on page AT2
Dragonfly facts
- Large dragonflies such as hawksers have a maximum speed of 22–34 mph, with an average cruising speed of about 10 mph.
- There are more than 5,000 known species of dragonflies.
- Dragonflies were some of the first winged insects to evolve, some 300 million years ago. Fossil dragonflies have been found with wingspans of up to 2 feet.
- Scientists have tracked migratory dragonflies by attaching tiny transmitters to wings with a combination of eyelash adhesive and superglue. They found that green darners from New Jersey traveled an average of 7.5 miles per day.
- A dragonfly called the globe skinner has the longest migration of any insect — 11,000 miles back and forth across the Indian Ocean.

Drake L. Daniels, associate curator of Lepidoptera at the Florida Museum of Natural History at the University of Florida, said, “They’re showy and popular for viewing,” he said, adding that “They’re really good indicators of high-quality wetland environments, which usually mean a greater diversity of damselflies and dragonflies. They seem to be susceptible to those problems that damage wetlands such as degradation by herbicides and runoff from agricultural fields,” said Drake L. Daniels, associate curator of Lepidoptera at the Florida Museum of Natural History at the University of Florida. “Many dragonflies are declining because of declining wetlands,” he said.

He noticed increased interest in dragonfly watching. “They’re showy and popular for viewing,” he said, adding that it will take patience finding one that will pose long enough to snap a photo.

Big eyes and strong bodies
Dragonflies are fascinating creatures. The have six legs but can’t walk. They can perch and fly, and mate while flying. Their front pair of legs is shortest and the back longest. “The legs form a large net for capturing prey,” Daniels said.

Their bulging compound eyes are made up of many smaller lenses that greatly magnify the movement of their prey and make them excellent visual hunters. Their eyes take up nearly the entire head. A strong body supports a massive musculature that propels the large broad wings that are transparent or elaborately patterned. Wingspans range from 2 to 5 inches. Unmatched as fliers, dragonflies are studied by engineers who calculate how they hover like helicopters and propel themselves in six directions — upward, downward, forward, back, right and left. Damselflies and dragonflies are similar but their differences are easily distinguishable. “Damselflies are more dainty, and they hold their wings over their backs, unlike dragonflies that hold their wings straight out. Damselflies have vibrant colors, iridescent black and opaque colors. They tend to perch and are easy to watch.”

Slender Bluet Damselfly
Male dragonflies are generally more colorful. “There are shades of gray, blue, and red, and they may have bands of colors on wings,” he said. They live adjacent to aquatic environments and lay eggs in the water. The eggs hatch into naiads. When a naiad is ready to metamorphose into an adult, it climbs out of the water. The skin splits behind the head and the adult dragonfly crawls out of it larval skin. Its four wings come out, and they dry and harden over the next several hours to days. Lifespans range from a few weeks to a year.

Dragonflies are often seen over large blacktop parking lots, which experts think they mistake for open bodies of water.

Besides mosquitoes, they also eat flies, ants and wasps, and they themselves are preyed upon by birds, lizards, frogs, spiders and fish.

Coastal residents can’t plant flowers to attract dragonflies as they do to draw butterflies. But a steady supply of mosquitoes along with healthy wetlands will keep them coming. “We encourage people to watch them. They’re so unique and amazingly beautiful creatures,” Daniels said.

And there is only one way to protect them, and that’s protecting Florida’s wetlands, he said. 
Late Summer

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Soccer star has ‘day’ named for him in Boca

Of course, Dion DiMucci’s music has never been just for the mall shop gang. His edgy 1989 album, Yo Frankie, included camesos by Paul Simon, Lou Reed, Lang, Patty Smyth, Bryan Adams and Dave Edmunds. He is the only performer on the cruise to have earned a Grammy nomination in this century — for his 2006 collection of blues and country standards, Bronx in Blue. Tickets, at maltshopcruise.com, start at $1,875.

If basketball in Cleveland doesn’t work out, maybe LeBron James can come to Boca Raton, and pull a few spin moves in the kitchen. His latest off-court move is a stake in Blaze Fast-Fire’d Pizza, a California chain whose “pizzasmiths” spin pies in three minutes. The first South Florida store opens in Fort Lauderdale in September, followed by a Boca Raton operation just north of Fifth Avenue Shops in the fourth quarter, and Davie later. According to celebritynetworth.com, LeBron, despite no college education, is worth about $270 million. This year he earned $19 million from the Miami Heat and some $53 million from endorsements. To ease his tax burden, he invests. He reportedly owns 10 percent of Cannondale, the bike company, and made $30 million from his stake in Beats by Dre headphones when Apple bought the company. His investment in Fenway Sports Group (formed by Boca Raton resident and Boston Red Sox majority owner John Henry) is a stake in the Sox, Roush Fenway Racing (NASCAR) and even the Liverpool Football Club. Blaze’s owners include Maria Shriver, movie producer John Davis (Chronicle; I Robot; Predator, The Firm, and coming soon, The Man from U.N.C.L.E.) — and what a coincidence — Boston Red Sox co-owner Tom Werner.

Still on the subject of pizza, or perhaps off the subject, California Pizza Kitchen just had another grand opening, so to speak. Its restaurant at Boca Raton’s Town Center has been opened up to make the pizza chefs more visible, and the menu has been restructured. For a California twist on pizza, flatbreads are hot: The Bianco California version is layered with whipped truffle cream, Gorgonzola and mozzarella and topped with garlic and sage leaves; while a New England twist on the lobster roll stuffs the flatbread with, natch, lobster meat.

Hello, again . . . almost . . . Boca Raton old-timers (anyone who lived here in the late 1990s) remember fondly La Vieille Maison, a French dining treasure in a nifty old house on East Palmetto Park Road that closed in 2006. Arturo Gismondi hasn’t forgotten. The owner of Arturo’s Ristorante on North Federal, Trattoria Romana on East Palmetto Park Road, two Cannoli Kitchen takeouts and Biergarten in Royal Palm Plaza has now opened La Nouvelle Maison. It’s in the 5 Palms Building, 455 E. Palmetto Park Road, just three blocks west of the old house. As for La Vieille Maison, the property proved more valuable than the food, so after 30 years, founder Leonice Picot sold it in 2006 for $2.6 million.

Thomas Giles, an engineer for Boca creator Addison Mizner, had built the old house in 1927 and after the family sold it in 1953, it was converted to apartments, then into a real estate office. Picot sold it to 770 PPR, a trust owned by developer Gregory K. Tallbott. The building and Tallbott’s financing fell into disrepair and after subsequent bankruptcy litigation, the property passed to TJCV, a New York-based Land Trust. Proposals to landmark the building were resisted because of its condition and finally squelched when it was bulldozed in 2011. The grapevine is again abuzz. The website chabad.org reports that the land was bought by Irving Litwak, a Boca Raton businessman and philanthropist and will be the site of Chabad Center of East Boca Raton.

In a whirlwind 15 months, 3rd and 3rd, which is at the corner of Northeast Third Street and Third Avenue, became one of the hottest little restaurant/bars in Delray Beach. Then on May 30, owner John Paul Kline announced that the restaurant would be closing the next day to “maintain ourselves” and reportedly make some renovations before reopening in September.

There was a time in South Florida when many restaurants closed for the summer. The bistros were gone and innkeeper staffs would relocate to gigs in the Northeast for the season. Such was the case at Testa’s in Palm Beach, but it’s now open year-round, because the summer business is decent and the owners don’t want to lose good staff.

Kline already has gone through several chefs, the newest coming on board only a few weeks before he shut down. Staffers, too, have had their ups and downs. But Kline may have an ulterior motive.

Brave Man Media, a Delray Beach-based production company, has announced plans to shoot a movie, After Midnight, in August and September throughout Palm Beach County, primarily at the long-closed Arts Warehouse and the newly closed 3rd and 3rd.

Nothing specific, except that the story is set in 1972, when something, absolutely nothing, was happening in Delray. Stay tuned.

Someone in the food and beverage business, however, has found a job. That would be Bill Blakeman. From 1990 until it closed in 1994, he headed the Colony Wine & Liquor Shoppe in Delray. Then he went to work for a wine wholesaler — his territory primarily Delray, with a regular stop at Cafe Luna Rosa.

Now it’s permanent. On Sundays, Mondays and Thursdays, he’s Luna Rosa’s evening host.

“From the front of the house to the back of the house, there’s an amazing chemistry,” he said. “It’s like synchronized swimming in a restaurant.” So, too, for the guests, apparently, as he’s already recognized several dozen diners with the most customers at The Colony.

Maybe some of those 3rd and 3rd folks will find some temp work at two Delray Beach street parties — at Tastemakers of Delray or On the Ave.

Tastemakers, from 5 to 10 p.m. Aug. 7 and 8, offers a variety of local guest programs to sample specialties and beverages from 13 restaurants: 50 Ocean, Cabana El Ray, Coastal Air B&B, Cafe Luna Rosa, South Beach Cafe, DIG, El Camino, FYI Yogurt, LemonGrass, Mussel Beach, The Office, Solita, Vic and Angelo’s and Zirne. The passports can be bought at the participating eateries and also include special dining promotions at each for three months.

With a “Back to Cool” theme, On the Ave runs from 6 to 10 p.m. Aug 21 at Elizabeth Wesley Plaza at Southwest Fifth Avenue. On the bill are the elusive Double Trouble, Drew Tucker and Plaid Blazer; food trucks and children have access. No passport required.

Goodbye, hello. Part 1. 3rd and 3rd, 5th Avenue Avenue for years, has moved,
Feast of the Sea’s third Maestros del Mar Dinner Challenge took place July 24 at Salt 7 in Delray Beach. Chefs from four Delray Beach restaurants competed presenting a signature dish that included mahi-mahi. The dishes were created in less than 60 minutes and judged on visual appeal, taste, creativity, execution and overall presentation.

Atlantic Grille Executive Chef Adam Gottlieb was the winner. Feast of the Sea will present the final competition as a free general admission seafood festival on Sept. 13 in West Palm Beach. For more information, visit www.feastofthesea.com.

AVERAGE: (r-l) Chefs from Dada (Sous Chef Scott Randazzo and Executive Chef Bruce Feingold) and Executive Chef Adam Gottlieb from Atlantic Grille pull together at the last minute. LEFT: Pan-seared mahi with corn relish and a compound butter sauce from Vic & Angelito’s.

Lribby Volgyes/The Coastal Star

too, but only around the corner. Owners Steven Pellegrino Sr. and Jr., decided to combine operations with their nightclub Il Bacio on Southeast Second Avenue. Order up a steak or a choice lobster in the supper club, then head out to the courtyard for a little jazz.

Goodbye, hello, Part 2: Sometime in September, Delux will turn to Honey. Gone is the high-energy, decibel-saturated hangout, to be replaced by, as co-owner Scott Frelich tells it, a “sexy, intimate, and beautiful club” like never before in Delray Beach, a new standard for mood, music and service.

Goodbye, hello, Part 3: Bizarre Ave. Cafe is now The Island Restaurant & Lounge. A Lake Worth dining destination for more than a decade, its demise was, to say the least, bizarre in its haste, although recent online reports suggest that quality had slipped drastically. In its place, The Island arrived almost as mysteriously as its predecessor departed. Mysterious as voodoo. A splash of Spanish Main, a jigger of rum, a coconut conundrum: The folks running the place want to bring some real “island life” to the west shore of Lake Worth with a truly pan-Caribbean menu and live music.

Managing director Celeste Marcks is a lawyer who lives in Hypoluxo. But the “island life force” is provided by entrepeneur Blair Webb, who hails from the island of Dominica. “This will be totally different than any other island-style restaurant in South Florida,” said Webb, who claims formal culinary training in Provence. “We’re offering Caribbean fusion, lots of fruits and seafood, all fresh, every day, lunch and dinner.”

And live music every night: reggae Sunday, jazz Monday, then Latin, pride, ladies, Caribbean and club on Saturday.

What a surprise! After Steven Maklansky was sacked as executive director of the Boca Raton Museum of Art last winter, the museum’s board named Irvin Lippman as interim director and also as chairman of the search committee to find a new boss. Lippman had excellent credentials, having run the Fort Lauderdale Museum of Art until he retired in 2012. So much for retirement. On July 14, “Interim” was dropped from Lippman’s title. His goals: “Bring a larger and more diverse audience to our Art School, offer more opportunities for local artists to meet and share their talents through our Artists Guild, and make sure that the museum is a forum for dialogue, conversation, and self-education.”

In just two seasons with the Washington Redskins, Alfred Morris, an unheralded running back out of Florida Atlantic University, has attracted considerable attention. He was the No. 4 rusher in the NFL last year, selected for the Pro-Bowl and rewarded with a four-year, $2.2-million contract.

His car of choice: “Bentley.” . . . No, not that British symbol of excess. Bentley is his pet name for his 1991 Mazda 626. Morris may be only 25, but his advice to “Drive a Safe, Practical Car” scores the lead-off TD in a feature titled “Protagohal Habits of the Rich and Famous,” on the website for the American Association of Retired Persons, better known as AARP.

Off the gridiron, FAU students are making noise, too! Sean Darch is majoring in commercial music. Under their stage names, Sean Dough and Chris Felix, they won the 2014 American Songwriting Award for best hip-hop song. Bazelais wrote the music and Darch the lyrics to “Change Your Mood,” originally released on Comp/ETLation Volume 3 by FAU’s Hoot/Wisdom Recordings L.L.C. The song was produced, mixed and recorded in the campus studio. The American Songwriting Awards is the most prominent international competition recognizing songwriters, both known and unknown.

Thom Smith is a freelance writer. Contact him at thomsmith@ymail.com.

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Summer Arts

Grunge for all and ballet dreams heat up August arts scene

This might be a good month to get your grunge on. The pestilential heat of an August in South Florida has to be tempered some way, and perhaps an evening of rough-edged rock from rain-soaked bands that made it big in the 1990s will do the trick.

On Aug. 10, Seattle’s Soundgarden joins forces with Trent Reznor’s Nine Inch Nails for a concert at the Cruzan Amphitheatre in suburban West Palm Beach. This tour, which brings these two acts together for the first time in 20 years, has been drawing strong reviews, such as this from the Denver Post’s account of the July 21 show at Red Rocks: “This was pure auditory pleasure, delivered in the tastiest of fashions to an absolutely ravenous audience. Grunge is dead; long live grunge.”

Reznor has given hope, Velvet Underground’s Wire has never been more convincing, and the Grunge for all and ballet dreams duo of Nine Inch Nails and David Bowie combined to turn the world “ballet.”

The pairing of the two bands is a smart one from the standpoint of contrast in the same general musical sphere. Soundgarden, which reunited in 2010 after a hiatus of 13 years, is a quintessential native who writes the Nine Inch Nails records and then assembles a band for touring, having in some ways had a bigger influence than Soundgarden. Through songs such as “Wish,” Happiness in Slavery and Hurt, Reznor has given hope, Velvet Underground-style, to aspiring rockers whose message might be too disturbing or quirky for easy acceptance. He is uncompromising about his art, and that’s a good example for other bands wanting to walk a difficult road. The Cruzan this summer has seen repeat visitors such as eternal hipster Dave Matthews and country idol Tim McGraw, who can always be counted on to draw large crowds to the fairgrounds. But this show will offer audiences a chance to hear how well this particular genre of popular music has held up over the years; whether, in fact, grunge still lives. Tickets for the 7 p.m. show start at $60; visit cruzanamphitheatre.net.

Other music: The free outdoor Friday night concert series at Boca Raton’s Mizner Park has been featuring a lineup of tribute bands. On Aug. 8, it’s Jimmy Stowe and the Stowaways, a Jimmy Buffet act; and on Aug. 15, it’s Turnstiles, a Billy Joel tribute band. Two national, ticketed concerts follow: Panic! at the Disco on Aug. 15, and the Grateful Dead’s Bob Weir on Aug. 23. If you’re still in the mood for free music, the boy section of the Symphony Boca Raton sets up Aug. 17 for its own tribute to the music of the Big Band era.

Meanwhile, the Symphony of the Americas moves its annual Summerfest appearance in Boca Raton to Florida Atlantic University on Aug. 8, joined by the Mission Chamber Orchestra of Rome. The program is a mix of contemporary and significant music by Leopold Mozart, Vivaldi and Dohnanyi, Cole Porter and Tchaikovsky’s most memorable work, the opera Eugene Onegin.

The Boca Ballet Theatre kicks off August with three performances of Swan Lake at the Olympic Heights High School auditorium, featuring a major contemporary ballerina, Sara Mearns of the New York City Ballet. Mearns will dance the role of Odette/Odile (i.e., White Swan/Black Swan) opposite Simon Ball, a principal dancer with Houston Ballet, as Prince Siegfried. Ball was a guest last summer; Mears made her New York City Ballet debut as Odette at age 19, plucked from the corps de ballet by artistic director Peter Martins. She is considered one of the leading interpreters of the role in the ballet world, and doubtless her appearance here will be a huge event for young, aspiring dancers. They’ve probably already watched Mearns in several charming behind-the-scenes videos on YouTube, in which she gives viewers insight into the life of a leading dancer.

The ballet can be seen at 7 p.m. Aug. 1 and Aug. 2, and 2 p.m. Aug. 3. Tickets are $20-$35 for adults, $10-$25 for children and seniors. Call 561-995-0709 or visit bocaballet.org.

Other dances: In Palm Beach Gardens, choreographers Mark Konrad (Reach Dance Company) and Jerry Opdenaker (O Dance) are teaming again for their Reach Dance Collective Intensive, a summer contemporary dance program for young dancers that opened July 28 and runs through Aug. 8.

Special guest instructors this year include Melissa Rector of Philadelphia’s Kored Dance Company, Kristina Fernandez of Broadway’s Wicked and In The Heights, Ryan Redman of the Trey McIntyre Project, and Christopher Huggins, formerly of the Alvin Ailey American Dance Theatre.

The advanced students of the intensive will show their stuff at 8 p.m. Aug. 9 in a performance called “Heat Wave,” set for the Eissey Campus Theatre at Palm Beach State College in Palm Beach Gardens. The show will feature a mixed program that includes new dances by Konrad and Opdenaker. Tickets are $15-$20; visit reachdancecompany.com or call 561-339-6360.

Theater: The Delray Beach Center for the Arts will...
The AGATE, clockwise from above: Mike and Laura Hodos, Shane Tanner and John Lariviere, who stars...; call 561-575-2223 or visit www.delrayarts.org.

Other theater: The Most Popular Face, a concert held in July, has been extended to a second week.

Atlantic City Boys November 21-23 Four dynamic lead singers perform 50s-style rock & roll with a live band and the best music of the era.

Atlantic City Boys: The Musical March 6-8 Called "an over-the-top bloody laugh" by the New York Times, this wicked, musical thriller is based on The Strange Case of Dr. Jekyll and Mr. Hyde by Robert Louis Stevenson.

Seven Brides for Seven Sisters March 20-22 Set in 1850s Oregon, this high energy show is all boisterous fun and romantic intrigue that harken back to the glorious days of the musical theater.

Back on Broadway January 16-18 A talented cast of 10 brings to life the best scenes and Broadway hits, Avenue Q, Legally Blonde, Memphis and many more.

The United Kingdom Ukulele Orchestra February 20-22 This talented group combines pop classics and current hits with typical British humor and surprising interpretations.

Greg's List

Sophie B. Hawkins: This New York-born singer-songwriter had huge hits in the early 1990s with Clarama, J W and Mr. Blue Sky: Love and Loss, but after a dispute with her label over her third record, she left it for the territory of independent producing. She’s also a painter and active in the fine arts and political causes (including Hillary Clinton’s 2008 presidential run), and starred recently in a play about Jfk that got good reviews. Hawkins is in town at Jazziz Nightclub in Palm Beach. Nightlife. Let’s see what’s on for two shows in which she’s likely to revisit her hits and showcase her later, more confessional works. Shows are at 7:30 p.m. both nights; tickets are $40; premium tickets are $75. Call 300-300.

63rd All Florida Juried Exhibition: The state’s longest-running juried exhibition returns for a 63rd time to the Boca Raton Museum of Art, with about 100 works of art from creators all over Florida. This year’s curator is the Boca-based artist and curator Trong Ngiho Nguyen, whose career includes gallery fund-raisings, art journalism and work with the Persian French Trust. The show runs through Oct. 18 at the museum in Mizner Park, and shows concurrently with the 59th Suncoast Guild Biennial Exhibition. The show’s formal opening date is Aug. 10, and there is an opening reception from 5 p.m. to 8 p.m. Aug. 9 that will include an interview with Nguyen and the presentation of Best in Show and other awards. Entries for the show must be submitted by Aug. 31, but if you can spare a Thursday, the museum is offering free admission all month. Hours are 10 a.m. to 5 p.m. Tuesday through Saturday, and noon through 5 p.m. Sunday. Call 264-4741.

Tiempo Libre: This Miami-based band is one of the most accomplished and respected music ensembles in the country, no doubt in part because the members are graduates of an elite Cuban music conservatory. You can hear their early love of forms such as the Cuban son, and their unique take on the vocal styles that have been passed down through the generations. Their latest album, published in May, is one of their most ambitious releases to date.

Boca Museum of Art: During the season.

Crest Theatre Special Events

Broadway Cabaret Series May 8 & 9 Rock to the music of the Beatles -- at this concert, the audience creates the playlist!

EATEN, a film

The Crucible April 23-25 A play engendered by the anti-communist hysteria of the 1950s, the play tells the story of the Salem witch trials of 1692, and can be seen through Aug. 18. Dr. John Proctor, a farmer’s son who had retired to North Carolina. In addition to serving as dean of UVa’s Curry School of Education and leading the public policy program at the university’s Batten School of Leadership, Breneman has taught at the Harvard Graduate School of Education.

He also was president of Kalamazoo College in Michigan for six years, and was a senior fellow at the Brookings Institution from 1975 to 1983. In choosing Breneman, the Four Arts is following in the path set out by Duggan, who was fond of saying that the Four Arts was essentially an educational program that served almost 8,000 people this past season and more successfully, its opening last year of the Dixon Education Building, a well-appointed home for children’s arts and a demonstration kitchen.

Breneman’s wife, Donna Plasket, has run UVa’s Summer Intensive in Dance for the past 15 years, and with a background in music and choral conducting, should also fit right at home in the Four Arts, which in addition to its theater programming, presents a rewarding of series of concerts and art exhibitions during the season.

With a strong endowment and a history of nearly 80 years, the Four Arts is in a great position to raise its profile and increase its outreach, and Breneman should have the proverbial wind at his back for almost anything he wants to do there.
Celebrations

Rotary Club Installation Lunch
The Delray Beach Club – June 24

The Rotary Club of Delray Beach gathered for official business to install its 2014-15 board of directors. ABOVE: (l-r) Anne Bright, Bill Arnst, Ernie Simon, Peter Beck, David Harden, Mike Campbell, Betsy Owen, Jimmy Weatherspoon, Candice Etzler, Alan Kornblau, Harvey Brown, Jess Sowards and Tom Coyne. Photo provided

Pope John Paul II High School Happenings

Kiss the Pig Contest
Pope John Paul II High School, Boca Raton – April 11

Students raised $3,000 to benefit the Brother Mutil-Marié School in Mbalmayo, Cameroon, West Africa, during a contest that saw a teacher kiss a pig. The teacher, Eufriasio Volpe, who heads the Italian Club, did the deed at a pep rally. The pig was on loan from a local farm. Proceeds will pay for annual tuition for 20 children in the remote area. In addition to raising funds for the Cameroo school, Pope John Paul II High School’s student body amassed a record 32,216 community-service hours during the 2013-14 year, with several students exceeding 100 hours. ABOVE: Students with 100-plus community-service hours include (l-r) Jack LaBonte, Mitch Deaunovich, Brian Fallon, Jared Chaloux, Luis Menendez, Stephanie Ferrer, Jonah Fisher, Julie Cruz and Laura McKinney. Photo provided

Soroptimist Officers Installation Dinner
Waterstone Resort & Marina, Boca Raton – June 22

Members of Soroptimist International of Boca Raton and Deerfield Beach celebrated their organization’s 54th-annual dinner in special sunset style. Kathi Pease, past governor, installed the officers for the 2014-15 year as former President Kim Champion presented a gift to outgoing President Mariela Montgomery. Special guests included 11 past presidents, three new members and Marie Speed, honorary co-chairwoman of the upcoming Women of Distinction Breakfast. ABOVE: Front row: Marie Speed (left) and Helen Babione; Back row: (l-r) Pat Reed, Carmen Uceda and Doreen Brittell. Photo provided by Barbara McCormick

‘Sip, Snip and Savor’
ZPro Salon & Med Spa, Boca Raton – July 15

A special evening with special prizes benefited The HARID Conservatory, a professional training school for ballet dancers. Guests enjoyed wine and hors d’oeuvres, along with hair, make-up and skin consultations with aestheticians. ‘We are thrilled that our inaugural event was so well-received and supported by our clients and guests,’ salon owner Shimi Avni said. ABOVE: (l-r) Danny Verrochi, Renee Stern, Hal Fuhrman and Lynn Robins. Photo provided by Janis Bucher

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Celebrations

Ocean Ridge’s got talent: 13-year-old’s version of ‘Call It Stormy Monday’ gets her to Judgment Week

By Amy Woods

She sang her heart out in front of Mel B, Heidi Klum, Howie Mandel and Howard Stern, wailing about how “Tuesday’s just as bad” in Call It Stormy Monday.

When she awoke on a recent Thursday, she learned her journey had ended on America’s Got Talent.

“There was just so much to play with, and I’m just so happy I got to do it,” Lilly Forte said. “I was just so grateful that I got so far in the competition. I got a standing ovation from 3,500 people.”

The Unity School eighth-grader made it to the popular television show’s Judgment Week as one of 75 tees culled from an initial audition of 75,000. Although her performance of the T-Bone Walker hit did not air on the July 15 episode, she said she received three yeses — from former supermodel Klum, actor and comedian Mandel and radio legend Stern — and one no — from Spice Girl Mel B.

“It was so cool getting up there because you went up, and there’s all these other contestants, and you feel like an actual, famous star,” Lilly said. “It was an awesome experience. It was amazing.”

The multitalented musician had to stay mute about the results for nearly two months.

“I’ve had to keep quiet about it,” Lilly said. “I would just say, ‘Stay tuned, stay tuned.’”

She said she didn’t shed a tear and already has booked her next gig.

“I’m going to be in the Battle of the Bands for Teen Voice and Rock Rebellion in Miami,” Lilly said.

“They found my music on ReverbNation, and they called my mom.”

One of 12 performers selected for the Aug. 2 show, Lilly will sing Rock and Roll by Led Zeppelin — her favorite band — and an original tune titled Too Bad.

“I wrote the music and the lyrics and everything,” she said of her first song. “It’s kind of mellow, but it has a really great melody to it.”

Not only does Lilly play saxophone in the regular school band and drums in the jazz band, she also serves as lead singer of the School of Rock house band.

“She has been singing since age 8. I grew up watching the Disney Channel,” Lilly said. “I would always sing along to those songs. I’d sing along to the radio. Then, I started listening to more songs that were not on the radio.”

She came across a recording she liked, and while it belied her years, she sang it’s all very fresh. Patti says all sausages it belied her years, she sang it’s all very fresh. Patti says all sausages

John Lennons Imagine in the school talent show. It brought down the house.

Mother Heidi Forte couldn’t be prouder of the opportunities Lilly has been afforded.

“With Lilly, it’s like if she’s performing, and someone sees her, there’s something else that always comes out of it,” Forte said. “She’s just a unique, different type of singer for her age. A lot of 13-year-olds don’t have that style, that bluesy, jazzy rock that she does.”

Forte said she has no idea where her daughter got those chops.

“Not from us,” Forte said of herself and husband, Craig. “Her father and I both love music, but neither one of us sings or plays an instrument. She just has a passion for it and a passion to learn.”

Lilly Forte performs with the School of Rock during its 2013 summer tour to the Northeast, which included a show at the Lincoln Memorial. Photo provided

Dining

Chewing the fat (duck, of course) and some sublime chicken

The Plate: The Country Pulled Chicken Sandwich

The Place: M.E.A.T. (Meat Eatery and Taproom), 980 N. Federal Highway, Boca Raton; 419-2600 or www.meateateryboca.com

The Price: $10

The Skinny: We at The Plate have a message for you, gentle readers: When dining at M.E.A.T., order the fries.

Forget specialty flavors and rubs and salts. It goes without saying that nobody knows how to make a pulled chicken sandwich like M.E.A.T. (that’s short for Meat Eatery and Taproom), chef George Patti’s Islamorada concept that he opened in the lobby of a Wells Fargo bank building.

Consider the pulled chicken: tender bits of gently smoked chicken, tossed with broccoli and banana peppers, and served on a perfectly toasted bun.

It makes a near-perfect meal, and you don’t need any sauces, but you’ll want to taste that house-made ketchup, as well as the sinus-clearing mustard.

It’s all very fresh. Patti says all sausages and bacon are house-made, with seasonal ingredients, and there also is a top-flight beer menu that is sure to have us coming back for more.

— Scott Simmons
AUGUST 2
Saturday - 8/2 - Blogging, Posting and Tweeting your way to success. Presented as part of the Florida Authors Association’s New Media Project at Bookline 273, 711 N.W. 2nd Ave., Boca Raton. Pre-registration required. 10 am. $25.

- 2/2 - Butterflies of South Florida and Florida's Pollinator Garden Auditors. 511 M St., Military Trail, West Palm Beach. Learn how to attract butterflies to your yard. Attendees must wear non-slip shoes and bring yard samples stay them round. Learn which plants attract attracting these pollinators and how to grow them successfully. 10 am-noon. 505 registrants. Non-members: $20.


- 2/2 - Dunlap and Pennington Present: Everybody's Favorite! (Filmed Live for PBS Special) at the Keith C. and Elaine J. McMillan Auditorium, 559 N. Military Trail, West Palm Beach. 7:30 pm. $16; $12 seniors & students. 561-882-7330.

- 2/2 - Indoor Aquarium Feedings at the Boynton Beach Museum of Art. 200 N. Ocean Blvd., Boynton Beach. Free. 10 am-3 pm.

- 2/3 - Socrates Cafe at the Boca Raton Public Library, 400 N. Ocean Blvd. 4 pm. Free.

- 2/3 - Leica Art Masterpiece of the Month: Femme (Head of a Woman), 1952, by Pablo Picasso. The Leica Gallery at the Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 2 pm. Free.

- 2/4 - Sow & Grow a Seedling at the Boynton Beach Civic Center, 128 E. Ocean Ave. Free. Beginners: 1 pm-3 pm. $15. 792 registrants.

- 2/5-26 - The incredible (PG) - Presented as part of Family Movie Night at the Boca Raton Library, 200 S. Noyes Blvd. Children ages 3-12. 10 am. Free. 243-3600.


- 2/5 - Birding at the Boynton Beach Municipal Marina, 2200 S. Ocean Blvd., Boynton Beach. Join the Audubon Society for birding at the Boynton Beach Marina. Call 659-6111 for directions.

- 2/6 - USNA Feeder at the Mounts Botanical Garden Auditorium, 559 N. Military Trail, West Palm Beach. 8 am. $4. 561-746-3572.

- 2/6 - Chess for club ages 6 up to 18 at the Boca Raton Library. Free. Call 657-1100 for directions.

- 2/6 - Sushi & Stroll Summer Walk at Old Naples. 8 am. Register now. 561-827-7777.

- 2/6 - 8/7 - 2014 Best of Photojournalism Exhibition at the Palm Beach Daily News. To see what was selected for this year’s contest, visit www.polltab.com. 8100 or www.thecolonypalmbeach.com. Call 659-6000.

- 2/6 - Art at Murder on the Beach. 201 S. County Rd., Palm Beach. Visit www.polltab.com for more information. Call 659-6000 or www.thecolonypalmbeach.com.


- 2/6 - Family and Friends at Boca Raton Regional Education Hospital, 1000 N. Federal Hwy. Boca Raton. 30th annual event. For the basics of infant, child and adult CPR, relief of choking. Free. 2 pm. $15. 446-4606.

- 2/7 - 8/7 - Crabby Jack’s Fish Exhibitions at Crabby Jack’s, 801 S. Ocean Blvd., Boca Raton. Free. Mon. 7-8 pm. 493-2124.


- 2/8 - Pre-registration required. 10 am. $25.

- 2/9 - Manalapan - Second and fourth Tuesday at Boca Raton City Hall, 201 W. Palmetto Park Rd., Boca Raton. Gathering in the exhibit hall and gather in the exhibit hall to talk about the baby alligator while he is being fed. Parents welcome. No pets allowed. Call 225-3176 or 561-347-4500.


- 2/9 - Concert at J亚専場 at the Performing Arts Theatre, 20101 Lyons Rd., Boca Raton. Viewings held on the 1st Friday of each month. 5:30-7:30 pm. Free. 564-9539.

- 2/9 - Eyes to the Skies with the professional-grade 16-inch Meade LX80 Advanced Telescope. Boynton Beach. Children’s Science Exploratorium, Camino Real Park, 9855 Camino Real, Boynton Beach. For more information call 993-1001. This informal event is held in the parking lot. All children under age 10 must be accompanied by an adult. Registration required. 6:30 pm. 561-347-3992.

- 2/9 - Concert: Jazz Along the Intracoastal at the Ezell Pub, 435 Plaza Real, Mizner Park, Boca Raton. Gather in the exhibit hall and gather in the exhibit hall to talk about the baby alligator while he is being fed. Parents welcome. No pets allowed. Call 225-3176 or 561-347-4500.
This beautiful home is nestled within a lush tropical setting, situated at the end of a private lane, offering the ultimate in privacy. Located in walking distance to the beach, on prestigious Hypoluxo Island, the house offers 3 bedrooms, all with full baths. Second floor Master Suite, with screened in reading porch with water views and rear private sun deck. First floor master suite with doors to pool/patio. A great first floor office with its own entrance and patio. Separate Cottage offers a three car garage and a charming second floor apartment, with bedroom, bath, living room area including kitchenette and screened in porch. This one of a kind residence is in pristine condition and ready to waky you to your own piece of Paradise.
August 12-17

**Sunday - 8/12** - **Give Her A Voice One Day Workshop** at Whole Woman, 500 S. Federal Hwy., Deerfield Beach. A focus on self-empowerment and transform the impact of trauma and abuse through storytelling and the creative arts. All women are invited to attend. Participants who do not wish to perform in the workshop will have a safe space where they can listen to the sharing. 1-5 pm. $45. 561-842-2552.


**Monday - 8/13** - **30th Annual All Florida Exhibition** at the Norton Museum, 51 S. Olive Ave., West Palm Beach. Featuring 400 works by 170 artists, representing a wide range of media, themes, and styles. 1-5 pm. Free admission. 561-655-9494.

**Tuesday - 8/14** - **Curator's Conversations: End of Summer Exhibit** at the Norton Museum, 51 S. Olive Ave., West Palm Beach. Curator Sarah Brown will discuss the current summer exhibition and its relationship to the museum's permanent collection. 1-2 pm. Free admission. 561-655-9494.

**Thursday - 8/16** - **Gabrielle's Cottage Art Show** at The Cloister Inn, 3271 S. Ocean Blvd., Delray Beach. The annual art show features works by local and visiting artists. 10 am - 4 pm. Free admission. 561-392-2503.

**Saturday - 8/18** - **Open House for Adult Classes** at the Boca Museum Art School, 801 W. Palmetto Park Rd., Boca Raton. Join us for a special open house to explore our Adult Class offerings. 10 am. $25. 279-7790.

**Saturday - 8/18** - **Boca Meets Broadway: Gold, Wine & Entertainment for Adults** at The Boynton Beach Art Center, 235 NE 2nd Ave. Featuring a live performance by a Broadway-style troupe and a wine tasting event. 7-10 pm. $200. 561-382-2222.

**Saturday - 8/18** - **Reindeer Man: A Closer Look at Prancing Reindeer** at the Boca Raton Public Library, 400 NW 2nd Ave., Boca Raton. Explore the world of reindeer and learn about their unique characteristics, behaviors, and ecological roles. 10 am. Free. 561-271-0200.

**Tuesday - 8/21** - **Adult Portraiture** at the Boynton Beach Art Center, 235 NE 2nd Ave. Learn how to create a realistic portrait of a live model. Session runs Th through 10/2. 9-11:30 am. 55+ residents, $15+ per car. Pre-registration required. 561-382-2222.

**Tuesday - 8/21** - **Beginning Jewelry** at the Boca Museum of Art School, 801 W. Palmetto Park Rd., Boca Raton. A beginner-level class that covers basic jewelry-making techniques. 10 am. $75. 279-7790.

**Tuesday - 8/21** - **Summer Dance Concert Series at Pompano Beach, 6th Street & Lake Worth Rd.** offers an opportunity to enjoy a variety of dance performances from a current exhibition. 2-3 pm. Free. With paid museum admission: 55+ adults, $6; seniors, $5; ages 5-17, $4; ages 4 and under, free. 954-786-3000.


**Saturday - 8/25** - **Pompano Beach Art Show** at the Pompano Beach Art Center, 201 S. Palm Ave. The annual art show features works by local and regional artists. 11 am-5 pm. Free admission. 954-983-6380.

**Saturday - 8/25** - **8th Annual Twilight Concert Series** at the Deerfield Beach Boathouse, 400 SE 3rd Ave. Featuring a variety of musical acts including local bands and national artists. 7-9 pm. Free admission. 954-424-1444.

**Monday - 8/27** - **Boca Meets Broadway: Gold, Wine & Entertainment for Adults** at The Boynton Beach Art Center, 235 NE 2nd Ave. Featuring a live performance by a Broadway-style troupe and a wine tasting event. 7-10 pm. $200. 561-382-2222.

**Friday - 8/30** - **Norton Museum's Evening Concert Series** at the Norton Museum, 51 S. Olive Ave., West Palm Beach. Featuring a variety of live music acts including local and regional bands. 7-10 pm. Free admission. 561-655-9494.

**Saturday - 8/31** - **Open House for Adult Classes** at the Boca Museum Art School, 801 W. Palmetto Park Rd., Boca Raton. Join us for a special open house to explore our Adult Class offerings. 10 am. $25. 279-7790.

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Alain Delon: Spirits of the Dead — Boca Raton Library, 400 NW 2nd Ave. Presented as part of the Jovino Film Series for adults by the Friends of the Boca Raton Public Library, 7-9 pm. Free. 544-8591.

8/28 — Culture and Cocktails at the Arts Garage, 180 NE First St., Delray Beach. Live music, cocktails, food, prizes. Supports Hot Cake-Generation Hope. Donations of used instruments appreciated. 6-9 pm. $25/admission, $50/couple. 243-5499.

Friday — 8/29 — Adult Multi-Media Class at Intracoastal Park Clubhouse, 22480 NE Federal Hwy., Boynton Beach. Aspiring artists discover new techniques in watercolor, pastel and acrylic while learning design and composition. Session runs from 9:30-11:30 a.m. 560/275 residents, 560/375 non-residents. Pre-registration required. 742-6227.


Saturday — 8/30 — Chess Club at the Boca Raton Public Library, 400 NW 2nd Ave. Enjoy the challenge while having fun learning the rules and basic strategies of chess. Sponsored by the Boca Raton Education Advisory Board. Ages 7 to 17. Held again 9/19. 10-11:30 am. Free. Pre-registration required. 933-7968.

8/30-9/1 — Austerlitz — Presented by W.S. Seabold at Boca Raton Public Library, 400 NW 2nd Ave. Presented as part of the book club discussion by the Friends of the Boca Raton Public Library. For adults. 4-5 pm. Free. 544-8591 or www.bocaratonlibrary.org.

8/30 — Wine Country Safari at The Boca Museum of Art, 501 Plaza Real. Presented as part of Boca Chamber Festival Days. This event benefits Twin Palms Center for the Disabled. Fundraising activities include a silent auction and raffle baskets. Participants are urged to join in the fun by dressing in “Tuscany Bonhams Casual” with Safari flair. Reservations required. 7-9 pm. $25/person or $45/couple. 391-4874. 391-4874. 10 am. $25. 279-7790.


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Tots & Teens

Black-belt techniques encourage back-to-school success

When people think of karate, they often conjure up images of punch, kicks and hand-to-hand combat. Those are all part of karate and self-defense, but there are far more educational skills that come with learning martial arts. These skills can help students prepare to go back to school in the next five days. Many parents recognize the potential for bullying and pressure to fit in and keep up with their peers. As a lifelong student of martial arts and a karate instructor for kids, I’ve found that building a student’s confidence is far more important than teaching them how to punch and kick. Doing one thing the right way does the likelihood the child will be in a position to respond to the other.

Here are five ways to ensure that your child has a successful school year:

Pre-frame: Make sure your children know what bullying is and that you are willing to listen and support them if they raise any concerns. Discuss your child with your child any concerns they have over the approaching school year. Just as an athlete mentally prepares before a game, children should have the mindset that they are about to experience new challenges, relationships and learning. Tell them to be prepared for the unexpected and remind them of how they’ve grown from the previous year.

Practice, practice, practice. Lack of confidence in academic ability can have a lasting effect on your child’s overall confidence. Students who don’t perform well early in the school year can end up living with lowered expectations and be more susceptible to a bully’s taunts.

When it comes to starting a new school, it may be daunting for a child to go right back into learning a difficult subject without consistent practice. If your child struggles in a subject like math, make sure he/she has a practice workbook and be sure to affirm progress.

Analyze the previous school year. Every child has academic strengths and weaknesses. Every child has social strengths and weaknesses. Was your child prone to internalize insults or did your child believe in his or her abilities? Figure out what issues there are and how you can build on the strengths, and improve on the weaknesses.

This is also a great opportunity to set new goals for the upcoming year. Create a list of measurable goals so the child can be inspired by positive feedback of meeting goals.

Don’t overload. Karate, gymnastics, soccer, piano...

All these activities can be great for child development. However, overloading a child with activities can lead to subpar performance in all activities, including academics, instead of success. Without a break, the child will be stressed and overwhelmed.

Start strong. Getting back into a strict routine is difficult for anyone. When school begins, make sure your child’s routine is a system for success. The balanced approach to the 1st week is to also allow the child time to initiate free play activities and explore friendships outside of structured environments.

Shelley Gilken is a freelance writer, a black belt in the Action Karate and a part-time karate instructor. Reach her at: littlerocky@gmail.com.
ScienceExplorium.org.
Sun. 3:30 pm. Free. 347-3912 or www.
5 and up. Held once a month on Sat. &
S. Military Trail, Boca Raton. Hear your
the Children's Science Explorium, 300
at the Boynton Beach Art Center, 125 SE
5 at the Boynton Beach City Library, 208 S.
8/11 - 8/22 - "Stop Me If You've Seen That
motion technology, bring things to life
8/11 - "C-Lego" Stop Motion Animation
at the Boynton Beach City Library, 208 S.
8/7 - "You're A Gem: GEMS Club
8/22 - 4th Annual Pirates Jam Party
8/26 - You're A Gem: GEMS Club
8/16 - 3rd Annual Back to School Haircuts
Thursday - 9/4 - Tales for 2’s and Teens Storytime
at the Boca Raton Public Library, 2240 N. Federal Hwy., Boca Raton.
Friday - 8/22 - 4th Annual Pirates Jam Party
Thursday - 9/4 - Tales for 2’s and Teens Storytime
at the Boca Raton Public Library, 2240 N. Federal Hwy., Boca Raton.
Friday - 8/22 - 4th Annual Pirates Jam Party
Florida state Contractor's License since 1974
150 NW Boca Raton Blvd. For ages 13-17.
8/26 - "You're A Gem: GEMS Club
8/22 - 4th Annual Pirates Jam Party
at Intracoastal Park, 2240 N. Federal Highway, Boynton Beach. For ages
Stop motion film. Held M-F through 8/15.
8/26 - Mini Monets
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