**Boca Raton**

**City seeing boom in downtown residential projects**

By Angie Francalancia

Apartment developers are going all in on Boca Raton’s long-held dream of creating a pedestrian-friendly downtown. Four complexes — two already approved and two to be considered this month — will bring more than 1,200 new apartments to Boca Raton’s downtown.

“We’re very pleased to enter 2012 with as many opportunities for pedestrian-friendly development in our downtown,” Mayor Susan Welchel said after the second development, Via Mizner, was approved in January. “We have put millions into making our downtown look inviting, but a pedestrian-friendly downtown does not happen if you do not have pedestrians living down there.”

Boca Raton’s good fortune is a clear sign of where developers and investors believe the housing market is headed and represents necessity as much as desire, says analyst Jack McCabe of Deerfield Beach-based McCabe Research.

“We’re in the midst of a major paradigm shift, both in South Florida and the United States,” McCabe said. “We’re in the process of changing from an ownership society to a rental society.”

Many people have realized their long-held dream of creating a pedestrian-friendly downtown.

By Tim Pallesen

With the new $25 million neuroscience center to be built at Boca Raton Regional Hospital, Palm Beach County strengthens its position as a hub for testing treatments for aging diseases. Scientists at Florida Atlantic University and the Scripps Research Institute are researching treatments for Alzheimer’s, Parkinson’s and other aging diseases. Hospital officials promised the “most advanced form of care” when they announced their new state-of-the-art neuroscience center last month.

“We see the center as the clinical site for the investigation of new treatments developed by FAU, Scripps and the Max Planck Society,” chief of medicine Dr. Charles Posternak said.

A site for clinical testing has been the missing element as Palm Beach County moves to national prominence for its research into aging diseases.

Boca Raton Regional Hospital

**Historic gift strengthens focus on aging**

By Tim Pallesen

Top: Bernie Marcus, chairman of the Marcus Foundation and co-founder and former CEO of The Home Depot, and his wife, Billi, announce their $25 million gift to Boca Raton Regional Hospital. Images provided

Boca Raton Regional Hospital strengthens its position as a hub for testing treatments for such diseases of aging as Alzheimer’s and Parkinson’s.

**Delray Beach**

**Legal battle looms over sea-side recovery houses**

By Tim Pallesen and Antigone Barton

As Delray Beach moves aggressively to restrict addiction-recovery houses amid single-family homes, the threat of a legal battle increases.

“The City Commission will decide this month whether to limit how often rooms can be rented in single-family neighborhoods.”

The city’s outside attorneys are advising whether a request by Caron Treatment Centers to house wealthy, recovering addicts on Seaspraye Avenue can be denied.

And a city official says Caron lacks a necessary landlord permit to operate another sober house on Ocean Boulevard.

“If they do any of this stuff, they’re going to get a lawsuit,” Caron Executive Vice President Andrew Rothermel warned. Meanwhile, residents living near the two, ocean-side million-dollar homes that Caron intends to convert into upscale recovery houses, are working to sabotage Caron’s marketing promise of recovery in “anonymity and discretion.”

Three large signs decorate the lawn across the street from 1232 Seaspray Ave.

“Caron, your business is NOT WELCOME in our Single Family neighborhood … the largest one reads.

“Paparazzi Welcome Here! We’ve got our eyes (and our lenses) on you!”

Neighbors Kelly Barrette has passed out some 100 additional signs that urge neighbors to “Just Say No” to transient housing.

“It’s a single family residence community,” Barrette said. “It’s the constant turnover of people who we never get a chance to know. It’s a transient issue.”

Those signs have spread across coastal Delray Beach and are posted across the street of another house Caron purchased at 740 N. Ocean Blvd. as well as along Nassau Street to the south, where Caron was once rumored to be eyeing a house.

See Sober on page 11

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**Cuckoo for Kayaking**

A paddler’s guide to where to put in and what to explore along the Intracoastal.

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**Inside**

House of the Month

Old World elegance meets modern living in this home in Royal Palm.

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**Rich and decadent**

Chocolate is the new “it” color for diamonds.

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Meet Steven Maklansky, the Boca Museum’s new director, page 4
Editorial

Marcus grant just what the doctors ordered (or at least hoped for)

Just a week before Boca Raton Regional Hospital celebrated its 50th fundraising ball, the hospital collected the largest philanthropic gift ever: a $25 million grant to build a neuroscience center on the hospital campus.

The money came from Bernie Marcus, former CEO of Home Depot, and his wife, Billi.

Expected to open in 2014, the center will treat people with disabilities, including about 150 (with up to 20 new physicians) at the medical center.

The Marcus grant may just what the doctors ordered. The 52,000-square-foot facility will include a 22-bed intensive care unit with two dedicated operating rooms furnished with MRI and CT scanners.

Construction on the facility is expected to begin this year at a cost of between $15 million and $18 million. Building the neuroscience center will bring jobs, including about 150 (with up to 20 new physicians) at the medical center.

The Marcus grant may well inspire others to give to the hospital, too. This is, after all, a community blessed with successful and generous people who understand the importance of giving back.

— Mary Thurwachter, Managing Editor
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Coastal Star

Dad or director?
New Boca Museum chief is both

By Mary Jane Fine

Steven Maklansky has a question, simple and practical. “Do you mind if I have a coffee?” he asks, lifting a cardboard take-out cup from his desk, uncapping it, taking a sip. “When you have a 1-year-old and a 5-year-old, a friend told me, coffee is your friend.”

He sips again, smiles, says, “I have two titles beginning with a ‘d’ — director and daddy.” In his role as director of the Boca Raton Museum of Art — a position he assumed on July 1 of last year, following the departure of former director George Bode — both titles, it would seem, will carry near-equal weight.

And you’d be safe betting your favorite stuffed bunny, there’ll be some changes made.

Some are already under way. “Would the museum hesitate to do all he wants to do, Maklansky knows, will carry near-equal weight.”

“First of all,” he says, “I came from my wife who knows that there are a lot of women thinking, ‘Tuesday morning, now what am I going to do?’”

Maklansky recalls what he often wanted to do during his growing-up years in New York City — when, as he says, he considered museums to be magical places.

“Very important to me,” he says, seated on a black-and-chrome chair in his corner office, “that the Boca Raton Museum of Art is perceived as a magical place … to children of all ages. It’s important to me that we always have family-friendly experiences. You have to make sure that a museum is not perceived as a place full of old paintings for old people.”

Helping to make that point is Teddy 2011, an 18-inch-high teddy-bear sculpture by Canadian artist Ross Bonfanti — “Touchable art — cast concrete and toy parts” — that greets visitors just inside the museum’s double front doors.

“Second, third and beyond impressions are in the works, too.”

Maklansky’s vision, he says, must include positioning and marketing, ways of making Boca stand out, since museum-goers have so many options: “Big Art: miniature golf,” an interactive exhibition scheduled to run from July 18 to Oct. 7. The museum has also announced that an interactive exhibition called Big Crocodile, previously, Maklansky was executive director at the Brevard Art Museum in Melbourne.

Photo by Kurtis Boggs

Steven Maklansky, director of the Boca Raton Museum of Art, stands with a touchable sculpture called Big Crocodile. Previously, Maklansky was executive director at the Brevard Art Museum in Melbourne.
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Vanilla Ice lends fame for Habitat for Humanity

Check out the tats, the piercings, the hip-hop attire, and the coolness. Cool as ice. Yet, deep down inside, Rob Van Winkle, popularly known as Vanilla Ice, is a regular guy. Oh, sure, he loves fancy cars and the nightlife, and he remains active in show business. In December he played Captain Hook in a British pantomime production of Peter Pan, but if he hadn’t knocked pop music on its derriere with Ice Baby way, way back in 1989, he could very well be a carpenter.

In fact, he is a carpenter, of sorts. In his DIY Network TV series, The Vanilla Ice Project, entering its second season, he renovates homes in Wellington, each episode dedicated to a different room. Tying in with his latest project, he’s hooked up with Capitol Lighting in Boca for Habitat for Humanity for its Making a Difference campaign. Through Feb. 28, anyone who donates old lighting fixtures to the Capitol showroom to publicize the campaign, “I can’t believe it’s all happened. It amazes me. I’m blessed.”

He added: “I hope we can branch out on the show and go to other areas. I’d like to do something in Palm Beach or Boca. I have friends there.”

Van Winkle autographed a curly chrome lamp at Capitol that will be put up for auctioned on eBay to raise money for Habitat for Humanity and to publicize the Feb. 18 opening of its Delray Beach “ReStore,” at 1900 N. Federal Highway.

If you can’t wait for Valentine’s Day for that love life boost, consider that the ancient Greeks and Egyptians — and some present-day experts — have considered garlic an aphrodisiac. So why not start the weekend before with the Delray Garlic Festival at Old School Square! The “Best Stinkin’ Party in Town” offers garlic in every shape and form, competition to crown the 2012 “Garlic Chef,” plus a little music to boot. The entertainment bill this year includes Uncle Kracker, Andy Childs, G. Love & Special Sauce, plus a Sunday full of tribute bands playing the music of Billy Joel, Bon Jovi and Journey. Admission is only $10 per day and proceeds — $500,000 so far — benefit local youth education and arts organizations. To “Eat, Drink, Reel!” see dbgarlicfest.com.

Park Tavern is now open in Worthing Place on Delray’s Atlantic Avenue. It’s from the restaurateurs behind Cut 432, the steakhouse. Brandon Belluscio, one of three partners, says, “It’s an American tavern, focused on farm fresh, local and sustainable foods whenever possible.” On the menu are prime rib, spaghetti and meatballs, salmon tartare, Maine lobster pot pie and other moderately-priced diner favorites, he said. Another partner, Anthony Pizzo takes the lead in the kitchen.

Belluscio’s name may ring a bell with Boca diners – he and his father were behind Catch 22 on Federal Highway.

Palm Beach may be the ball capital, but Boca has its share of society galas and the season is heating up. The Building Hope Gala, Feb. 4 at The Polo Club of Boca Raton will celebrate 30 years of work by Food for the Poor. Its goal: Raise enough money to build 100 residences and a community center and begin an animal husbandry project in Deuxieme, Haiti. Tickets, $225, (888-404-4248).

A day later at the Ritz-Carlton in Manalapan, Christopher Kennedy Lawford will speak at the spring luncheon for the Comprehensive Alcoholism Rehabilitation Programs. Tickets: $150-$500 (844-6400, Ext. 228).

The Boca Raton Museum of Art boasts a stunning display of photographs by Patrizia Belluscio. See AROUND TOWN on page 8.
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AROUND TOWN

Continued from page 6

Zelano and Martin Schoeller through March 18, but on Feb. 18 attention turns to the Boca Raton Resort as the museum looks to the future with its Visionaries Ball. Tickets: $350 and up (932-2500).

Bethesda Hospital and its foundation celebrates its 65th anniversary at The Breakers March 3 with the “Phantom Ball,” featuring a performance by Broadway Phantom Davis Gaines and co-star Teri Bibb. Tickets, $350, (737-7733).

The Boca Raton Festival of the Arts, which opens March 7 with Jose Carreras in concert, has opened a “pop-up” store at the northeast corner of Mizner Park adjacent to the amphitheater to sell tickets. The pop-up will be open Thursday through Saturday from 5-9:30 p.m. until March 18.

Popping in on the pop-up’s opening day Jan. 19 was historian and Boca winter resident Doris Carreras.

Former Boca Raton Mayor Bill Smith and his wife Bonny, were decked out in matching shirts at the George Snow Scholarship Fund’s 19th Annual Caribbean Cowboy Ball on Jan. 28. Jason Walton, chief of staff at Lynn University, left, and Jessica Cornelle, a 2007 Snow Scholar and a kindergarten teacher at Forest Park Elementary School, were also on hand. Photos by Tim Stepien

APARTMENTS

Continued from page 1

owning real estate is risky, and others who have lost their homes have no option other than to rent, McCabe said. His company is tracking 40 new apartment complexes with 6,000 units either permitted or announced in Palm Beach, Broward and Miami-Dade counties, he said.

And while some market segments, including West Palm Beach and downtown Miami, were flooded with condos that might be available for rent, Boca Raton was not.

There were several condo proposals but never built downtown, Welchel said. “Via Mizner was designed for condos originally,” she said. “Had condos been the market-driven style, we would have been equally as pleased. “But the fact that these high-end rental apartments will fill up our downtown and create the pedestrian environment is an exciting opportunity.”

The 350-unit Via Mizner project planned for the corner of Camino Real and Federal Highway will include a five-level parking garage along with a pool.

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The 350-unit Via Mizner project planned for the corner of Camino Real and Federal Highway will include a five-level parking garage along with a pool.
HOSPITAL
Continued from page 1

and the population base that resides here,” Kaubers said. “Challenges that exist out there in understanding aging include everything from the disease to the management of late-in-life issues.”

FAU’s College of Medicine sees a Boca Raton testing site as important to FAU research scientists. “As we grow together, we are planning joint faculty appointments and many collaborations on clinical research efforts,” said Dr. David J. Bjorkman, dean and professor of FAU’s Charles E. Schmidt College of Medicine. “The creation of the Marcus Neuroscience Institute will jump-start and further enhance our joint efforts in education and future research collaborations in the areas of neuroscience and aging.”

The Scripps Research Institute also welcomed the hospital’s plan to open its new neuroscience center in 2014. “We are certainly open to any collaboration that would further scientific and medical advances,” said Harry Orf, vice president for scientific operations at Scripps Florida. “Our goals are the same.”

The research and academic focus on aging diseases is extensive in the county. FAU’s commitment goes beyond scientists researching Alzheimer’s and Parkinson’s treatments to include its Center for Complex Systems and Brain Sciences in the College of Medicine.

The center brings together scientists from different backgrounds to tackle the most profound questions of brain and behavior to create a new breed of neuroscientist on the cutting edge of research. The university’s College of Nursing opened its Memory and Wellness Center in 2001 to meet the complex needs of people with memory disorders. The center conducts research on the best care for patients with such disorders.

FAU’s new medical school began classes last August with a focus on gerontology and aging to educate future scientists. The medical school has partnered with Scripps Florida to offer a dual M.D./Ph.D. program with a medical degree from FAU and a doctorate degree offered by Scripps’ Kelllogg School of Science and Technology. Scripps has research projects underway in neuroscience focusing on the processes of memory and the diseases such as Alzheimer’s and Parkinson’s that affect them. Scripps scientists are investigating metabolic changes involved in the aging process that they hope will lead to therapeutics that can help patients live healthier lives longer.

Germany’s world-renowned Max Planck Society will open its new neuroscience research center next to Scripps this summer. Scientists there also are looking for ways to treat diseases such as Alzheimer’s and Parkinson’s. Scripps joined Tenet Florida last month to announce that a second clinical research hospital will be built in Jupiter near facilities for Scripps and the Max Planck Society. The $25 million given by former Home Depot CEO Bernie Marcus to build the Boca Raton neuroscience center is the largest philanthropic gift ever given to the hospital. “Our plan at Boca Regional is to meld the best in physician expertise and the finest technology and a marvelous facility to provide a center of excellence in the neurosciences that is unparalleled in Florida,” Marcus said.

The $25 million given by former Home Depot CEO Bernie Marcus is the largest philanthropic gift ever given to Boca Raton Regional Hospital.

Cancer patients who have had to travel out of the county for proton therapy treatments got some good news late in January. That’s when Boca Raton Regional Hospital announced plans to build a $120 million proton therapy center on Glades Road. Proponents of the therapy, used only for certain types of cancer (prostate, lung and brain tumors and pediatric cancers), say it can radiate a tumor without damaging the healthy tissue around it. The center will be built on hospital-owned land at 620 Glades Road, now home to a strip center, which will be razed.

Details about the center’s financing are expected to be released in February, a hospital spokesman said. Earlier last month, South Florida Radiation Oncology, based in Wellington, revealed plans to spend $30 million on a proton therapy center in southern or central Palm Beach County.

Currently, the nearest proton therapy center is in Jacksonville.

Hospital remains tops in clinical excellence

For the eighth consecutive year, Boca Raton Regional Hospital was named a Distinguished Hospital for Clinical Excellence by HealthGrades, the country’s top independent health-care ratings organization. The distinction puts the hospital among the top 5 percent of hospitals in the nation for its clinical performance. HealthGrades includes Hospital Quality and Clinical Excellence study, released in January, identifies hospitals with the best overall clinical performance across 26 medical diagnoses and procedures that the organization rates.

$120 million proton center planned for Glades Road

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News 9
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Highland Beach
Less hours, same pay for police

Town police will work 5 percent fewer hours but keep their same pay under a new contract proposal. “So that is essentially a 5 percent [pay] increase,” Town Manager Kathleen Weser told town commissioners at their January workshop. Commissioners scheduled the three-year pact for a Feb. 7 vote. Officers will also be eligible, as other town employees are, for yearly merit raises up to 5 percent.

Boca Raton
Ready to lead

Major Donald E. Schofield, commander/conductor of the Air Force Reserve Concert Band (left), gives Boca Raton Community Resources and Affairs Specialist Emily Lilly (right) a lesson on how to conduct the band at the Count de Hoernle Amphitheater in Mizner Park in Boca Raton on Jan. 25.

Along the Coast
Police clear driver in fatal bike collision

Delray Beach police have closed their investigation into the April fatality in which a bicyclist was killed on A1A by a truck.
The driver was not at fault, and police have no basis to charge him, said Sgt. Richard Jacobson, who oversaw the investigation. They have forwarded the file to the state attorney’s office for review, which is required under state law any time there’s a traffic accident involving a fatality, he said.

Adam M. Theall, 38, of Boca Raton, died when he collided with the truck at the intersection of A1A and Del Harbor Drive just south of Linton Boulevard.

“The bicyclist was totally at fault,” Jacobson said. Witnesses said Theall was traveling behind the truck and some cars that were behind it. The truck and cars all slowed when the truck approached the intersection, but the bicyclist continued at the same speed, Jacobson said, passing the cars and colliding with the turning truck at the intersection.

“The guy should have slowed down,” Jacobson said, adding that bicycle riders must use the same rules as motor vehicles when they ride on the streets. “If he was in a car, would it be proper for a car to pass on the right? No.”
The truck was a commercial vehicle carrying a roll-off trash bin. Because of the height of the truck, the driver would have been unable to see the bicycle rider once he began the turn, Jacobson said.

The accident sparked speculation among members of SAFE, a bicycle and pedestrian safety advocacy organization. SAFE Chairman Jim Smith had contacted the state Department of Transportation, asking for engineers to investigate the safety of the intersection.

Although there are bike lanes north of the area, the intersection where the accident occurred has none. In this case, it wouldn’t have made a difference, Jacobson said.

“It’s very unfortunate. Crashes are normally due to several factors, not one factor. I’m sure if the truck and bicyclist both exercised a greater safety, the accident could have been averted,” Smith said.

— Steve Plunkett

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SOBER
Continued from page 1

Caron has said its clients will receive their clinical treatment at its facility in Boca Raton. But Caron’s assurances that the “boutique” center would offer “exclusive services” and house wealthy, elite and “discerning” clients paying upwards of $60,000 per month has done little to comfort neighbors, Barrette said.

“A lot having Lindsay Lohan in there was going to make it better,” she said.

Rothermel insists Caron will maintain property values. He asks that neighbors, “let us prove to them that we’re going to be good neighbors.”

He said one house would be for recovering men, the other for women. He added he hoped clients would be moving in by the end of this month.

Neighborhood resident and lawyer Mindy Farber said she is concerned Caron, citing federal regulations, won’t disclose client names or the nature of problems being treated.

“Their seat is either a sexual predator or people who are registered sexual offenders, she said. “It’s not going to be a friendly neighbor; it’s another not to be told who your neighbors are. It’s totally creepy.”

Last month, the city hired its Miami and Washington D.C., law firms after residents learned in December that Caron was buying houses near the ocean.

City commissioners asked the city’s planning and zoning board to review a proposal to lower the number of times that bedrooms can be rented in a single-family home from six to three times a year. The planning board has recommended only two rentals per year.

That proposal is scheduled to be back before the commission on Feb. 7 after outside attorneys review its legality.

“We are running absolutely everything by outside counsel now,” assistant city attorney Terrill Pyburn said.

The Miami law firm of Weiss Serota Helfman Pastoriza Cole & Boniske and the Washington D.C., legal and lobbying firm of Patton, Boggs and Blow were hired to determine whether the city’s laws can be tightened to restrict either the number of unrelated people or length of stay in a house.

A lawsuit would pit the same two attorneys who battled over Boca Raton’s attempt five years ago to restrict sober houses. Boca Raton was sued when it said no more than three unrelated people could live in a single-family home. The federal lawsuit resulted in a judge reaffirming that recovering alcoholics and drug addicts have protection under the Fair Housing Act and Americans with Disabilities Act.

The judge ruled in 2007 that Boca Raton’s limit of three patients created a “disparate impact” on patients. Attorney James Green, representing the American Civil Liberties Union, argued that sober house patients have a greater chance of recovery if more patients are in the house.

The judge lifted his injunction after a procedure was adopted in which providers can request a “reasonable accommodation” to allow more than three patients in a sober house. That procedure is followed now in both Boca Raton and Delray Beach.

Rothermel warns that Delray Beach will lose in court, too, if it attempts to restrict recovery houses in other ways.

“The politicians are clearly pandering to property owners as part of the Coastal Waterway,” he said.

Green now represents Caron. The city’s lead attorney is Matthew Mandel, who represented Boca Raton.

Caron on Dec. 19, requested a reasonable accommodation to allow seven clients to live in a five bedroom, $3 million house at 1232 Seacray Ave. it purchased last month.

The city has until early this month to decide whether to grant the request and if it denies, Caron has 30 days to appeal to the City Commission.

A reasonable accommodation waiver has already been granted to Caron to house seven patients at 740 N Ocean Blvd. But a city official says Caron can’t open the house until it gets a permit required for anyone who rents residential property.

“They will be required to have a landlord permit,” said Lula Butler, the city’s community improvement director.

Rothermel disputes that Caron needs such a permit. “Our patients aren’t renting real estate,” he said.

City officials early last year approved the reasonable accommodation request for 740 N Ocean Blvd. without asking Caron for the address.

The planning and zoning board recommended at its Jan. 23 meeting that an address be required for future applications.

“We’re trying to come up with something that makes it difficult to operate in single-family neighborhoods,” board chairman Cary Glickstein said of the city’s efforts.

“Caron is exploiting something the fair housing and ADA laws never intended to allow addicts perhaps with criminal records to live there,” Glickstein said. “It’s just a matter of time before this gets shut down.”

Boca Raton / Delray Beach
Cities oppose proposed new law for sober housing

By Steve Plunkett

Boca Raton and Delray Beach are tracking a bill in the Florida Senate that would establish rules for a “sober house transitional living home.”

The proposal, by state Sen. Ellyn Setnor Bogdanoff, R-Fort Lauderdale, would require supervision of the residents of such a home, require that it comply with standards of occupancy set by the local government and provide restrictions on the provision of onsite substance abuse treatment facilities.

Boca Raton City Manager Leif Ahnell said the city has “significant concerns” with the bill, SB 1026, as does Delray Beach, “because it would significantly alter how sober houses are treated and make them unaffordable in our community.”

Ahnell said he and his Delray Beach counterparts are monitoring the bill’s progress in Tallahassee.

“We may be writing letters in support of the bill, to the League of Cities, who’s currently supporting the bill but we don’t believe understands it deeper than how it gets amended,” Ahnell told City Council members at their Jan. 24 meeting.

Council Member Michael Mullahay said the county League of Cities does not support Bogdanoff’s bill, “but they haven’t been able to convince the state people.”

“So we want to be careful in the letter to make it clear that the Palm Beach County League of Cities does understand … this bill is no bill at all,” Mullahay said. “It’s truly a disaster.”

In a letter dated Jan. 23, Delray Beach Mayor Woodie McDuffie specified his city’s concerns. The bill, he wrote Bogdanoff and the Florida League of Cities, provides that “treatment, including ‘Detoxification,’” may take place in single-family zoning districts.

The bill also would allow a sober house in single-family districts to have up to six unrelated residents, McDuffie complained.

“Based on the foregoing, we believe that if Proposed SB1026 passes, it will be more harmful than helpful,” McDuffie concluded.

The Palm Beach League of Cities downgraded its position on the bill from “Support” to “Watch” in its Jan. 27 Legislative Bulletin.

Bogdanoff sponsored a similar bill in the 2011 legislative session; it died in committee.

In the 2010 legislative session then-state Sen. Dave Aronberg introduced an amendment with input from Delray Beach and Boca Raton that would have prevented a sober house from opening within 1,000 feet of another sober house. The amendment was later dropped on a point of order.
Scott wins re-election as challenger drops out

By Steve Plunkett

City Council Member Constance Scott was effectively re-elected Jan. 25 when challenger Bill Trinka officially quit the race just two weeks after filing to run.

“After deep personal reflection I am suspending my campaign for City Council,” Trinka announced at the council meeting the night before. “While I wish to remain a voice in the community for matters in the downtown area, as of right now all events and appearances related to my campaign are canceled.”

Trinka, a retired Boca Raton firefighter and 40-year resident, said he learned self-reliance from his father and felt extreme discomfort asking other people for help in the campaign.

“I don’t have to be up on the dais to make a difference,” he said after signing candidate withdrawal forms at the city clerk’s office.

It was Trinka’s second quick reversal in January. He was reappointed to the Downtown Boca Raton Advisory Board on Jan. 10 only to resign five days later for his City Council run. Trinka said he “probably” will reapply for a seat on the advisory board. This will be Scott’s second three-year term on the City Council. She also is chairman of the city’s Redevelopment Agency.

Still to be decided in the March 13 municipal election is the race between incumbent Anthony Majhess and challenger Frank Chapman. Majhess, a Palm Beach County firefighter, is seeking a second term. Chapman, a political newcomer, has a law degree and is president of the Boca Pop Warner Football League.

The City Council changed the qualifying dates from the first seven business days of February to the first seven business days of January to get candidate names to the county supervisor of elections earlier and to give candidates and voters more time to interact.

Mizner Park rolls out the red carpet for the Oscars

By Mary Thurwachter

No need to fly to Hollywood. The Oscars are coming to Boca Raton in a big-screen way.

As one of the Academy of Motion Picture Arts and Sciences’ 49 sanctioned official hosts of Oscar Night America, Palm Beach International Film Festival and the city of Boca Raton are hosting the 84th Annual Academy Awards at Mizner Park Amphitheatre on Feb. 26.

The party begins at 7:30 p.m. with a red-carpet arrival for local celebrities and other guests. At 8 p.m., guests can watch a live telecast of the Oscars with host Billy Crystal on a huge outdoor screen under a canopy.

Attire is Oscar chic. Guests can bid on some auction items and guess who will win Oscars for a chance to win prizes. Raffle tickets will be available for a chance to score the red-carpet experience at the 17th Annual PBIFF Opening Night Silver Screen Splash on April 11. (The festival runs from April 11-19.)

The planning committee for the local Oscar Night America. Back row, from left: Terry Watkins, Barbara Russo, Joan Schnell and Harvey Wachman. Bottom row: Mimi Sadler, Randi Emerman, Barbara Brietstein and Robin Trompeter. Photo provided
The weeklong 2012 Allianz Championship will attract 75,000 golfers and fans to The Old Course at Broken Sound Club. Beginning Feb. 6, amateur golfers will compete for a variety of trophies and the pros will vie for a $1.8 million purse. But it’s not just golf fans who will want to attend this Boca Raton golf tournament that benefits the Boca Raton Regional Hospital.

“We want to bring a new type spectator to the event … someone who might not come just to see golf,” says tournament director Ryan Dillon. To do this, the organizers have created the Grapes on the Green Golf and Wine Event to be held Feb. 11.

Sponsored by the Boca Raton Bridge Hotel, the afternoon fest will allow tournament attendees not only to mingle with the pros but also to enjoy local restaurant fare. Samples of food will be offered from 10 to 12 restaurants such as Morton’s The Steakhouse, Carmen’s at the Top of the Bridge and WaterColors, all in Boca Raton, as well as Dennis Max’s three new restaurants including Max’s Harvest in Delray Beach.

“This is a little bit different tasting event being held on a golf course. It’s not in a restaurant or a hotel ballroom,” Dillon says.

To create the perfect space, the organizers rerouted the golf course, making the 16th hole into the 18th hole for the competition.

“We wanted to hold the Grapes event near a hole that would provide a good view and plenty of space for hospitality,” Dillon says.

The 500 people expected to attend this culinary event will have an up-close view of the championship players chipping onto the green and putting into the final hole of the day. The hole lies not 30 feet away. Besides good golf and fine food, there will be wines. “But these won’t be just any wines,” Dillon says.

They will include selections labeled for such golfing legends as Arnold Palmer, Gary Player, Annika Sorenstam, Fred Couples and David Frost. Other domestic and international wines will be poured from bottles that retail for $30 or more. About 10 reds and whites will be served.

As tournament play continues throughout the afternoon, the pro players will join the wine and food celebration after their rounds.

Looking for the likes of Tom Lehman, Nick Price, Hale Irwin, Curtis Strange and Bernhard Langer to be signing and sampling as they sign autographs.

But don’t worry if you can’t make it to the tournament. The Golf Channel is offering live coverage.

“Their fans can’t have mistakes because we are going to be on TV,” Dillon says.
By Liz Best

Where else could a rabbi, a banker, a pilot, a tireless community volunteer and a man who founded a scholarship program in his father’s memory be honored at the same time but at the annual OPAL Awards?

At the Rotary Club of Boca Raton's 15th Annual OPAL (Outstanding People and Leadership) Awards ceremony, held Jan. 14 at Boca Pointe Country Club, not only were five outstanding people honored, money was raised to provide college scholarships for high school students in need of financial help to attend college.

The Boca Raton group has 34 students receiving financial help and mentoring services and selects 10 to 15 new students each year.

The idea is to find determined students who can’t afford college, and make sure they are able to complete their degree program debt-free.

At the 2012 OPAL Awards, the spotlight was on five local residents who have devoted their lives to helping others.

Rabbi Merle Singer was the club's first religious nominee and is the reason Temple Beth El is a force in the community, according to the local Rotary president, Doug Mummaw.

"He has touched many lives and he’s been a spiritual leader in our community for 35 years."

Volunteer Patricia Thomas has spent years working nonstop for those less fortunate in the Boca area through her involvement with a variety of nonprofit organizations. She approaches her volunteer work as if she were being paid for it.

"Her full-time job was service," said Mummaw. "She worked it a lot like a career."

Kenneth Davis, a 35-year Rotary member, uses his pilot’s license to serve the children at the orphanage on Cat Island in the Bahamas.

"He swims with the kids and they all call him Uncle Kenny," said Mummaw.

OPAL recipient Timothy Snow started a scholarship program in memory of his father, George Snow, who perished in a helicopter accident.

"Not only is he instrumental in delivering much-needed services to the tiny isolated island community, he also gets to know the kids he helps," said Mummaw.

"He swims with the kids and they all call him Uncle Kenny," said Mummaw.

OPAL recipient Timothy Snow started a scholarship program in memory of his father, George Snow, who perished in a helicopter accident.

The George Snow Scholarship Fund is a world-class program that provides fostering and mentoring services to students, said Mummaw.

Warren Orlando, chairman of the board of 1st United Bancorp and 1st United Bank, received an OPAL for his contribution to the local business community.

"You’d be hard-pressed to find someone he hasn’t helped in business," said Mummaw.

"He’s also one of the kindest, dearest people you could meet."

OPAL is the flagship fundraiser for the Boca Rotary Club and Mummaw is pleased with the spirit of the program and how well it fits the spirit of Rotary Club International.

"The Rotary International mantra, or slogan, is ‘changing lives and building futures,’ " he said. "It’s great that the mantra is so fitting to what we do."
MEET YOUR NEIGHBOR:  Eva Hirschenstein Appelbaum

In 1941, a little Yugoslavian girl watched from her window as German tanks rolled down the street in Zagreb, where her family lived. Eva Hirschenstein was 7 and had no idea about the haunting events to follow. It wasn’t long before her family was on the run from Nazis, managing to escape death camps through strokes of luck and with help from many kind souls along the way — particularly, she said, the Italian army.

Before her mother packed their two suitcases, she pulled apart the seams of her daughter’s teddy bear, hid money inside, and sewed it back together. As the family moved from place to place, the money was never discovered.

She and her parents made it through WWII, despite several close calls, but her grandmother, uncle and stepfather died in an extermination camp close to Zagreb. Many family friends also perished.

Dr. Eva Hirschenstein Appelbaum chronicles those harrowing events in her book, Free Confinement: Survival in Europe 1942-1945 (available at Amazon.com).

“It’s about how my parents and I, a Jewish family, escaped from Nazi-occupied Yugoslavia and were protected by [members of] the Italian army by whatever means necessary,” the Highland Beach woman said. She wants to let people know how Italian soldiers helped save Jews during World War II.

A third book will cover her growing up in Rome as a young girl and has written a book on how Italian soldiers helped save Jews during World War II. She will read from her book at 5 p.m. March 8 at the Highland Beach Library.

She and her husband, who is also retired, spend winters in Highland Beach, where she enjoys leisurely strolls on the beach, sculpting and writing. She speaks five languages.

Appelbaum, 77, still has the teddy bear that stored her family’s cash during those difficult times seven decades ago. “I call him by the Serbo-Croatian equivalent of teddy bear, which is medek,” she said. “He sits high on a small bookcase in my Manhattan apartment.”

— Mary Thurwachter

Q. What are some highlights of your life?
A. The birth of my three children and my two little granddaughters.

Q. How did you choose to make your home in Highland Beach?
A. My husband and I came to visit relatives and, driving along A1A, I fell in love with the beachfront. Delray reminded me of summer resorts in Italy.

Q. What is your favorite part about living in Highland Beach?
A. Warm weather, friendly people, walking on the beach, collecting seashells and pretty stones. Also, barbecuing and looking at the beautiful sunsets.

Q. If someone made a movie of your life, who would you like to play you and why?
A. Helen Mirren; I watched her in Prime Suspect and [portraying] Queen Elizabeth and find her very versatile.

Q. What music do you listen to when you need inspiration? When you want to relax?
A. Mostly classical music, Mozart, Beethoven.

Q. Do you have a favorite quote that inspires your decisions?
A. “To thyself be true.”

Q. Have you had mentors in your life? Individuals who have inspired your life decisions?
A. My art teacher in high school, my parents, a professor in medical school and Bruno, someone I talk about in my memoir.

Q. What’s the last book you read and would you recommend it?
A. The Tiger’s Wife, by Tea Obreht. It is by a very young American writer from Serbia who illustrates the 1992 war in Yugoslavia with magic realism and stories within stories. I recommended it to all my friends.

Q. Who or what makes you laugh?
A. My favorite movie — Arsenic and Old Lace — and Saturday Night Live.

Q. Where did you grow up and go to school?
A. After my parents and I escaped from German-occupied Yugoslavia, I grew up in Rome, Italy, where I went to school and graduated from medical school.

Eva Hirschenstein Appelbaum survived the Holocaust in Yugoslavia, moved to the United States and has written a book on how Italian soldiers helped save Jews during World War II. She will read from her book at 5 p.m. March 8 at the Highland Beach Library.

Photo by Tim Stepniewski
Valentine’s Day

Diamonds...
the new chocolate

A girl’s best friend sparkles in a darker way

By Paula Detwiller

Here’s some Valentine’s Day logic (listen up, guys): Diamonds are a girl’s best friend. Women love chocolate. Therefore, women ought to love chocolate diamonds, right?

Well … yes and no.

First, a little background. “Chocolate diamonds” refers to brown-colored diamonds, mined mainly in Australia, but also found in Russia, Africa and Canada. For years, brown diamonds were seen as inferior — a byproduct used in sandpaper, sparkly ceiling tiles and industrial cutting equipment.

Then, a brilliant idea emerged in the diamond industry: Let’s turn these lowly brown gemstones into a sought-after, high-end commodity. In 2000, the world-renowned Le Vian jewelry company coined the now-trademarked name “chocolate diamonds,” and a fashion trend was born.

“Brown diamond doesn’t sound nearly as yummy as chocolate diamond,” acknowledges Gemological Institute of America graduate Emi Ebben, manager of Manalapan’s Jewelry Artisans Inc. She says diamonds are naturally formed in a variety of colors, including blue, pink, yellow, green and black. But until recently, there wasn’t a mass market for colored diamonds.

Harry Bhagia, owner of Harry’s Designer Jewels in Boca Raton’s Royal Palm Place, says exotic color names can make all the difference. “Fifty years ago, if you gave someone a yellow diamond, they wouldn’t want it,” Bhagia said. “Then the industry started calling them Canary Diamonds, and women looked at them in a whole new light.”

Of course, our celebrity culture also influences trends. “If Angelina Jolie is seen on TV tomorrow wearing a chocolate diamond ring, it will triple the sales,” Bhagia said.

That’s partly why, local jewelers say, it’s the younger women who are most interested in chocolate diamonds today. Another reason: the lower price point. Large stones in the chocolate color are a rarity in nature, so much of the jewelry is made with pave settings, using many small, brilliant-cut stones. Such pieces occupy the niche known as fashion jewelry, which is usually less expensive than fine jewelry.

Ella Riggs, owner of Lake Worth Jewelers, has mostly older, wealthy customers who buy diamonds for their investment value. “My customers aren’t asking for chocolate diamonds, nor have they ever,” Riggs said. “In my opinion, it’s the poorest investment anyone could ever make.

That opinion is not deterring the fashion jewelry sector, which continues to concoct new commercial names for brown diamonds.

Designer Charles Krypell, whose jewelry is represented at Kientzy Jewelers in coastal Delray Beach, has a new line of “mocha” diamond pieces. And to distinguish between varying shades of brown diamonds, gemologists refer to champagne (light brown), clove (greenish brown), cinnamon (reddish brown), and cognac (orangey brown) diamonds. It’s easy to forget we’re talking about the world’s hardest rock and not a dessert menu.

Whether the diamond is white or brown(ish), the “4 Cs” grading system still applies: carat weight, color, clarity, cut. Ebben of Jewelry Artisans says a good-sized brown diamond with an intense color and a beautiful cut would be very valuable.

“Chocolate diamonds can be stunning,” Ebben said. “They have such a warm tone, especially when paired with rose gold and white diamond accents.”

And now we’ve gotten to the heart of the matter. The desire for chocolate diamonds, like chocolate itself, all boils down to taste.

—

Where to find chocolate diamonds

Altier Jewelers
701 S. Federal Highway
Boca Raton
395-3463
www.altierjewelers.com

Harry’s Designer Jewels
300 Esplanade
Royal Palm Place
Boca Raton
395-9899
www.harrysdesignerjewels.com

ZO Diamonds East
4251 N. Federal Highway
Boca Raton
353-3278
www.zodiamondseast.com

Kientzy & Co. Fine Jewelers
1053 E. Atlantic Ave.
Delray Beach
272-4545
www.kientzy.com

Jewelry Artisans Inc.
Plaza Del Mar
247 S. Ocean Blvd.
Manalapan
586-8687
www.jewelryartisanspalmbeach.com

This 1 carat chocolate diamond pendant sells for $5,700 at Harry’s Designer Jewels.

This 1 carat diamond leaf ring, which contains both white and chocolate stones, is $1,479 at Harry’s Designer Jewels in Boca Raton.

This 1 carat diamond leaf brooch is set in 18k white gold. It was custom-made for a local couple at Jewelry Artisans. Photos by Tim Stepien

White and chocolate diamond starfish brooch is set in 18k white gold. It was custom-made for a local couple at Jewelry Artisans. Photos by Tim Stepien

Crab is made with chocolate, cinnamon and clove diamonds in a pave setting. It can be worn as a pin or a pendant.

It is $4,250 at Jewelry Artisans in Manalapan.

This 1 carat diamond leaf ring, which contains both white and chocolate stones, is $1,479 at Harry’s Designer Jewels in Boca Raton.
February 2012

The COASTAL STAR

Valentine’s Day 17

Chocolate Decadence organizers: Back row, from left: Chim Francisco; Sydney Lynn; Stephanie Economos; Christine Rothenberg; Colleen Occhiograsso; Michelle Silverstone; Laura Nowadly; and Kirsten Tuzzo. Front row: Sunnie Brooks; Co-Chairs Melissa Roberts and Jennifer Baker; Community Sweetheart Dr. Marta Rendon; Melissa Whelchel; and Carla Zorovich. Photos provided

11th Annual Chocolate Decadence

“The Sweetest Party in Town”
Sponsored by Junior League of Boca Raton
When: Thursday, Feb. 9, 6-9 p.m.
Where: The Shops at Boca Center, 5050 Town Center Circle, Boca Raton
An evening of sweet samplings from more than 25 restaurants. Includes wines, live music, entertainment, a VIP Lounge and a silent auction. Proceeds benefit the Junior League’s many community projects.
Advance tickets: $35 general admission and $75 for the VIP Lounge. To purchase, visit www.bocachocolate.com or call 620-4778, Ext. 1.

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11th Annual Chocolate Decadence

Extraordinary Living for
Extraordinary People.
St. Andrews pro Jim Simon has a goal: ‘to serve the customers’

By Steve Pike

Jim Simon and the St. Andrews Club are a perfect match. Each is classy, understated and comes with a fine history. The club, with its 18-hole, par-54 golf course, was founded in 1971 and has become one of the area’s most popular winter destinations for not only golf, but also games such as bridge, backgammon, tennis and croquet.

“One of our members calls this ‘Camp St. Andrews,’” said Simon, the club’s head professional. His 40 years of experience includes Disney World, Ocean Reef Club in Key Largo, Atlantis Country Club and, since 2000, St. Andrews Club.

Simon’s golf story began ingloriously in 1968. En route to Palm Beach Gardens to caddy for golf professional Jim Jamieson (Simon and Jamieson were each from Moline, Ill.) at PGA Tour Qualifying School, Simon’s car broke down in Orlando.

“Jim went to Palm Beach Gardens but I couldn’t do that,” Simon said from behind his desk inside the St. Andrews pro shop he and his wife, Pat, own and operate. “I was broke and needed a job.”

Simon found a job 40 miles from Orlando and light years away from golf. He started working as a tour guide at the Kennedy Space Center.

“It was during the launches to the moon, so that was fun and exciting,” Simon said.

For the next three years, Simon played golf “for fun,” and in 1971 heard about this new place in Orlando called Disney World. He was hired as the equivalent of an assistant professional and later would help his fellow Disney golf professionals get into the PGA Apprentice program — the first step to becoming a full-fledged PGA professional.

“It was fun — a great opportunity to learn the Disney system,” Simon said. “I still go back to some of those lessons I learned.”

For example, Simon said, “They do things right; they don’t cut corners. Cleanliness and neatness is their forte. That’s the No. 1 things people comment about. And customer service, making sure their guests are happy: ‘They’re there to serve the customers and make it as pleasant as possible. That’s a philosophy I’ve tried to carry through my career.”

St. Andrews Club, nestled just off A1A near Gulf Stream, has approximately 300 members, most of whom are there only during the winter months. The course and other amenities are open year-round, but services, such as the golf pro shop and food and beverage, are only open during the winter season.

“We have a great membership. That’s the key,” Simon said. “And I teach quite a bit during the season. My philosophy is I try to help each individual with their specific needs — try to make them feel like they have better opportunity to hit fewer bad shots. That gets them to enjoy the game and feel as though they’ve improved, even if it’s just a few shots here and there.

“That’s why golf is such a great game. It can bring so many different abilities together and be in competition with the handicap system. I think that’s what makes golf fun.”

With 40 years of experience at Disney World, the Ocean Reef Club and the Atlantis Country Club, Jim Simon has settled in at St. Andrews Club. Photo by Kurtis Boggs

4001 North Ocean is the first new residential offering in Gulf Stream, the charming town south of Palm Beach, in more than 30 years. This boutique condominium enclave offers a private and luxurious lifestyle at unheard-of pricing for beachfront property. All 34 ocean-view residences are now under construction and will be ready December 2012. Only 20 of 34 spacious 3-bedroom residences are available, from $1.7 million.

Current conditions are ideal for acquiring this unique South Florida address. Seize this moment.

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4001 North Ocean Boulevard, Gulf Stream • 2.8 miles north of Atlantic Avenue on A1A.
A ‘locals guide’ to kayaking the Intracoastal

Saltwater paddling trail takes enthusiasts on a 1,515-mile trek along Florida’s coast

By Deborah S. Hartz-Seeley

Whether you are in search of great blues (herons), roseate spoonbills, alligators, manatees, mangroves or mega mansions, your kayak is a great way to see them. South Florida is veined with canals, lakes and waterways that are perfect for paddling. In fact, our area is part of the Florida Circumnavigational Saltwater Paddling Trail. It begins at Big Lagoon State Park near Pensacola, heads south along the west coast of the state, covers the Keys and then makes its way up the east coast to Fort Clinch State Park near the Georgia border. A natural wonder, the trail passes through every coastal Florida habitat from ocean island dunes to salt marshes and mangroves. The 1,515-mile trail is made up of 26 segments. Palm Beach County is included in segment 18 (Pompano Beach to Lake Worth) and segment 19 (Lake Worth to Jonathan Dickinson State Park).

For local paddlers, segments of the trail, as well as other paddling adventures, are easy to access from the many marinas and parks in our area. My husband, David Seeley, has been kayaking throughout South Florida for over 15 years. He goes with an informal group that meets every Tuesday and Thursday to paddle our waterways. With his assistance, we’ve put together this guide to local put-ins and the paddles they offer (listed in order south to north). These are easily accessible, offer a variety of amenities and, best of all, they are the starting points for many pleasant paddles. Just for fun, we’ve included latitudes and longitude coordinates so you can find these put-ins with your GPS or on navigational charts.

Of course, these trips are good for canoes and paddle boards as well as kayaks. So throw your boat on your car, pack a lunch, take your paddle, and we’ll see you on the water.

Pioneer Park

Although it’s a little bit of a ride into Broward County, the potential paddles make travel to this spot worthwhile. You can head south, paddle under Federal Highway and end up in the Intracoastal Waterway. But first, take a detour through the canals of Royal Palm Yacht & Country Club. You’ll be impressed by the money spent on backyards. Also, check out Deerfield Island Park where Al Capone wanted to build a house but was blocked by Boca Raton residents who didn’t want him as a neighbor. The island is home to squirrels, raccoons, gopher tortoises, armadillos and birds. If you need a restroom, there are facilities in Deerfield Island Park and a dock.

Head north from the put-in under Dixie Highway, and you’ll have to make a decision. You can continue north on the Boca Rio Canal or take the western fork into the Hillsboro River that passes under I-95. The river, which is the dividing line between Palm Beach and Broward counties, is navigable for only about a half mile before it comes to a dam. And because it passes behind an industrial park, it’s not that scenic.

We prefer the canal that lets you view backyards and park-like areas.

Silver Palm Park

Tucked into downtown Boca Raton, this hidden gem lets you head south to Lake Boca Raton, where you can pass by the tower of the Boca Raton Resort and Club. If you want to brave the boat traffic and ocean, make your way through Boca Inlet. Head north from the ramp and you’ll paddle into Lake Wyman, which is really just a widening in the Intracoastal Waterway. Along the eastern bank you’ll see nature at work at Gumbo Limbo Nature Center. On the west, James A. Rutherford Park has trails through the mangroves. These used to be open to the public but now they are only accessible through tours from Gumbo Limbo Nature Center. There is talk of refurbishing the paddling trails, but the work hasn’t started yet. Head farther north to arrive at another widening of the Intracoastal dubbed Lake Rogers. On its eastern bank you’ll find Spanish River Park. None of these parks have facilities for you to exit your boat, but they do attract wildlife you can enjoy from the water.

Mangrove Park

The ramp at this park was steep enough to be difficult to use. The city closed it in October to do construction that would make it more accessible. The ramp reopened in late January. Here, like at Knowles Park, you access a narrow part of the Intracoastal Waterway where boat traffic can make paddling unpleasant.

Knowles Park

This park just north of Mangrove Park provides access to the Intracoastal in Delray Beach at a spot where the waterway is narrow. Boat traffic can cause turbulence, making paddling from here difficult.

Ocean Inlet Park

This park is set on the east side of the Intracoastal just south of the Boynton Inlet. Instead of a ramp, you launch your boat from a beach. Head south to the Two Georges (www.twogorgesrestaurant.com) or Banana Boat (www.bananaboatboynton.com) restaurants. Each has a dock where you can get out of your boat to enjoy a meal or snack. Go north and you are at the south end of Lake Worth Lagoon. Here you can navigate around Hypoloxo Island. Just be careful. It’s shallow at the north end of the island where the waterway rejoins the lake Intracoastal. The Old Key Lime House (www.oldkeylimehouse.com) on East Oceana Avenue provides floating docks in case you want to exit your boat to eat on your way back down the Intracoastal to your car.

Harvey E. Oyer Jr. Park

Located about opposite Ocean Inlet Park, this park offers ramps, floating docks and a small beach that give you access to the same paddles mentioned above. But we prefer this park because you enter the water opposite the Ocean Inlet so there’s less boat traffic. Although there is a weekend See Kayak on page 20

Kayakers depart the boat ramp at Harvey E. Oyer Jr. Park in Boynton Beach to paddle along the Intracoastal Waterway. Photo by Tim Stephenson

Tuesday/Thursday Paddlers

If you are an experienced paddler who’d like to get on the water with a group, you may want to contact the Tuesday/Thursday Paddlers. This association notifies you of the paddle location by email, gathers at the designated put-in at 10 a.m. and paddles for about three hours twice a week. Time on the water is usually followed by lunch in a restaurant. The group has been meeting for over 15 years. For more information, email your phone number to seeleydavid@bellsouth.net, with “paddling group” in the subject line.

Palm Beach Pack and Paddle Club

This group hikes, bikes and paddles, but about 60 percent of its weekly events are paddles. There are monthly meetings with speakers on the second Monday of the month at 7 p.m. (a social time starts at 6:30 p.m.) at the Okeeheelee Nature Center in Okeeheelee Park, 7715 Forest Hill Blvd., west of West Palm Beach. Membership is $25 for individuals; $30 for families (no children under 18). Visit www.palmbeachpackandpaddleclub.com or call Geoff Wilson at 963-9755.

Florida Circumnavigational Saltwater Paddling Trail

Visit www.dep.state.fl.us/sp/paddling/saltwater.htm.

Kayak Rentals

Available at Adventure Times Kayak Shop, 21 Northlake Blvd., North Palm Beach; 881-7218; www.kayakpaddle.com.

Tours in Boca Raton

Join a naturalist from Gumbo Limbo Nature Center for a guided tour along the boardwalk at Rutherford Park. The walk is followed by a canoe paddle through the mangrove trails and back along the shoreline of the Intracoastal. Paddling experience is necessary. Cost is $22 per person; $15 for members of Gumbo Limbo Nature Center. Pre-payment and reservations required by calling 338-1542.

Tours in the Everglades

Loxahatchee Canoeing offers guided moonlight tours from 7 to 9 p.m. through Arthur R. Marshall Loxahatchee National Wildlife Refuge, Boynton Beach. Cost is $10 per person (includes boat rental) plus $5 admission to the park. Reservations required: call 733-0192 or visit www.canotheeveglades.com.

The refuge also offers volunteer-guided tours (bring your own boat) every other Saturday from 8-10:15 a.m. The tour is free after paying $5 admission to the park. Reservations required: call 734-8303.

Along the Coast

The COASTAL STAR Recreation 19

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Hypoluxo Island.
Lagoon and the north end of Lake Worth have easy access to Lake Worth. The same park with boat ramps last two years. During the closure, which may prohibit beginning March 19, but use of the ramps in this park should not be affected around the perimeter that provides access to wildlife habitats. The island also is home to a historic Coast Guard station and boathouse that was built in 1930. And there’s a command post and bunker for use by President John F. Kennedy in case of national emergency.

Phil Foster Park
900 E. Blue Heron Blvd. Riviera Beach
954-666-6000
N 26 47.004' W 80 2.967'

Although it’s a little bit of a drive, this park is worth the trip to put your boat into the north end of Lake Worth Lagoon. From here you can head north to Peanut Island (see above). And you can visit Little Munyon Island and Munyon Island, which are part of John D. MacArthur Beach State Park.

According to the park website, Munyon Island has a colorful history. The Seminoles called it Nuctaschoo (Pelican Island) and it was said to be one of the largest wading bird rookeries in South Florida. The first inhabitant in 1884 lived in a tent and made his living by selling green sea turtles caught in Lake Worth.

Next came the Pitts family, who bought the island in 1892. They built a two-story house and raised 28 kinds of fruit on their land. In 1901, the Pitts sold the island to Dr. James Munyon. He took two years to construct the Hotel Hygeia, named after the Greek goddess of health. The five-story, 21-room, eight-bath hotel catered to wealthy Northerners who came to recuperate and drink Dr. Munyon’s Paw-Paw Elixir. It was fermented papaya juice bottled on the island.

Arthur R. Marshall Loxahatchee National Wildlife Refuge
10216 Lee Road Boynton Beach
734-8303
N 26 29.853' W 80 13.309' To get here, you need to head west. Yes, all the way to the Everglades. But it’s worth the trip. Set on the north side of the Everglades, this 145,800-acre park offers a 5.5-mile kayak/canoe trail hewn from the sea of grass.

Go in the spring and summer when it’s hot and you’ll see plenty of alligators. We’ve floated over and around them up close and personal. You may see small kites, frogs, turtles, birds, butterflies and deer.

At some times of year, the paddling path may be overgrown with water hyacinths or the water may be low in the dry season. Call ahead to check trail conditions.

There is a $5 entrance fee to the park.

Bryant Park and South Bryant Park
Located just north of Harvey O. Eyer Jr. Park, you can enjoy this park if you want to cut across Lake Worth Lagoon to Palm Beach Island. Go south to look at Mar-a-Lago from the water. But be warned, on your way south you’ll experience lots of big water studded with only a few islands.

We prefer to go north along the coast of Palm Beach so we can explore the mangrove habitats. The Seminoles floated over and around them up close and personal. You may see small kites, frogs, turtles, birds, butterflies and deer.

At some times of year, the paddling path may be overgrown with water hyacinths or the water may be low in the dry season. Call ahead to check trail conditions.

There is a $5 entrance fee to the park.
Therapy uses art to tap unconscious

Can participating in an art-related exercise be as cathartic as a session on the psychotherapist’s couch? Elaine Donaghue of Ocean Ridge believes it can. A local psychotherapist since 1993, Donaghue recently expanded her practice to include a new technique called expressive arts therapy, which has roots in both art and psychology. “Expressive arts therapy can bring out things we’re not consciously aware of, such as repressed memories of abuse or neglect,” Donaghue says. “It can be more effective for some patients than talk therapy.”

After becoming certified at the Expressive Arts Florida Institute in Sarasota, Donaghue and her longtime friend and colleague Sherry Weinschenk decided to bring this therapeutic technique to southeast Florida. They opened the Center for Healing and Expressive Arts in Delray Beach’s Atlantic Plaza last May. Both are licensed clinical social workers. Weinschenk, of Lake Worth, is a social work instructor at Florida Atlantic University in Boca Raton.

So how does expressive arts therapy differ from traditional art therapy?

“Art therapy in the traditional sense is all about the product,” Donaghue says. “The patient draws a picture and the therapist interprets it. But expressive arts is more about the experience. It’s the experience of art — whether through visual art, drama, music, movement, writing or guided meditation — that taps into the unconscious and allows suppressed information to surface.”

In this way, expressive arts therapy is another tool in the Freudian psychoanalysis toolkit alongside hypnosis, dream interpretation, and childhood-memory mining.

“The process of artistic expression may bring up a past injury that’s been repressed, and because it’s been brought up, you realize, OK, this is still going on for me,” Donaghue says. “And it may be impacting your life in ways you don’t realize. The patient then has the opportunity to take that into a traditional therapy session and work on it.”

Not everyone is thrilled to try it. When the women in Donaghue and Weinschenk’s group therapy class were told it was “expressive arts night,” one of them, a client from Jupiter, protested.

“I said, ‘I don’t have a creative bone in my body. If I’d known we were going to do this, I wouldn’t have come tonight,’” the Jupiter client told me.

But midway through the exercise, which involved selecting an object from a basket and depicting the feelings it evoked, she said she became aware of inner feelings that guided her to an important realization. Later, in the group discussion period, she cried tears of relief.

“I don’t know when I would have gotten to that point in our regular therapy,” she said. “I tend to be a private person, not showing my feelings. It was a positive experience.”

Weinschenk likens expressive arts therapy to physical exercise. “You’re never that crazy about going to the gym, but afterwards you’re happy you went,” she says.

The Center for Healing and Expressive Arts recently contracted with HomeSafe, a West Palm Beach-based nonprofit, to help victims of domestic violence “process” their history through the use of expressive arts therapy. The center also offers a variety of art classes apart from therapy of any kind, for those who wish to experience art for art’s sake.

To learn more, contact Center for Healing and Expressive Arts, 777 E. Atlantic Ave., Suite B-4, Delray Beach, FL 33483; 279-2727; www.healingandexpressivearts.com

Paula Detwiller is a freelance writer and lifelong fitness junkie. Find her at www.pdwrites.com.
Each February, more than 185 different breeds vie for Best in Show honors at the prestigious Westminster Show sponsored by the American Kennel Club at Madison Square Garden in New York City. I suspect many of you will be rooting for your favorite breed (my vote goes to Pembroke Welsh corgi) as you tune into this two-day televised event. Last year, a Scottish deerhound named Hickory reigned as top dog. In the days that followed, searches for Scottish deerhound spiked on Google and other search engines. But any time is a good time to champion the cause for the true all-American breed — the marvelous mutt, the canine cocktail.

A friend of mine playfully refers to dogs of mysterious lineage as “who’s-your-daddy-who’s-your-momma” dogs. Thanks to advances in veterinary medicine and the completion of the canine genome project, we now can identify most dogs’ family trees using easy-to-use DNA identification kits. Not sure if your lovable mutt is a melody of bichon frise and miniature poodle or a beautiful blend of shih tzu and Norwich terrier? You can find out for certain — and benefit the Peggy Adams Animal Rescue League in the process.

Here’s how: For $65, you can purchase a Wisdom Panel Insights Mixed Breed Identification DNA test kit from this limited-access humane society that has been in Palm Beach County since 1925. A portion of the proceeds will be donated to this shelter that depends on donations — not tax dollars — to keep its doors open and to keep expanding services.

This DNA kit makes for ideal gifts for that hard-to-buy pet lover in your life or can be given for a favorite dog’s birthday or for other special holiday.

Rich Anderson, executive director at Peggy Adams, knew his dog, Hank, is a golden retriever and suspected that Rex and Roxi are siblings with Chihuahua and Yorkshire terrier heritage. Just to make sure, he did the cheek swabs on Rex and Roxi, followed the directions provided in the DNA kit, mailed in the samples and received the results a few weeks later from the Mars Veterinary lab.

“The DNA test did confirm that they are Yorkie-Chihuahuas and it was good to know their breeds,” says Anderson. Shelter assistant director Heidi Nielsen performed the DNA test on her beloved mutt, Ollie, an 80-pound dog who struck out four times in homes before being adopted by her four years ago.

“Until I had his DNA tested, I always referred to Ollie as my marvelous mutt when people would ask me what kind of dog he was,” says Nielsen. “Now I can say that one of his parents was German shepherd; another parent was cocker spaniel with wired-haired griffon. I never would have guessed those breeds, but knowing it now makes perfect sense when I consider his coat, his stature and his activity level.”

Peggy Adams is the first in Palm Beach County — and only among 65 shelters across the country — to offer pet owners a scientific way to identify the various breeds in their dogs.

Knowing your dog’s breeds provides many benefits. You can work more closely with your veterinarian to be on the lookout for early signs of certain inherited disorders. For example, Cavalier King Charles spaniels and great Danes are at genetic risks for developing heart disease. Alaskan malamutes and beagles are prone to glaucoma. Australian shepherds and Italian greyhounds have greater propensity for epilepsy.

Knowing your dog’s breed pool can also help you target a nutrition plan that fulfills the dietary needs of his specific breeds.

If you know your dog’s family tree, you can still help out the shelter by donating money to cover the cost of these DNA kits to be used on dogs awaiting adoption at the shelter. “By donating to cover the cost of these DNA kits, we can use them on the dogs here at our shelter so we can have a better idea of their breeds, and that can help them adopted more quickly,” says Anderson. Here’s your chance to take the mystery out of mutts, but retain their marvelous personalities.

Arden Moore, founder of FourLeggedLife.com, is an animal behavior consultant, editor, author, professional speaker and certified pet first aid instructor. She happily shares her home with two dogs, two cats and one overworked vacuum cleaner. Tune in to her Oh Behave! Behavior show on PetLifeRadio.com and learn more by visiting www.fourleggedlife.com.

Peggy Adams Animal Rescue League’s DNA test kit Purchase a Wisdom Panel Insights Mixed Breed Identification DNA test kit for $65. A portion of the proceeds will be donated to the shelter located at 3200 N Military Trail in West Palm Beach. For more information, call 686-3663.

Walk for the Animals Lace up your sneakers, brush your dog and mark your calendar to participate in the 11th annual Walk for the Animals on March 10. This one-mile fun walk will be held Downtown at the Gardens in Palm Beach Gardens to benefit the Peggy Adams Rescue League. You can register on the shelter’s website, www.hspb.org.

There are benefits in knowing a dog’s breed...
Retired pastor Dr. Ronald Siegenthaler of Delray Beach led the nondenominational service in the Briny Breezes auditorium on Jan. 22. Photo by Jerry Lower

Regis reaches out for YMCA; a flash mob dazzles in Boynton; and Briny church in full swing

Regis Philbin will be keynote speaker for the 10th Annual Prayer Breakfast to benefit the Young Men’s Christian Association of South Palm Beach County. “I am delighted by this year’s legendary guest and know it will be a breakfast to remember,” event organizer Yvonne Boice said.

Philbin, 80, is a popular talk and game show host who rose to fame in 1985 with Live! With Regis and Kathy Lee. The YMCA’s newest trustee, Marv Russell, got Philbin as speaker. “Without his help, we would not have been able to secure our spectacular speaker,” YMCA executive director Dick Pollack said.

Tickets are $75 for the 8:30 a.m. breakfast at the Boca Raton Resort & Club. Call (561) 237-0944 or see www.ymcaspbc.org for details.

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“I did a flash mob because my grandmother has Parkinson’s disease and loves to dance,” Sabrina said.

The mitzvah project raised $2,100 for the South Florida Parkinson’s Association. “This is utterly unique in my rabbinic experience,” Rabbi Fratello said afterward.

Many temples teach teens that the Jewish ritual can be an important social action in becoming a responsible adult. Sabrina’s friends donated to her cause when they gathered Dec. 17 at the Bose Jewish Community Center to rehearse their flash mob dance. Sabrina and her grandmother, Susan Marks, demonstrated the dance steps.

The 60 dancers then surprised the crowd of 1,000 the next day at the JCC’s annual community Hanukkah celebration at the Canyon Town Center Amphitheater in Boynton Beach. As a nice interfaith twist, Sabrina’s idea attracted 10 students and teachers from St. Marks Catholic School to dance in the flash mob.

“Why better way to come togetherness than a random act of kindness?” St. Mark teacher Elizabeth Eubanks asked.

Worship at Briny Breezes Community Church — the south county’s only seasonal church — starts in November when the snowbirds arrive and ends when they leave after Easter. “We’re for people who might not go to a regular church service but would go here because it’s convenient,” longtime member Betty Foland explained.

Mostly retirees live in the 485 trailer homes that compose this oceanfront hamlet. “The church is here for the spiritual needs of the people,” Foland said. “Some come in wheelchairs and walkers.”

A rotation of part-time pastors take turns delivering the sermon.

One is the Rev. Ray Brower, who has preached the first and third Sundays in Briny Breezes since he retired as pastor of Boca Raton Community Church in 1992.

“I get them all pumped up on my Sunday and then say I’ll see you in two weeks,” laughed Brower, who also makes house calls and hospital visits.

Mike Bingham, manager for religious radio station WRMB in Boynton Beach, delivers the Easter sermon each year. All are welcome at the 10:30 a.m. nondenominational service in the Briny Breezes auditorium.

“We discourage our pastors from talking denomination or doctrine,” Foland said. “We just want them to talk about Jesus.”

Brower said pastors are careful to do that. “Everyone can come and feel free to worship,” he said. “Nothing is going to offend them.”

Tim Pallesen writes about people of faith, their congregations, causes and community events. Email him at tspallesen@aol.com.
Society Spotlight

50th Anniversary Boca Raton Hospital Ball
Boca Raton Resort & Club

Boca Raton residents Karen Asher, Bobby Campbell, Maureen Egan (wife of the late Ambassador to Ireland Richard Egan) and Senada Adzem were among those attending the $2,500-per-person fundraiser Jan. 12.

The Ball, held Jan. 21, raised $1.2 million for the Patient Care Fund, which supports the programs, services and technology that improve patient care and the patient experience at our hospital. Dick and Barbara Schmidt and the Schmidt Family Foundation underwrote the the ball, so every dollar raised benefits patient care at the hospital.

Mitt Romney Fundraiser
Home of Miami Dolphins owner Stephen Ross, Palm Beach

Boca Raton residents Karen Asher, Bobby Campbell, Maureen Egan (wife of the late Ambassador to Ireland Richard Egan) and Senada Adzem were among those attending the $2,500-per-person fundraiser Jan. 12.

Highland Beach Art Show Opening
Highland Beach Library

Exhibiting artists Hanne Neiderhausen (not pictured) and Art Siegel (right) drew a big crowd during an opening reception on Jan. 13 at the Highland Beach Library. Above: Caryl Roberts, Pat Maguire and Siegel were among the attendees.
Boca Raton

Wildflower may see a tamer incarnation — as a family eatery

By Steve Plunkett

The former Wildflower night club site on the Intracoastal Waterway will become home to a family-style restaurant if the city’s Marine Advisory Board has its way.

Chairman Gene Folden told City Council members at a January workshop: “We support a restaurant unique in design so as not to compete with other restaurants in the area, multifunctional, family-oriented, with open-air dining, accessible to the water and accessible by watercraft.”

The advisory board also wants Boca Raton to acquire the property just south of the Wildflower site, as well as the vacant lot at its southwest corner.

Folden challenged a list of objections to having a restaurant on the site, on the northwest side of the Palmetto Park bridge, particularly that people don’t want a restaurant there.

“All parks can live on the water or the Intracoastal,” Folden said. “Not everyone owns a boat to enjoy the water.”

Folden said Boca Raton is the only major city in Palm Beach County or Broward County without waterfront dining accessible by boat. He also said currents would not affect boats docking if the city were successful in buying the parcel just north of the site. Homes on the other side of the Intracoastal all have docks despite concerns about currents, he added.

Folden also said the city should explore buying vacant land along Palmetto Park Road and East Palm Avenue to provide additional parking for boat trailers and cars using the boat docks at Silver Palm Park just south of the Wildflower site.

Mayor Susan Wheelchel embraced Folden’s recommendations.

“People I talk to absolutely want a restaurant there for the reasons Mr. Folden presented,” she said.

Wheelchel said city staff was preparing a request for proposals to get a restaurant on the Wildflower site.

“I think everyone understands it would be fabulous if we were able to really create an outstanding ambiance and activity on the water,” she said.

Council member Anthony Majhess worried about saddling taxpayers with an extra expense.

“I would hate to get into the position where it’s a taxpayer-subsidized restaurant,” Majhess said.

Sea grape trimming coming in February

By Steve Plunkett

Travelers along State Road A1A will be able to glimpse the ocean at four “view corridors” after sea grapes bordering the highway are trimmed this month.

The city approved a low bid of $400,000 from Florida Native Nurseries Inc. of Plant City. The contractor will remove sea grape and other exotic vegetation within 20 feet of A1A.

Workers will then trim a 40-foot-deep strip of sea grape down to 4 feet above the road elevation and remove other exotics.

Three corridors, opposite Spanish River Park’s tunnels to the Atlantic, will be 400 feet wide. The fourth corridor, 200 feet wide, is north of Spanish River Boulevard.

Assistant City Manager Mike Woika said work will begin the first or second week of February. The contractor’s heavy equipment must be off the beach by March 1, the start of sea turtle nesting season.

Florida Native Nurseries will replace exotics it removes with native plants over seven or eight months, he said.

The state Department of Environmental Protection and Florida Fish and Wildlife Conservation Commission at first objected to Boca Raton’s plans, citing possible adverse effects to turtle nesting, but

relented after the city pushed for approval.

Mayor Susan Wheelchel and Deputy Mayor Susan Haynie groused that Delray Beach was allowed to trim all its coastal sea grapes.

“Now it’s gone to the next level because of results from Delray Beach’s projects,” city senior financial analyst Jennifer Bistyga told them at a City Council meeting last March.

Worker Susan Wheelchel emphasized Folden’s recommendations.

“Not everyone can live on the water or the Intracoastal,” Folden said. “Not everyone owns a boat to enjoy the water.”

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Note: Events are current as of 1/27. Please check with organizers for details.

**FEBRUARY 4**
Saturday - 2/4 - Pediatric Heart Foundation 5K Run/Walk at Mizner Park Amphitheater, 990 Plaza Rd., Boca Raton. Following the walk: Sarasota Celebration, Awards Ceremony, and children’s activities. Registration 6 am; 10K start 7 am, 5K start 8 am, 1 mile family walk: 9 am. 393-7827 or www.cureorphanrdis.com.


2/4 - Yoga Class at the Train Depot, 747 S. Dixie Hwy., Boca Raton. Ongoing classes held 1st & 3rd Sat. 9:30-11 am & 1st & 3rd Fri. 6 pm - 8 pm. $5/class. Residents, $8, non-residents, $10. 347-3912 or www.sciencenature.org.

2/4 - Judo Class - Saturdays at the Community Center, 150 Crawford Blvd., Boca Raton. Classes consist of warm-up exercises, instruction, practice and tournament training. For ages 10 and up. Fee: $50/month. 393-2500 ext. 106 or www.sciencenature.org.


2/4 - Alligator Feedings at Gerville Nature Center, 11200 Park Access Road, Boca Raton. Gather around the alligator tank in the exhibit hall and listen to a short talk about the baby alligators while he’s being fed. Held every W & Sat. 3:15 pm. Free. 629-6700 or www.daggerwing.org.

2/4 - Building Hope Gala is presented by Food for the Poor at The Polo Club, 4400 Champion Blvd., Boca Raton. A special evening celebrating 30 years with silent auctions, reception, dinner, dancing, entertainment and a live auction. Don $50+ Black tie optional. 521-4800 or 484-4248 or www.doorforpower.org.

**Municipal Meetings**
2/7 - Boca Raton City Council, 2101 W. Palmetto Park Rd. 7:30 am. Agenda available at www.ci.boca-raton.fl.us.

**Snow White**

2/5 - Concert: Boca Raton Symphony at the Roberts Theater at Saint Andrew’s School, 3900 Jog Road, Boca Raton. Featuring guest conductor Ramon Tebar and violin soloist Areta Zhulla. Program includes works by Haydn, Barber and Beethoven. 8 pm. Tickets: 510-376-3840 or www.bocasymphonia.org.

2/5 - Yoga Workout at the Beach - Held every Saturday and Sunday at Red Reef Park West, 1217 S Ocean Blvd., Boca Raton. Registration can be done at the Boca Raton Community Center, 150 Crawford Blvd., or on-site before class begins. Parking passes can only be obtained through the Community Center. 10-11 am. 255 adults. Free. 393-7807 or www.bocasymphonia.org.

2/5 - Science Demonstrations at the Children’s Science Explorium - Boca Raton, Boca Raton. For children of all ages accompanied by an adult. Held every Saturday and Sunday through 2/12. Features fun, art galleries, jeweler and a variety of boutiques. 10-4 am. Free. 395-7827 or www.chabadbocabeaches.com.


2/5 - The Music and Times of Stephen Foster and Harold Arlen - Presented as part of the Live at Lynn Jazz Series at the Boca Raton Symphonia, 7900 Nova Road, Boca Raton. 4 pm. 125-540-207-9000 or www.lynnmuseum.org.

2/5 - Concert: Boca Raton Symphony at the Roberts Theater at Saint Andrew’s School, 3900 Jog Road, Boca Raton. Featuring guest conductor Ramon Tebar and violin soloist Areta Zhulla. Program includes works by Haydn, Barber and Beethoven. 8 pm. Tickets: 510-376-3840 or www.bocasymphonia.org.

2/6 - Yoga Sunset at the Beach - Held every Sunday at Spanish River Park, 3001 N. Ocean Blvd., Boca Raton. 7 pm. Free. 279-7790.


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2/7-8 - Mammock Trails - Go on a guided walk in the Hoernle International Center at the Gumbo Limbo nature center, 1801 N. Ocean Blvd, Boca Raton. Required by an adult. Held every 1 to 2 times a month. Reservations and pre-payment required. 393-7940 or www.bocaratonlibrary.org.

2/7-9 - After School Science Series: Sweet Sounds at the Children's Science Explorium: Thursday, 2 pm - Friday, 5 pm, Boca Raton. Explore this fun topic and create your own sounds. Participants must be accompanied by an adult. Just in time for that special Valentine's Tree! Ages 5-6 (with parent). Wednesday 7-8 pm. Ages 7-8. Thursday 7-8 pm. Ages 9-10. Friday 7-8 pm. Ages 10-11. Free. 312-4792 or www.scoutingboca.org.

2/8 - Great Currents Discussion Group: Led by David Yusor at the Highland Beach Library, 301 S. Ocean Blvd. Held every Wednesday, 10 am. Fee: 278-5455 or www.ci.boca-raton.fl.us.


2/8 - Men's Sports Night Out: Let's Talk! Hosted by the Jewish Federation of South Palm Beach County at Florida Atlantic University Stadium Premier Suites, 777 Glades Road, Boca Raton. 6 pm. 582-8052.

2/9 - Movie Time - At the Highland Beach Library, 301 S. Ocean Blvd. Come and enjoy a new movie every week. Held every Friday. 1 pm. Fee: 278-5455 or www.hilandbeachlibrary.org.

2/9 - Eyes to the Skies - At the Highland Beach Library, 301 S. Ocean Blvd. Come and enjoy a new movie every week. Held every Friday. 1 pm. Fee: 278-5455 or www.hilandbeachlibrary.org.

2/9 - Mostly Music: Mendelssohn - At the Center for the Performing Arts, 7000 E. Palmetto Park Rd, Boca Raton. Presented by the Junior League of Boca Raton at the Hoernle International Center, Lynn University. 7 pm. Free. 772-773-7474 or www.lynn.edu/galleries.


2/11 - Family Fun Workshop: Origami 10:30 am. $4/child. Reservations required.

2/12 - Executive Forum Lecture Series: Madeleine Albright: Economy and Diplomacy at the Georgetown University Lecture Series at Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Albright is a professor in the Practice of Diplomacy at the Georgetown University. A book signing will follow. Tickets are $10 for Gumbo Limbo members and $15 for non-members. 297-0927.


2/12 - Florida Sea Horse Pops: Featuring Tenor Danelle Alston & Eric Van Hoven in La Bohème to the music of Puccini and Barber. Kitchen & Raye Performing Arts Auditorium at the University Center for FAU’s Boca Raton campus, 777 Glades Road, Boca Raton. 391-2974 or www.fau.edu/boca.

2/13 - Monday – 2/13 - Early Afternoon Explorers: Good Vibrations - Presented by the Boca Raton Library Foundation. 11 a.m. $5. 278-5455 or kids@bcl.org.

2/13 - Wednesday – 2/16 - Executive Forum Lecture Series: 10:30 am. $85. 852-5015 or executiveforum or 297-0927.

2/15 - The War Offensive: German Subs and crafts and gardening tools. 276-0189.

2/15 - Florida Wind Symphony: The Explorers: Good Vibrations - Presented as part of Porthole Cruise magazine. Presented by Boca Raton Community College of Arts and Letters at Florida Atlantic University, 777 Glades Road, Boca Raton. 777 Glades Road, Boca Raton. 777 Glades Road, Boca Raton. 393-7968 or www.fau.edu/galleries.

2/15 - The War Offshore: German U-boat attacks that took place right off our coast in 1942. 7:30 pm. 391-2960. Sponsored by the Boca Raton Historical Society members. Reservations required. 579-306-140 or www.bocaratonhistory.org.

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Green Markets

Boca Raton GreenMarket is held each Saturday, through 5/12, at 777 Glades Road, between Atlantic Avenue and S.E. 1st St. Outside venue offers fresh local produce, gourmet goods, food items, live plants, music and children’s activities. 9 a.m. - 2 p.m. 237-7157 or www.downtownboca.org.

Boca Raton GreenMarket is held each Wednesday at 11:00 a.m. in the first block of SE 4th Ave. between Atlantic Ave. and S.E. 1st St. Outside venue offers fresh local produce, gourmet goods, food items, live plants, music and children’s activities. 9 a.m. -2 p.m. 237-7157 or www.downtownboca.org.

Celebration of Jewish Music & Arts - at Chabad
2/27 - European Festival of Jewish Arts, 6:00-9:00 pm. Free. 362-1193.
3/1 - International Jewish Film Festival: The Bear's Embrace, 12:00-2:00 pm. Free. FAU's Boca Raton campus, Building 56, Carole and Barry Kaye Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. 362-1193.
3/1 - Inclusive Race - A Celebration of Jewish Music & Arts - at Chabad
3/2 - African American Film Festival Lecture Series: Obama & The Media, 6:30-8:30 pm. Free. FAU's Boca Raton campus, Building 56, Carole and Barry Kaye Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. 362-1193.
3/5 - Inclusive Race - A Celebration of Jewish Music & Arts - at Chabad
3/6 - A Special Presentation: A Close Look at World Jewry, 6:00-8:00 pm. Free. FAU's Boca Raton campus, Building 56, Carole and Barry Kaye Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. 362-1193.
3/10 - 12th Annual Boca Raton International Film Festival: Film Friday - 3/2 - Special: Dr. Seuss Birthday Celebration, 6:00-9:00 pm. Free. 200 West Evernia Street, Boca Raton. Features the interactive screening of The Cat in the Hat with commentary by guests. 362-1193.
3/17 - 27th Annual Boca Raton Film Festival: Film Friday - 3/17 - Mostly Music: The Spanish-French Connection presented as part of the Cinema as an Art Form Series, 7:30-10:00 pm. Free. 200 West Evernia Street, Boca Raton. A musical and critically-acclaimed musicians, including Kokorin Chamber Orchestra, the Library’s professional ensemble-in-residence. Sat. Feb. Making possible. Three generations of Four Brothers rock, 5:00-7:00 pm. 200 West Evernia Street, Boca Raton. Free. 237-7157 or www.downtownboca.org.
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3/22 - 27th Annual Boca Raton Film Festival: Film Friday - 3/22 - Belly Dance Class with Maja Norma, 12:30 pm. $36/residents, $45/non-residents. 7968 or www.bocalibrary.org.
3/29 - 27th Annual Boca Raton Film Festival: Film Friday - 3/29 - Beginners Line Dancing with Roberta Ruff at the Amarnick-Goldstein Concert Hall in the de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. 362-1193.
3/29 - 27th Annual Boca Raton Film Festival: Film Friday - 3/29 - Oscars Night America 2012 - Presented at Mizner Park Amphitheatre, 500 Plaza Real, Boca Raton. Watch the stars under the stars to benefit the Palm Beach International Film Festival. Attire: Oscar, the dress is as your favorite “star” - 7:11 pm. VIP tickets: $360 includes buffet, 2 drinks, VIP parking and red carpet entrance. 362-1193 or www.palmbeachfilmfest.org.
3/29 - 27th Annual Boca Raton Film Festival: Film Friday - 3/29 - Begin To Dance Line Dancing with Norma at the James A. Rutherford Community Center, Patch Reef Park, 2000 Yamato Road, Boca Raton. Boca Green offers the newest and most creative dance routines. This beginner class runs Tuesday through 4/10 (no classes 3/13 & 3/20) - 1:00 pm. 310 residents, 375 non-residents. 367-7805.
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House of the Month

Each month, The Coastal Star features a home for sale in our community. The House of the Month is presented as a service to our advertisers and provides readers with a peek inside one of our very special homes.

Date palm trees flank the entrance to this Mediterranean home on the Intracoastal Waterway at Royal Palm Yacht & Country Club.

This home in Boca Raton’s Royal Palm Yacht & Country Club combines Old World elegance with 108 feet of Intracoastal Waterway views.

The home, which has six bedrooms, seven full and two half-baths, is designed for entertaining, with an infinity-edge pool and spa.

And a dock, with water, power and sewer hook-ups makes boating convenient.

It also has a library with custom built-ins, seven-seat home theater room, formal dining room, gourmet kitchen with butler’s pantry and breakfast area, plus a separate family room, laundry room, summer kitchen and a large, second-floor balcony.

There is plenty of parking, too, with an elaborate, paved driveway and three-car garage.

Other features include impact glass windows, 100-gallon quick recovery water heater with re-circulating pumps, five-zone high-efficiency air conditioning and heating system, full house generator, and state-of-the-art electronic security system.

This home and others in the Royal Palm Yacht & Country Club will be featured in the Royal Palm Properties Showcase of Homes open house tour on March 4.

$5,495,000.
Call David W. Roberts, Realtor.
Royal Palm Properties. 561-368-6200 office.
David@royalpalm.com

The library has custom-designed carved paneling and built-in bookcases that frame the view of the Intracoastal Waterway.

Crown moldings and coffered ceilings set the stage for the master bedroom, which has a bay offering seating with an Intracoastal view.

Guests can enter the public areas of the house through this elegant colonnade, which is paved in marble and crowned with a medallion.

Royal Palm home offers waterfront elegance
BLOOMFIELD’s luxury homes always provide the perfect blend of comfort and utility. We build estate homes that are chic, environmentally friendly and designed to “weather” the unique South Florida climate.

▶ Superior Craftsmanship with Cutting Edge Technology
▶ Innovative Design, Highest Quality Construction, Unparalleled Customer Service
▶ Partnerships with Notable Architects, Subcontractors and Interior Designers

Award Winner
2008 Gold Coast Builders Association

Award Winner
Florida Public Utilities 2008 Gold Energy for Life